

Care@Home – Digital Care Hub, Immedicare and Super-rota supporting Care Homes with Covid-19 Outbreaks

Care home staff concerned about a person who may have COVID-19 symptoms are being asked to contact Telemedicine through the laptop for fast access to urgent advice from a senior clinician.

Before calling, record observations where possible: Date of first symptoms, blood pressure, [pulse respiratory rate](#) and temperature (refer to thermometer instruction). Please have access to any care plan, future wishes documents for your person.

The **Super-rota** will support each care home with COVID positive patients. They will review the observations taken by care home staff each morning and ask for information on;

- how your resident is eating & drinking,
- if there is any new confusion,
- how their bowels and bladder are working and
- if there is any change in their mobility.

They will use this information to ensure there is a plan in place to try and prevent deterioration.

COVID makes people sleepy so they stop eating and drinking and so decline.

We would ask that if patients are unwell and you are concerned to use the Immedicare Telemed laptop and service.

It is important to have your Immedicare laptop switched on all the time. Always use it first - 24 hours a day.

Top Tip: Supporting patients with fluids and recognising any deterioration are the most important ways to support your residents.

Care Homes should leave their Immedicare laptops turned on, plugged in and ready to accept video calls, just as they do with a telephone as this will enable easy access virtually from all health and social care professionals with access to the telemedicine portal.

See pdf attached: 'OBSERVATION' for more details.

Covid-19: Recovery tips for people with dementia

NHS Yorkshire and the Humber Clinical Networks have produced a publication of top tips for Covid-19 recovery in Dementia.

The top tips include:

- For the individual
- For the team
- Involving the family
- Discharge planning

See WinZip items: Covid recovery tips for Dementia(attached) for how to access a range of resources for more information and support

6 PROVEN* STRATEGIES TO PREVENT DELIRIUM IN OLDER ADULTS

