



To submit any material for the bulletin, the deadline is 5pm the day before the next edition is due. Please ensure any information you consult is from a reliable source, including the NHS, or Public Health England.

Thursday 27th June 2024

KEY DATES FOR YOUR DIARY

Upcoming events can also be viewed in the **EVENTS CALENDAR** in the Provider Zone!

- Safeguarding Week – Monday 24th June until Friday 28th June

DIGITAL SURVEY - ALL PROVIDERS TO COMPLETE

The BCA are conducting a care assessment on behalf of the ICS & Local Authority to establish the current baseline of digital maturity within ALL Adult Social Care Providers across Bradford District and Craven.

BCA are also interested in learning how best to provide support in the future through initiatives and funding opportunities.

Please spare 5 minutes to fill out the digital survey.

Please note all providers in Bradford and Craven are required to complete the survey

Please complete this survey for each CQC location!

[Please click here to complete the Survey!](#)

MARKET SUSTAINABILITY AND IMPROVEMENT FUND – PROVIDER UPDATE

Bradford Council recently submitted reports to Department of Health and Social Care on our use of the Market Sustainability and Improvement Fund (MSIF)

In 2023/24 the Council received £5,379,299 MSIF funding. This included c.£1.5 million of previously announced fair cost of care funding. There were 3 target areas the MSIF could be focused on and in Bradford it was decided to focus on increasing fee rates to support market sustainability. This funding was targeted at an above inflation uplift for Home Support and Residential and Nursing care home services, with a small amount being kept to cover the Council's cost of administering the funding (around £16,000).

In July 2023, the Government announced some additional funding called the MSIF – Workforce Fund. The Council received an additional £3,493,673. £240,000 of this funding was used to give supported living and extra care services an additional in year uplift as these services hadn't benefited to the same degree from the main MSIF funding. The remaining funding was used to reduce waiting times through reablement, home support, prevention and assessment and support services.

In 2024/25, the Council have received £10,050,291 from the MSIF. Again this funding has been targeted at increasing fee rates to support market sustainability, including maintaining the uplifts funded via the £1.5 million fair cost of care funding in 2022/23 and the higher uplift given in 2023/24 which has taken up a significant proportion of the funding. As part of the reporting requirements a market capacity plan has also been sent to the Department of Health and Social Care. In this plan we have highlighted that although we have some known gaps, in general we expect to have capacity to meet demand in our care home and community-based services this year.

HAVE YOUR SAY: BRADFORD CARERS STRATEGY

Bradford Council and Bradford District and Craven Health and Care Partnership are now reviewing the Bradford District and Craven Carers Strategy and are asking [unpaid adult carers to complete this survey](#) before Sunday 30 June 2024. We know from the census that there are over 45,000 people in Bradford District, looking after someone who needs help, without being paid. We want to understand about people's experiences, whether you feel supported and what can be done to help. Young carers aged 11-18, have already been given the opportunity to share their views so that the revised strategy considers the diverse views of carers of all ages.








How to give Bisphosphonates

E.g. Alendronic acid 70mg tablets & Risedronate 35mg tablets (once weekly).
Alendronic acid 10mg & Risedronate 5mg (once daily)
Ibandronic acid 150mg (once monthly)

What are Bisphosphonates?

They are a group of medicines that bind to bone to strengthen and help prevent fractures.

How should they be taken?

	They are usually taken immediately on getting out of bed in a morning.
	On an empty stomach – patient must not have had any tea, coffee, juice, breakfast or other swallowed medication. <i>*if the person has had any of the above, then the dose should be deferred until the following morning.</i>
	Must be stood or sat upright. Being propped up on pillows is insufficient; must be sat up as if in an upright chair.
	The tablet must be swallowed whole with a full glass (around 200ml) of plain drinking water.
	Tablets should not be sucked, chewed or broken.
	Sit or stand upright for 30 minutes after taking the tablet (60 mins for Ibandronic acid – Brand name Boniva)
	No food, drink (other than water) or other swallowed medication for at least 30 minutes after taking the tablet (60 mins for Ibandronic acid – Brand name Boniva).

Why is this important?

If bisphosphonates are not taken according to the administration instructions (contained within the patient information leaflet) there is a high risk of side effects occurring and/or the medication not working.

Calcium and vitamin D tablets (such as Adcal D3, Calcichew D3) are often prescribed alongside bisphosphonates to help them work more effectively. They can affect the absorption of bisphosphonates and as such they should be taken at least 4 hours after the bisphosphonate is taken e.g. lunchtime. Always follow the instructions on the label, if you have any concerns or the person cannot follow the administration instructions, **contact the GP before administration.**



STEW

Support | Train | Eat | Well

STEW – Support and Train to Eat Well is a dietitian led NHS service, provided by the **BDC Nutrition Support Team**. It offers support to care homes within Bradford District and Craven to help support residents at risk of malnutrition.

What does STEW Training include ?



STEW Catering Course

Including food and drink fortification and texture modification, menu planning and more. Free catering resources



Dietetic Assessment

for individual residents at high risk of malnutrition



STEW Nutrition Workshops

Including malnutrition screening, care planning, malnutrition monitoring, food and drink fortification, texture modification and more



Ongoing programme of training

and support for care home managers and new staff, inc annual refresher training and competency support

New STEW recipe book coming soon... please can previously trained homes get in touch for their copy!

If you would like to register your interest

and receive further information please email:

ahsft.bdcnst@nhs.net