

To submit any material for the bulletin, the deadline is 5pm the day before the next edition is due. Please ensure any information you consult is from a reliable source, including the NHS, or Public Health England.

Thursday 18th July 2024



KEY DATES FOR YOUR DIARY

Upcoming events can also be viewed in the **EVENTS CALENDAR** in the Provider Zone!

If you are aware of any upcoming events and would like to advertise on the Event Calendar, please visit [HERE](#) and post an entry.

PALLIATIVE CARE AND END OF LIFE TRAINING SCHEDULE 2024

To read the Palliative Care and End of Life training schedule for 2024, please click [HERE](#).
The training is FREE for Care Homes & Domiciliary Care Teams

PROVIDER CONTACT DETAILS

In the last few months, the People Commissioning Service have contacted all providers to get up to date contact details. We have now collected the majority of these details from providers. During the year we will routinely contact you to ask if any details have changed. However, if anyone leaves or joins your organisation, or there is a change in contact details you can also submit the new details at any time by using the online form which is available on the Provider Zone – Provider Communications - Update / Change Provider Contact Details. Please ensure all fields are completed when you submit a new form.

The link to the form is also here - [Update / Change Provider Contact Details](#)

HAVE YOUR SAY ON HOW £20M SHOULD BE SPENT IN KEIGHLEY

People are invited to have their say on how up to £20m should be spent in Keighley, as part of a consultation which runs until 21 July. Keighley was one of 75 places around the UK selected to share £1.1 billion over the next ten years, as part of the Long-Term Plan for Towns scheme, from the Government's Levelling Up programme. The award is in addition to the £33.6m previously granted in 2021 through the Towns Fund. The Keighley Town Board has been set up to oversee both streams of funding and will develop a long-term plan for the Keighley and surrounding 'Brontë Country' area. [Find out more and share your views](#)

WEEK 1: FIND OUT MORE ABOUT LIVING WELL

Living Well is an initiative led by Bradford Council's Public Health team and the NHS Bradford and Craven Health and Care Partnership, working collaboratively with a wide range of stakeholders and community groups. We want to make the healthy choice the easy choice for people in Bradford District. Living Well brings together partners in our communities to help to understand the challenges people face when trying to make healthier choices. The Living Well approach is to enable everyone to work together to make it easier for people living in our district to overcome these challenges.

Living Well provides information, advice and support to encourage and empower people in Bradford district to eat well, move more and maintain good mental wellbeing.

[Visit our website](#)

Our website is a great place to find ideas, inspiration and services available in Bradford district.

[Sign up to our newsletter](#)

Our monthly newsletter offers information on a range of events, services, groups and opportunities for communities across the whole district.

We have three social media accounts where you can stay up to date with all the latest news from Living Well

[Facebook](#) [Twitter \(X\)](#) [Instagram](#)



SPRINGFEST

Join us for our
annual music
Festival

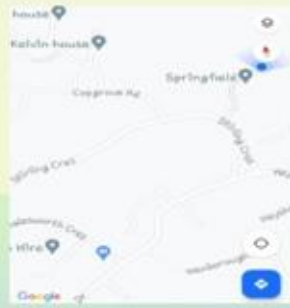
Sat 12th Aug

1pm – 5pm

At Springfield Gardens

Admission £1.50 Under 15's Free

- Live Music
- DJ Mikee Gemini
- Refreshments
- BBQ & Pizza
- Raffle
- Tombola
- Stalls
- Plants
- Handicrafts & Woodwork
- Clothes
- Fun Activities
- For Children & Adults



Springfield Gardens
 Stirling Crescent
 BD4 0DA
 Tel : 01274 688359



STEW

Support | Train | Eat | Well

STEW – Support and Train to Eat Well is a dietitian led NHS service, provided by the **BDC Nutrition Support Team**. It offers support to care homes within Bradford District and Craven to help support residents at risk of malnutrition.



NEW UK guidelines for care homes for older adults!

BDA The Association of UK Dietitians

Care Home Digest

Menu planning and food service guidelines for older adults living in care homes

1st Edition

Last month we travelled to Birmingham to attend the launch of the BDA Care Home Digest. The day was full of inspiring presentations from both dietitians and chefs.

These are the **first** national food service standards to support care homes for older adults, to meet their nutritional needs.

The guidelines reinforce that care caterers are in a unique position where they can **protect the health of their residents** with the **food** they serve.



You can access the new guidelines here: [Care Home Digest - British Dietetic Association \(BDA\)](#)

Our **STEW** training can help care homes to review their provision and help to fulfil CQC standards and meet the BDA Care Home Digest Guidance

If you would like to register your interest and receive further information please email: anhsft.bdcnst@nhs.net

INCLUSIVE LANGUAGE – YOUR REFERENCE GUIDE

The Bradford District and Craven place-based Inclusive Language Guide has been updated. The guide has been co-designed with partners, representatives and allies from across Bradford District and Craven who specialise in race, gender, LGBTQ+ and disability. You can view the guide here www.bit.ly/InclusiveLanguageBDC

This guide is primarily for communications and involvement professionals but can be used by wider workforce colleagues. It may be helpful to use this guide when onboarding new staff, or as a reference point when communicating with our diverse audiences and communities, with focus on inclusion and belonging. Please share this guide with any colleagues who you think would benefit from reading it.

SUSTAINABLE DEVELOPMENT ACADEMY: COME ALONG TO OUR INSIGHT SESSION

The sustainable development academy is a new green skills initiative built specifically for those working in health and care. It is delivered by LDN Apprenticeships, an Ofsted outstanding rated provider, and has been built in partnership with the Centre for Sustainable Healthcare. The development of the Academy has been supported by a steering group of 30+ advisers from across a range of NHS organisations, including Greener NHS.

The Academy is open to anybody who works in healthcare. We are expecting learners from primary care, secondary care, independent providers and also some public health officers from local government. The Academy will bring together colleagues from across the country to learn as part of a vibrant and passionate community of sustainability champions – and through the NHS West Yorkshire ICB, we will be among the first regions to benefit from it.

On Friday 19 July at 9am, we will be holding an insight session on MS Teams for anybody who would like to be part of the Academy. [Register your interest](#) if you'd like to attend.

If you cannot make it on 19 July, please visit the [Sustainable Healthcare Academy website](#) to book on to an open insight session, or to arrange a one-to-one meeting.

TIPS FOR HOLIDAYS WITH PEOPLE WITH DEMENTIA

Planning a trip away for a person living with dementia can have a positive impact on their wellbeing by creating new shared experiences, engaging in mindful activities and stimulation through new experiences. However, important things to consider when planning a holiday with or for a person with dementia are how to make it relaxing and enjoyable for everyone.

The Alzheimer's Society offer a range of guidance and tips when arranging a holiday, such as;

- Accessible types of holidays,
- Preparing and packing for a holiday,
- Transport and travelling tips and lots more.

[Find out more in this online guide](#)

MONEY FOR TRAINING – INDIVIDUAL EMPLOYER FUNDING IS OPEN

People who receive adult social care direct payments, NHS personal budgets, and those who use their own money to employ personal assistants can apply for funding to pay for:

- their personal assistant's training and development needs
- the development of their knowledge and skills as an employer of personal assistants
- hiring replacement support while the usual personal assistant is attending training courses and travel.

The deadline for all applications is 14 March 2025 and all funded training must be started before 21 March 2025. We're also running a Q&A session on Thursday 11 July 2024 from 12:30 – 14:00.

[Find out more](#) on this link

BCA ANNUAL CONFERENCE 2024!

Celebrating — 10 YEARS — OF BCA!



Tuesday 12th November 2024



10am - 4pm (including lunch)



Mercure Bradford Bankfield Hotel

**BOOK
NOW**



Agenda & Speakers TBC

**Click here to
book your
FREE place
now**

CARE HOME PROVIDERS CLEAR LEVEL 1 AWARENESS TRAINING

DEVELOP A GREATER UNDERSTANDING OF
BEHAVIOUR IN DEMENTIA FROM THE PERSPECTIVE
OF EACH INDIVIDUAL PERSON.

OVERVIEW

The aim is to develop a greater understanding of behaviour in dementia from the perspective of each individual person.

The session covers:

- an increased awareness of different types of dementia
- an increased awareness of ways to improve communication
- an increased awareness of ways to support people with dementia.

The training is suitable for carers and care staff who work with people with dementia.



AIMED AT

The programme is for **Care Home Providers** and is aimed at **Senior Care Staff & Dementia Champions, Nurses or Deputies & appropriate person/s** able to feedback what they have learned and can influence making changes to practice in their workplace.

Please note - due to limited spaces and high demand, spaces are limited to 2 places per Care Home.

DURATION

1 x 3-hour Session (with break during)

DELIVERY

MS Teams

COURSE PRICE

The training is completely **FREE!!**

Please note, if you fail to attend the session you have booked onto and/or do not cancel your place at least 48 before there may be a charge.

BOOKING

To book your place on the one of the training sessions you will need to **click on your preferred date below and sign up via Eventbrite.**

Please join on your own device, making sure your camera and mic are working, and join the Teams session 15 minutes early.

- [Wed, 17 Jul 2024, 09:30 - 12:30](#)
- [Tue, 10 Sept 2024, 13:00 - 16:00](#)
- [Wed, 18 Sept 2024, 09:30 - 12:30](#)
- [Wed, 16 Oct 2024, 09:30 - 12:30](#)
- [Tue, 19 Nov 2024, 13:00 - 16:00](#)
- [Wed, 15 Jan 2025, 09:30 - 12:30](#)

Once registered, you will be emailed the Teams Calendar Invite.