

TENA®



TENA®
Academy

TENA ACADEMY

1. Understanding Urinary Incontinence

This module covers the basics of understanding urinary incontinence, looking at the urinary system, the different types of incontinence and possible treatments, along with covering the important area of incontinence in the frail and elderly.

2. Skincare and Personal Hygiene

This module covers everything required to understand the skin and the important role it plays in health, particularly for those with incontinence. The course covers skin function and structure, fragile and elderly skin, with a focus on how care for the elderly.

3. Individual Continence Care

This module covers looking after an individual's care needs — each incontinent individual requires different care and it's important to understand and recognise how best to treat each patient. In this course we look at how to establish individual care needs and how to help achieve care goals.

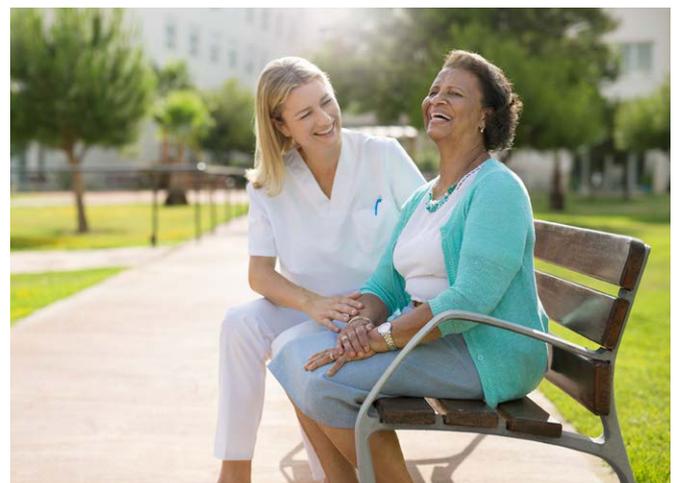
4. Managing Urinary Tract Infections (UTIs)

This module covers how to manage Urinary Tract Infections (UTIs) — in an incontinent individual. UTIs can occur when harmful microbes, such as certain bacteria make their way into the lower or upper urinary tract.

This course will help you to understand the condition — its causes and symptoms — so that healthcare professionals can quickly recognise and manage it for patients.

5. Night Care and Incontinence

This module discusses how taking good care of patients throughout the night is an important part of incontinent care. Successful care requires individualised care plans and this course aims to cover all aspects of appropriate night care management for the incontinent.



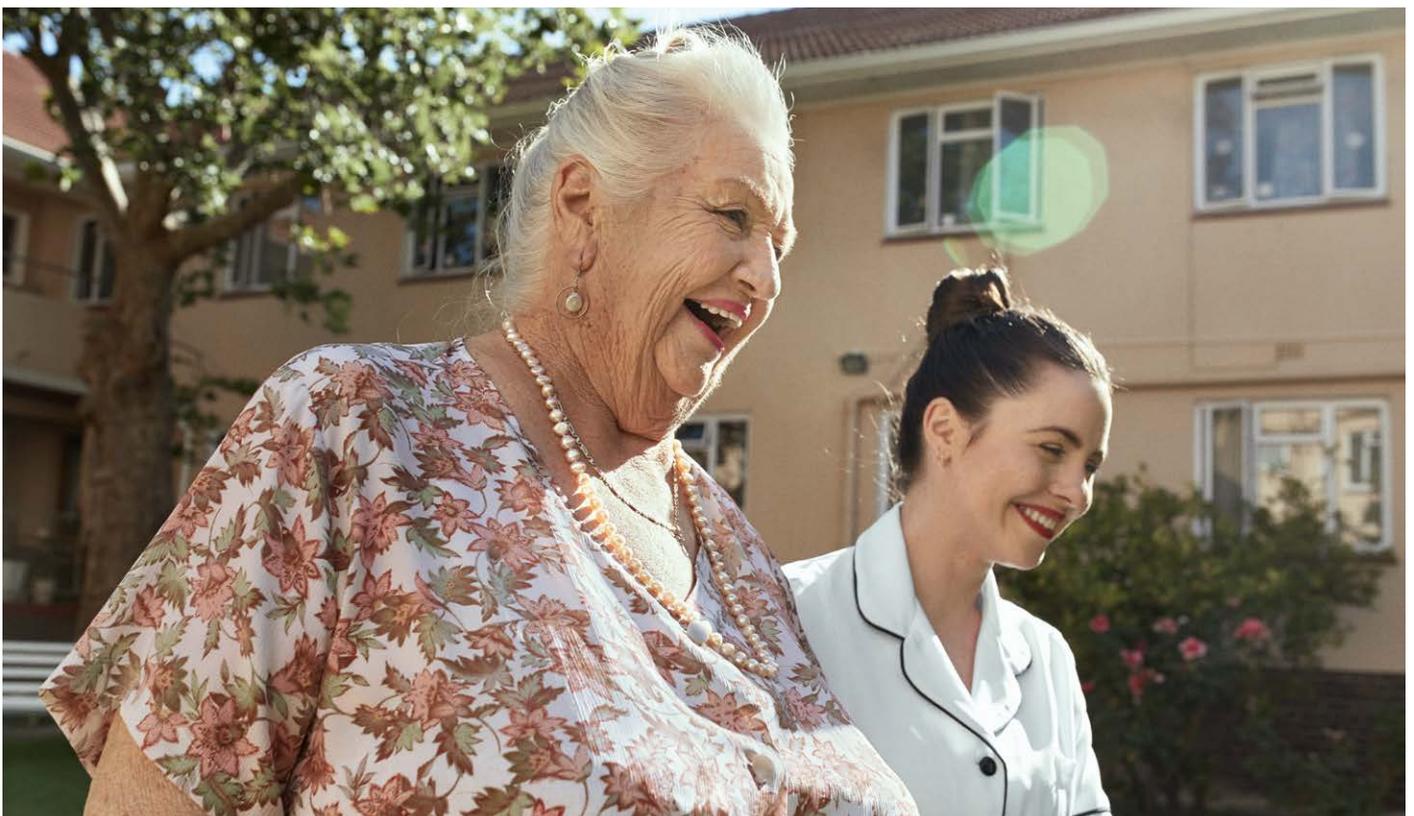


6. Bowel Management

Bowel management is a crucial part of providing the right guidance and care to patients. Faecal incontinence can be a devastating condition with considerable social and psychological effects. This module aims to cover how care staff can manage this condition, better plan their time, avoid handling leakages and reduce skin breakdown in patients.

7. Dementia and Incontinence

This module discusses best practice, when caring for residents with dementia and incontinence, in order to help them be happy, active, continent and independent as long as possible.





TENA Academy's continence related education is modular based and available online making it easy to access and complete in bite size chunks. The elearning modules range from introductory to advanced so there's something for everyone. To access TENA Academy you must enrol on TENA Net at: www.tenanet.co.uk

For further information or support please contact your local Essity Account Manager or email us at: hcmarketing@essity.com