

MEET NEW PEOPLE

Bradford District Buddies is a new scheme where you can be paired with a like-minded buddy with similar interests and hobbies.

This is about doing what you would like to do, with someone who likes the same things.

Your buddy will be an Age UK Bradford District volunteer who will go with you to events and activities, that you both like.



FIND OUT MORE
01274 391190 or email
info@ageukbd.org.uk

What is Bradford Buddies?

Bradford Buddies is part of a wider Bradford District Council funded scheme that aims to support people of different ages and with different needs across the district – so if we can't help you there may be others that can!

Age UK Bradford District Buddies is for anyone over 50, living anywhere in the Bradford District Council area.

We want to support you to live your best life and

- Feel less alone
- Be more connected
- Become more independent
- Feel happier and healthier

We hope by doing this we can together create age friendly communities that you can engage with and influence.



For more information contact us:

Phone: 01274 391190

Email: info@ageukbd.org.uk

Or pop into your local Community Hub in Allerton, Idle, Keighley, Queensbury, Shipley and Wrose