**RITA in Care Homes Project:**

**Expression of Interest Form**

**Project Aim:**

Evaluate the impact of RITA deployment within a small number of Bradford care homes in supporting enhanced care and support for older people living with dementia and/or other mental health conditions using digital enabled interactive therapies. The aim is to understand the role of RITA in supporting more continuity of person-centred therapeutic care and support for people living with dementia, especially among those who require admission and care within more than one health and/or social care setting during their dementia journey, for example those who require admission to the BDFCT Dementia Assessment Unit (DAU) and/or a Local Authority assessment bed and/or go on to receive care in one of Bradford’s longer term care facility.

**RITA Overview**

RITA stands for Reminiscence Interactive Therapy Activities and is an all-in-one touch Screen solution which offers digital reminiscence therapy which is a relatively new tool in the fields of nursing and healthcare; it encompasses the use of user-friendly interactive touch screen monitors and tablets to blend entertainment with therapy and to assist patients (particularly with memory impairments) in recalling and sharing events from their past through listening to music, watching news reports of significant historical events, listening to war-time speeches, playing games and karaoke, watching old TV shows, watching full length feature films and sporting events, producing digital life stories, viewing old maps and photographs, making video calls and watching films.

Refer to the *‘RITA in Care Homes: Supporting Information’* document for more detailed information on what RITA is and the potential benefits of RITA for residents of care homes, their families and care home staff.

**Project Description**

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| Summary | Funding is available through Public Health Bradford to support a Local Authority assessment bed facility and one care home provider to receive a RITA care bundle which consists of a large 24” screen on a portable trolley and up to two 10” portable tablets. Additional care home providers can be supported to participate in the project but this would require the care home to fund the RITA bundle independently. RITA bundle costs are estimated at £5,200 per bundle (NOTE: the is amount is dependent on the number of homes taking part).We are seeking expressions of interest from care home providers funded either by Bradford District Council Local Authority or privately funded care homes who have a primary role in providing care for older people living with mental health conditions and dementia (i.e. those who would have traditionally been referred to as EMI care facilities). We are inviting these care homes to volunteer to work with us to implement and evaluate the impact of RITA in their care home setting.The outcome of the project may inform bids for further funding to support more widespread deployment of RITA across Bradford, District and Craven.During the project, Bradford District Care NHS Foundation Trust (BDCFT) Older People’s Service will work with participating care homes to support implementation and evaluation of RITA. The Dementia Assessment Unit and Bracken Ward at BDCFT already have RITA bundles in situ which means project evaluation will consider the advantages of RITA in supporting continuity of care for individuals especially during transitions of care between health and social care settings.**Requirements for RITA project participation:**Care homes who express an interest must:* Provide care for older people with mental health conditions and/or dementia
* Be willing to commit resource to the deployment of RITA in their care home
* Identify a Lead individual to support the RITA project within the care home
* Work with BDCFT and partners to implement RITA as part of routine care and evaluate the impact of RITA in the care home. This will involve a requirement to collect and share both quantitative and qualitative data
* Submit quarterly progress reports
* Ensure RITA bundles are well maintained and kept secure at the care home. Any damage to RITA bundles may incur a cost.
* In the event the care home is unable to continue to participate in and meet the requirements of the project, return RITA bundles to the BDCFT Project Team promptly on request
* Be willing to share their experiences of using RITA and their involvement in the project a local and region events, including care sector forums and Act As One events
* Be able to start participating in the project within Quarter 3 2021-2022.

**Selection process:**Care homes selected to take part in the project by the Project Team which includes representation from Public Health Bradford, the CCG, the Local Authority and BDCFT. Selection is necessary to ensure those invited to take part are:* A provider of care to older people with mental health conditions and/or dementia in the Bradford District
* Including at least one short- stay Local Authority assessment bed facility and at least one long stay care home provider
* Able to satisfy the criteria for participation above.
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| Expression of Interest Information  | **Care home name:****State whether Local Authority or Privately funded care home:****Named contact for RITA in care home project (to support further discussion following expression of interest):****Contact number:****Contact email:****Willing to consider participation through self-funding RITA bundles?** (please tick Yes or No):Yes: No:  |

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| Additional Information  | * Submit this form via email to: sarah.debiase@bdct.nhs.uk By **5pm 4Th October 2021**
* [Sarah De Biase, Allied Health Professional Lead, Older People’s Mental Health Service, Bradford District Care NHS Foundation Trust]

For more information about the RITA in Care Homes Bradford Project contact: sarah.debiase@bdct.nhs.uk For further information about RITA please go to [www.myimprovementnetwork.com](http://www.myimprovementnetwork.com)**Care homes to be invited to participate will be informed before the end of October 2021.** |
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**Act as One**

Contact details:

Airedale NHS Foundation Trust

Skipton Road, Keighley, West Yorkshire, BD20 6TD

[www.airedale-trust.nhs.uk](http://www.airedale-trust.nhs.uk)