

To submit any material for the bulletin, the deadline is 5pm the day before the next edition is due. Please ensure any information you consult is from a reliable source, including the NHS, or Public Health England.



#### Thursday 13 April 2023

#### **KEY DATES FOR YOUR DIARY**

Upcoming events can also be viewed in the **EVENTS CALENDAR** in the Provider Zone!

- Home Support Locality Tender, support webinar, next date: 18<sup>th</sup> April. Other dates available beyond this.
- Partnership awards deadline 19th April
- National UK emergency alert test 24<sup>th</sup> April
- Menopause awareness training. Next session: 24th April
- Equality Together open day 26<sup>th</sup> April
- Equality Together Coronation Celebration 6<sup>th</sup> May
- Closing date for the home support tender 9<sup>th</sup> May
- National LDA awards 30<sup>th</sup> June (Nomination closing date 12<sup>th</sup> May)

#### JUNIOR DOCTORS STRIKE

Junior doctors in England will go on strike from Tuesday, 11 April until Saturday, 15 April. NHS teams continue to work hard to minimise disruption from the industrial action, but it is expected that there will be a significant impact on local health services.

Regardless of any strike action, the NHS is advising on the importance of anyone who needs urgent medical care to continue to come forward in the normal way – calling 999 or going to your nearest Accident and Emergency (A&E) department, especially in emergency and lifethreatening cases – when someone is seriously ill or injured, or their life is at risk. People should continue to also attend planned appointments unless they are contacted.

Health advice and information is available from NHS 111, which is free and can be accessed by phone or online. It can tell you where and how to get help for your symptoms and arrange a telephone call with a healthcare professional if appropriate. You can also use the <a href="NHS">NHS</a> website to find an open pharmacy near you.

Emotional support is also available over this period through Guide-Line between 8am and 12am on 08001 884 884 or the <u>Healthy Minds website</u> to get help. For 24/7 urgent mental health crisis support, people should contact First Response on 08009521181.



The "**Polish Day Centre Bradford**" is now a Charity and has a new Name and Email address.

The Charity's name is "Golden Age Social Day Care, Bradford"

New email: GoldenAgeDayCentre@Gmail.com

Thank you.

#### CONFIDENT LEADERSHIP IN THE NHS ONLINE TRAINING

Thursday 27th April 2023 09:00 - 13:30

Developing confident leaders who can inspire others, manage staff effectively and improve services will help to **set a clear direction for the NHS**. Participate in this course and learn how to successfully lead your team with confidence.

Learn how to perform confidently in the face of ambiguity. Join this course to cultivate a strong leadership style that works for your team. Inspire confidence and maximise your impact within the NHS and among your team. Gain insight into imposter syndrome, how it can affect team performance and what you can do to overcome it. Build knowledge and implement confident actions that will support you in your role and increase your presence.

This virtual course is aimed at **emerging leaders** and **line managers** in the **NHS** and **social care** looking to develop personal skills and lead with confidence. To book your place, please click <u>HERE</u>.

#### YOUR CARE ENGLAND ENERGY TENDER RESULTS

The Care England Energy Tender has been completed and evaluated by Focus Energy Services, and we wanted to share with you the outstanding results and next steps for your organisation to benefit from much lower energy costs.

#### What was the Care England energy tender outcome?

The exercise has delivered **savings of up to 36%**, compared with existing broker lowest quotes, and **up to 27% lower** than the same energy supplier has offered care providers directly based on renewals so far.

In addition to the exceptional rates available via the Care England Energy Tender using the combined consumption of tender participants, some participants are granted exclusive access to free advanced meters that would not normally be offered to those with lower consumption, which:

Create further efficiencies
Keep energy costs down
Deliver accurate invoicing
Help providers monitor consumption
Reduce energy costs by managing usage
Remove the need for meter readings

Providers with a mix of domestic and commercial meters can also now benefit from the tender as well as accessing energy suppliers who do not appear on all broker platforms.

#### How do I benefit from the Care England Energy Tender?

Your usage has been included in the energy tender and you will achieve the tender rates when you renew your energy between now and 2026. Focus Energy Services are now able to match you with the most appropriate energy supplier to secure the lowest possible energy deal based on a variety of parameters resulting from the tender.

Please continue on to the next page

What should I do now to ensure I can benefit from the Care England energy tender?

We now suggest that you request your tender offer 6-8 weeks in advance of your renewal date by contacting Focus on 01904 202294 or david@focusenergyservices.co.uk. If Focus do not hear from you, they will contact you 4 weeks before renewal.

## My energy renewal is not due for several months, why can't I access my renewal now?

Focus have secured an arrangement for Care England tender participants regardless of their renewal date between now and 2026.

You can renew your energy contract up to 9 months in advance however, not all energy suppliers will provide energy that far in advance and you may not get the best deal available. If you do want to secure your energy in advance of your renewal, please contact Focus to discuss your options.

## How do I know how much to budget, if I am not getting my energy tender renewal now?

The tender rate will be provided closer to your renewal, as it needs to be revalidated 6-8 weeks prior to the renewal to provide the most accurate rate you can achieve, although price guidelines can be produced well in advance of renewal for budgeting purposes. If you require a price for budgeting purposes, please contact Focus on 01904 202294 or <a href="mailto:david@focusenergyservices.co.uk">david@focusenergyservices.co.uk</a>.

#### How long should I be contracting for?

This very much depends on your attitude to risk. Most recently, now that prices have been falling, care providers have been opting for 1-year agreements, although longer term agreements are available. We are aware that some care providers are receiving telephone calls from brokers and energy suppliers who are encouraging renewals over 2, and 3-year periods.

Due to the small difference in costs between 1-, 2-, and 3-year contracts, compared with the larger difference in forward energy prices for 2024, 2025, and 2026, the pros and cons of renewing for more than 1 year (at the present time) must be carefully considered and understood, something Focus will happily go through with you to help you make that important decision.

Care England or Focus will stay in contact with you. You have participated in the Care England energy tender and can secure the tender rate for your energy when your energy needs to be renewed. If you have any concerns, questions or issues or just want advice or guidance, please contact Focus on the number above at any point.

# NATIONAL EMERGENCY ALERT TEST (23 APRIL): SUPPORTING PEOPLE WITH LD AND AUTISM

On Sunday 23 April there will be a national UK Emergency Alert test. This new Emergency Alert system is being rolled out by the government and will notify all phones with an alert sound - including when they are on silent. We are aware that such an alert, including the sound, could cause anxiety for a number of vulnerable people including those with a learning disability or those with autism. Please could you help by sharing this message to people with learning disability or those with autism as well as their families and carers. The latest announcement by the government confirms that the emergency sound will go off on nearly all smartphones at 3pm on Sunday 23 April.

#### THE CONNECT TO SUPPORT SOCIAL CARE DIRECTORY IS NOW LIVE!

To view the new Social Care Directory, where all 'traditional' or 'paid for' social care services will be advertise, please click the link here: Cts Social Care Directory.

The Commissioning and Contracts Team have uploaded a number of services using information we hold, but this will not provide a full detail of your service, please find your services on the directory and select "Suggest a Change" on the profile page, ensuring you put a valid email address at the top of the form, so we know you've edited your profile. The easiest way to search for your service will be by a postcode search

If you are unable to find your service, you will need to create a new entry/listing, to do so please complete the form here: <u>Social Care Directory Sign Up</u>. For assistance on what information to put where, please see our template <u>HERE</u>.

As a reminder, all the free and low cost groups and activities will continue to be advertised on the Cts Community Directory.

# CARERS PARKING IN RESIDENTS ONLY AREAS – APPLY FOR A PERMIT TO REGISTER YOUR STAFF'S VEHICLES

There are two different types of permit.

- For family members who are carers visiting a permit area then they would be able to apply for a 'Special Permit' which are free of charge and approved by Highways for the carer to visit a particular location or scheme.
- Care Providers can apply for a permit per vehicle for their care staff, under "Health Visitor" permits. Health visitor permits enable visiting carers to park in limited wait bays and residential parking areas for up to two hours

To apply for a parking permit, please click **HERE**.

To read the step by step guidance notes for Health Visitor Permits, please click <u>HERE</u>.

To read the step by step guidance notes for Special Parking Permits, please click <u>HERE</u>.

This information is available on Connect to Support.

#### **CELEBRATING INTERNATIONAL NURSES DAY**

We think it's vital to shine a spotlight on nurses and nursing associates working in social care to recognise the hugely important role that they play in the lives of people who draw on care and support. To do this, we'll be celebrating International Nurses Day on 12 May and we'll be posting on our social media channels from 8 May. Join in the conversation using #WeAreSocialCareNursing and #IND2023.

As part of our International Nurses Day celebrations, we're hosting a face-to-face event for the North East and Yorkshire region on Friday 12 May, 10:00-14:30, Hilton York.

The event is specifically for registered nurses and nursing associates working in a social model of care. This is a fantastic opportunity to connect with other nurses in your region, share good practice and contribute to professional discussion and debate, as well as taking the time to recognise the contribution you make. The event will be attended by Deborah Sturdy, the Chief Nurse for Adult Social Care, who is keen to hear your views.

#### Who should attend?

Registered nurses and nursing associates working in a social model of care setting.

This may include student nurses and nursing associates where they are hosted in a social care environment, in an apprenticeship for example.

Delegates should be working in Yorkshire, the Humber or the North East area. For events in other regions please refer to our <u>International Nurses Day page</u>.

As there are limited places available we ask that a maximum of **two representatives** from any organisation attend.

If you would like to register additional attendees, please contact events@skillsforcare.org.uk and we will place them on a waiting list.

Find out more and book your place





T: 01274 594173











#### HELP SHAPE OUR FIRST EVER PARTNERSHIP AWARDS

Our Bradford District and Craven Health and Care Partnership has some exciting news, this year we will be holding our first place-based awards. These awards will be open to entries from colleagues working across our health and care partnership - from our independent care sector, voluntary and community organisations, local authorities, and the NHS. The event will take place on the evening of Thursday 19 October, more details will follow in due course. We want this event to be shaped by YOU! We've pulled together a short survey, please share your views before our closing date of Wednesday 19 April.

#### INVITATION TO PARTICIPATE IN REARCH ON REGISTERED NURSES IN ASC

We are looking for anyone who is or has been a Registered Nurse and is or has been working in Adult Social Care (or working in a sector closely related to social care). In the study we are looking at why Registered Nurses join, stay or leave working in the social care sector with an aim to improve recruitment and retention of Nurses by understanding their individual experiences of working in this sector. The study was commissioned by the Department for Health and Social Care. A £20 shopping voucher is offered as thanks for taking part in an interview.

More information can also be found here:

https://www.kcl.ac.uk/research/registered-nurses-in-adult-social-care. If you'd like to take part, or would like to know more, please contact the lead researcher Nicole Steils at <a href="mailto:nicole.steils@kcl.ac.uk">nicole.steils@kcl.ac.uk</a>.

Bradford District and Craven Health and Care Partnership



# **Covid-19 Spring Booster**

Stakeholder toolkit

**April 2023** 

**Tool kit link** 



#### **ONLINE MENOPAUSE AWARENESS SESSIONS**

At West Yorkshire Health and Care Partnership, we are working together to support our workforce and raise awareness around menopause. We have a number of <a href="Menopause Awareness sessions">Menopause Awareness sessions</a> taking place over the next year, these sessions will focus on helping everyone understand what it is like for those being impacted by physical and emotional symptoms of the menopause so they can better understand how to support their employees/colleagues, family and friends. They will also focus on what menopause is, why and when it happens and ways of managing symptoms.

Participants will gain confidence in having supportive conversations around menopause and how to get the right support together including the important role a partner, team or family member can play.

Further information on the online menopause awareness sessions can be found on the next page.

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Session	Date	Time	Eventbrite link
Menopause Awareness at Work- training for all colleagues and line managers	22 <sup>nd</sup> March, 2023	10:00 – 11:00	https://www.eventbrite.co.uk/e/menopause- awareness-at-work-training-for-all-colleagues-and-line- managers-tickets-591358698787
Menopause Awareness at Work- training for all colleagues and line managers	24 <sup>th</sup> April, 2023	8:30 – 9:30	https://www.eventbrite.co.uk/e/menopause- awareness-at-work-training-for-all-colleagues-and-line- managers-tickets-591528988127
Menopause Awareness at Work- training for all colleagues and line managers	24 <sup>th</sup> May, 2023	12:00 – 13:00	https://www.eventbrite.co.uk/e/menopause- awareness-at-work-training-for-all-colleagues-and-line- managers-tickets-594556012037
Menopause Awareness at Work- training for all colleagues and line managers	14 <sup>th</sup> June, 2023	17:00 – 18:00	https://www.eventbrite.co.uk/e/menopause- awareness-at-work-training-for-all-colleagues-and-line- managers-tickets-594559793347
Menopause Awareness at Work- training for all colleagues and line managers	11 <sup>th</sup> July, 2023	15:00 – 16:00	https://www.eventbrite.co.uk/e/menopause- awareness-at-work-training-for-all-colleagues-and-line- managers-tickets-594564076157
Menopause Awareness at Work- training for all colleagues and line managers	17 <sup>th</sup> Aug, 2023	11:00 – 12:00	https://www.eventbrite.co.uk/e/menopause- awareness-at-work-training-for-all-colleagues-and-line- managers-tickets-594566934707
Menopause Awareness at Work- training for all colleagues and line managers	27 <sup>th</sup> Sep, 2023	14:00 – 15:00	https://www.eventbrite.co.uk/e/menopause- awareness-at-work-training-for-all-colleagues-and-line- managers-tickets-594571408087
Menopause Awareness at Work- training for all colleagues and line managers	24 <sup>th</sup> Oct, 2023	12:00 – 13:00	https://www.eventbrite.co.uk/e/menopause- awareness-at-work-training-for-all-colleagues-and-line- managers-tickets-594577767107
Menopause Awareness at Work- training for all colleagues and line managers	22 <sup>nd</sup> Nov, 2023	9:30 – 10:30	https://www.eventbrite.co.uk/e/menopause- awareness-at-work-training-for-all-colleagues-and-line- managers-tickets-594590184247
Menopause Awareness at Work- training for all colleagues and line managers	13 <sup>th</sup> Dec, 2023	14:00 – 15:00	https://www.eventbrite.co.uk/e/menopause- awareness-at-work-training-for-all-colleagues-and-line- managers-tickets-594593012707
Menopause Awareness at Work- training for all colleagues and line managers	18 <sup>th</sup> Jan, 2024	13:00 – 14:00	https://www.eventbrite.co.uk/e/menopause- awareness-at-work-training-for-all-colleagues-and-line- managers-tickets-594596031737
Menopause Awareness at Work- training for all colleagues and line managers	28 <sup>th</sup> Feb, 2023	9:00 – 10:00	https://www.eventbrite.co.uk/e/menopause- awareness-at-work-training-for-all-colleagues-and-line- managers-tickets-594596643567

# YORKSHIRE AND HUMBER INTERNATIONAL RECRUITMENT RESEARCH / SCOPING PROJECT.

In case you are not aware, the UK Government has this year (2023/24) made £15 million available to help support international recruitment within the Adult Social Care sector.

The aim of the funding is to support care providers make more effective use of international recruitment, helping to grow the Adult Social Care workforce and alleviate some of the pressures that the sector is currently experiencing in relation to the recruitment and retention of staff. It is recognised that many small and medium care providers experience a number of different barriers in relation to international recruitment and that presently the process can be difficult to navigate.

Yorkshire & Humber (YH) ADASS working in partnership with the Yorkshire & Humber Care Association Alliance (YH CAA) have been successful in securing some government funding to support the ethical International Recruitment (IR) of senior carer workers / care workers as well as Registered Nurses.

Initially the YH CAA has assigned the funding for the undertaking of a comprehensive scoping exercise with care providers who are currently undertaking IR, or considering IR, to learn:

what the challenges, barriers and concerns are, what has worked or is working well, what support is needed

Please consider this email as your formal invitation to take part in this scoping exercise as a care provider in the Yorkshire & Humber region. We value your views and opinions on this matter and kindly ask that you complete the attached survey by **Tuesday 2**May 2023.

#### Click here for survey - https://www.surveymonkey.co.uk/r/XC8HFFY

Your input into the scoping exercise will enable us to establish what expertise, support and resources are currently available in relation to IR for the health and social care sector, and to consider what could be made available in the future.

The survey should take no more than 10 minutes to complete.

If you have any questions please email: admin@bradfordcareassociation.org

#### **IPC CHANGES FROM 3 APRIL**

Please see the attached letter from Claire Armstrong to the sector as well as the following links:

- Press Release detailing changes (ignore the 1st April date, it is misleading that's the date PCRs stop being processed)
  - Guidance on COVID-19 Testing during periods of low prevalence (ignore the 1st April date, it is misleading - that's the date PCRs stop being processed)
    - ▶ IPC COVID-19 Supplement updated to reflect changes

From Monday, the testing regime is being significantly relaxed for adult social care. Testing will be provided to individuals and settings at the highest risk from COVID-19 but only LFD tests will be used in social care. Routine symptomatic testing of staff and residents in care settings will end and will only be advised for those eligible for COVID-19 treatments (in care homes and in extra care and supported living) and during suspected outbreaks in care homes. Testing is not available in other settings.

People with symptoms of a respiratory infection who are not eligible for COVID-19 treatments do not need to test but should stay away from others until they feel well again and do not have a temperature. This includes staff with symptoms.

People who test positive for COVID-19 should stay away from others for a minimum of 5 days and until they feel well and no longer have a temperature. Testing is no longer required for individuals to return to normal before 10 days following a positive test.

Rapid response testing will no longer be needed in care homes or extra care and supported living settings.

If there is a suspected or confirmed outbreak in a care home, there is no longer a need to test the whole home. Instead, only the first 5 linked symptomatic residents should take a LFD to assess if there is an outbreak of 2 or more residents displaying respiratory symptoms within 14 days.

Outbreak measures in care homes should not only focus on protecting those who are at highest-risk from COVID-19. Measures can be lifted 5 days after the last positive or suspected case. Recovery testing is no longer required.

There should not be any restrictions on visits out for individuals who are not symptomatic or who have not tested positive in any circumstance.

Hospital admissions to care homes should test with a LFD within 48 hours before discharge. PCRs should no longer be taken.

Community admissions do not need to test.

PCR tests may be used if advised and supplied by the NHS for an individual eligible for COVID-19 treatments who has tested positive, or if advised by an HPT during an outbreak.

Anyone falling out of the scope of the above, should following the guidance for the general public.



# HOME SUPPORT LOCALITY TENDER SUPPORT WEBINAR

- Wed, 12th April (11:30 12:30)
- Tues, 18th April (13:30 14:30)
- Tues, 25th April (following Provider Update/ 10:30 12)
- Tues, 2nd May (following Provider Update/ 10:30 12)

#### Zoom Info:

Meeting ID: 9937721608

Password: Bradford20



#### TO RECEIVE A CALENDAR INVITE EMAIL BCA



admin@bradfordcareassociation.org



#### TENDER LIVE - REIMAGINING HOME SUPPORT FOR THE BRADFORD DISTRICT

The tender opportunity for Home Support in the Bradford District is now live under a new YORtender project, with reference no 65088 and title 'Reimagining Home Support for the Bradford District'.

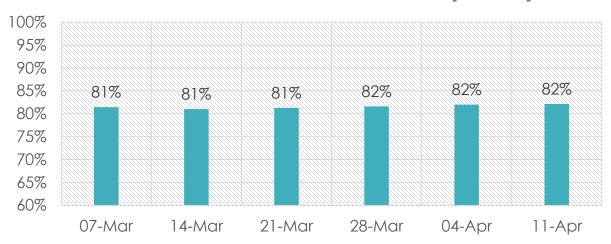
To access the tender you will need to search for and register an interest in the new project on YORtender. You can access the live opportunity at <a href="Public quote/tender-Reimagining Home Support for the Bradford District (eu-supply.com">Public quote/tender-Reimagining Home Support for the Bradford District (eu-supply.com</a>) or by searching for Home Support under the link marked CTM Published Tenders.

The closing date for this tender is 9th May 2023.

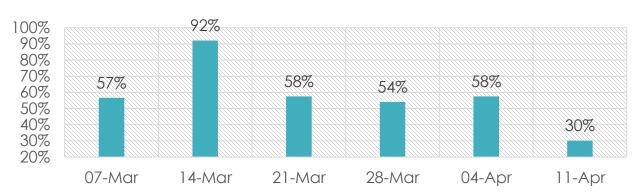
#### **BRADFORD CARE HOMES WEEKLY UPDATE**

Please find the data below on Care Homes in the Bradford District for your information. The following data has been provided by the Council's Senior Management Team in the Contract and Commissioning Team.

### **Bradford Care Home Occupancy Rate**



## Bradford Care Home Completed Tracker in last 7 days



#### Data Sources:

Weekly Deaths, Office National Statistics. Covid Infections, Occupancy and Tracker, NESC Capacity Tracker. Outbreaks, HPT Bradford