



Department
of Health &
Social Care

The Building the Right Support Action Plan

What the plan will mean for
people with a learning disability
and autistic people

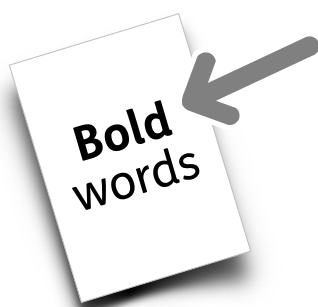


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Contents

	Page
Introduction	3
Making sure that people get very good and safe care	5
Making it easier to leave mental health hospitals safely and the right time	7
Living in the local community	10
Making sure that children with a learning disability and autistic children have the best start in life	12
Other work to make our services better	14



In this Easy Read document, difficult words are in **bold**. We explain what these words mean in the sentence after they have been used.



Some words are [blue and underlined](#). These are links which will go to another website which has more information.

Introduction



The Government has written a new plan called the Building the Right Support action plan.



The plan will help more people with a learning disability and autistic people to:

- Leave mental health hospitals when they are ready.



- Get the right support to live the life they want in their local area.



In 2015 another plan about Building the Right Support came out. It was called Building the Right Support national plan.



There is an Easy Read document about this plan which you can read here:

www.england.nhs.uk/wp-content/uploads/2015/10/ld-net-plan-er.pdf



The 2015 plan includes 9 things we want people to be able to say about their life.



The Government looked at these 9 things when thinking about what we want for people with a learning disability and autistic people.



This document will tell you what the new Building the Right Support action plan will mean for people with a learning disability and autistic people.

Making sure that people get very good and safe care



We want people with a learning disability and autistic people to be able to say:



- When I am supported in a hospital or being supported by social care:



- I am safe and respected and I feel safe and respected.



- The care I get is of very good quality.



- If I am in a mental health hospital the care I get helps me get better.



- I am supported as close to my home and family as possible.



- I know who is meant to be helping me and I know that they have the right skills and support to help me.



- I feel I am listened to and included in making decisions about my care.



- I know what to do if I am not being treated fairly or if I think things might go wrong.

Making it easier to leave mental health hospitals safely and at the right time



We want people with a learning disability and autistic people to be able to say:



- If I need to go to a mental health hospital to get better:



- I will be treated with respect.



- I will have a plan that will help me not go to a mental health hospital if possible.



- I know that what is written in my plan will happen and I will get the things I need at the right time.



- If I am in a mental health hospital my plan will say when and how I will leave hospital when I am able to.



- I will be involved in writing my plan.



- I will be involved in making decisions about my care.



- I will involve the people that matter to me in my care in a way that I choose.



- I will be able to have someone who will make sure my **rights** are being respected.

Rights are things that every person should have by law. Like the right to be safe, the right to education, the right to be respected.



- I will be supported to live well in my local area after I leave the mental health hospital.

Living in the local community



We want people with a learning disability and autistic people to be able to say:



- I am able to live the life I want in my local community. For me this means:



- I live in my home with the people I love.



- I get the support I need when I need it from people who understand my needs.



- I am able to get the right support from people who understand what works best for me.



- If I have a job I know my place of work will make sure I am included.



- I have a plan for what support I get if I ever have a crisis. A crisis is like an emergency.



- If I come into contact with the police I know that they will understand my needs and support me where possible.

Making sure that children with a learning disability and autistic children have the best start in life



We want children with a learning disability and autistic children to be able to say:



- As a child or young person I want good opportunities as I grow up. For me this means:



- If I am autistic, I am diagnosed with autism early on in my life. This means I can get the support I need to live the life I want.



- If I have a learning disability I can get the support I need to live a normal life.



- I feel safe and supported in a school that meets my needs.



- My school helps me reach my goals by supporting me to find out what I am good at.



- If I need one I have an Education, Health and Care Plan.



- If I have an Education, Health and Care Plan, my family and I are involved in writing it.

Other work to make support services better



In general we want people with a learning disability and autistic people to be able to say:



- The services that support me understand my needs, listen to me and support me to reach my goals.



- I am confident that I will get the right support from health care, social care and education to live the life I want.



- I am confident that health care, social care and education organisations will work together to support me and respect my rights.

This Easy Read information has been produced by easy-read-online.co.uk