



To submit any material for the bulletin, the deadline is 5pm the day before the next edition is due. Please ensure any information you consult is from a reliable source, including the NHS, or Public Health England.

Thursday 3rd October 2024

KEY DATES FOR YOUR DIARY

Upcoming events can also be viewed in the **EVENTS CALENDAR** in the Provider Zone!

- Go4Growth Bid Skills Workshop (1/2 day) – October 8th
- Go4Growth Promoting Your Organisation – October 23rd

If you are aware of any upcoming events and would like to advertise on the Event Calendar, please visit **HERE** and post an entry.

THE NEW EQUALITIES QUESTIONNAIRE IS NOW LIVE!

This week, you should have received the link to the new equalities questionnaire and your unique service ID. Please make sure you are sharing these with the people who use your services and supporting them to complete the questionnaire where needed. As a reminder, you can find guidance and resources to support the questionnaire on the Provider Zone -

<https://bradford.connecttosupport.org/provider-zone/equalities-data-new-approach-coming/>

If you haven't been sent the link and your unique service ID, please email ASCConsult@bradford.gov.uk

GET OUT AND ABOUT IN BRADFORD DISTRICT WITH THE 20 MINUTE MOVEMENT A-Z OF ACTIVITIES!

The new campaign aims to encourage individuals who aren't currently active, or who may like to increase their current physical activity levels, to use the tool to explore ways in which they can get moving and reap the health and wellbeing benefits of an active lifestyle. There are lots of free activities and ideas to try, so if you're interested in finding out more, [visit the activity finder](#).

AUTUMN VACCINATIONS

Read the letter from DHSC about eligibility and timings [here](#).

Date	Time	Venue	Audience	Cost of Stall	Further info
25/09/24	10:30-14:30	University of Bradford	Students looking for p/t work	Free	Careers fairs – Current students – University of Bradford careers@bradford.ac.uk
05/11/24	10:00 – 15:00	Victoria Hall, Keighley, BD21 3JN.	All	Free	Skills House – Joanna.Horska@bradford.gov.uk
06/11/24	10:30-14:30	University of Bradford	Graduates	Free	Careers fairs – Current students – University of Bradford careers@bradford.ac.uk

BCA NEWSLETTER - September Edition

To make the newsletter easier to read, we have split the monthly Newsletter into 5 sections:

- Upcoming BCA Events
- Important Information and Updates
 - Key Reminders
 - An Update from our Partners
 - An Update from our Charities

Available here -

<https://sway.cloud.microsoft/NVQzC7InO6zM6NCC?ref=Link>

BECOME A RoSPA FALL FIGHTER

A Fall Fighter is somebody who has learnt about falls and how to prevent them. They use the knowledge and skills they've learnt in our free awareness session to educate and inspire others in their community.

Find out more [here](#).



BRADFORD
REGISTERED MANAGERS NETWORK

BCA  



SPOTLIGHT ON...

HEALTH & SAFETY!



Tuesday 8th October

10:30am - 12pm

Online - MS Teams

Agenda:

- Provider Update (*approx 10:30 - 11am*)
- Regulators involved
- Hot topics & trends
- Risk Assessments
- Importance of appropriate equipment selection and maintenance
- Regulations + best practice
- Insurance requirements + evidencing compliance
- Support & resources
- Q&A

Email BCA for a calendar invite
admin@bradfordcareassociation.org



TALK MONEY WEEK

Talk Money Week 2024 is just around the corner and Bradford District Credit Union (BDCU) is excited to support the community with two *free* training sessions online and in-person to help tackle money worries for you and your clients.

Why Attend?

Research shows that one in three of us feel anxious when thinking about our finances. These sessions are designed to provide you, your clients and networks with practical tips to improve financial wellbeing.

Training 1: Pension and Money Webinar with the 'Money and Pensions Service' (Online)

5th November, 1-2 pm (Online)

Join us for an insightful webinar featuring expert advice on pensions and managing money. We'll cover:

- Pensions (Money and Pensions Service)
- Savings (BDCU)
- FoodSavers – Tackling Food Insecurity (Inn Churches)
- Money and Mental Health (Mind in Bradford)
- Gambling-Related Harm (NECA Gambling Service)

Book your place here:

- [Pension & Money Webinar \(BDCU\) Talk Money Week Tickets, Tue 5 Nov 2024 at 13:00 | Eventbrite](#)

Training 2: Money SOS 'Train the Trainer' Workshop at Bradford Royal Infirmary (In-Person)

30th October, 9:30-10:30 am (In-Person)

Join our free Money SOS Workshop at the Bradford Royal Infirmary for practical, hands-on advice to support your clients in managing their finances.

Book your place here:

- [Money SOS 'Train the Trainer' for Community Practitioners & NHS Staff @ BRI Tickets, Thu 31 Oct 2024 at 09:30 | Eventbrite](#)

Need More Resources?

For further financial resources, visit our page <https://bdcu.co.uk/financial-education-2/>

Feel free to share these resources and events with your clients and networks. Let's work together to make money conversations easier this Talk Money Week.

FUNDING FOR DIGITAL SOCIAL CARE RECORDS – THE CLOCK IS TICKING!

[Funding for digital social care records – the clock is ticking! | Digitising Social Care](#)

Dedicated support for social care providers to switch to digital social care records has made an enormous difference, according to registered managers and the East of England.

One specialist provider relationship manager and her team working for Suffolk and North East Essex Integrated Care System has helped more than 200 adult social care providers with everything from applying for funding to choosing and selecting the most appropriate suppliers.

As part of the Digitising Social Care programme's '[Clock is ticking](#)' [campaign](#), which highlights the limited time left to apply for funding to set up digital social care records, providers have been sharing their feedback on the support they have received.

[Read the article and find out more about funding.](#)

FREE AFFORDABLE INTERNET COURSE

Digital Unite and the West London Alliance have worked together to create a free 10-minute course on how to help others find affordable home and mobile internet, including how to switch to a social tariff. You will receive a certificate and course notes when you complete it. It can be accessed [here](#).

- The course takes about 10 minutes.
- It is CPD certified.
- To try the course, fill in the form below.
- We won't use your details to contact you without your consent or pass them onto anyone else.

POSSABILITIES RENTAL

PossAbilities wants to rent space in BD1, BD7, BD4, BD9, BD8, BD2, or BD18. We are looking for a suitable space of about 2,000 ft² for one of our day centres for people with learning disabilities. We will take a long term lease, so this is a great opportunity for community groups or social enterprises to become more financially stable. If you have or know of anything suitable please contact Malcolm.mcclean@possabilities.org.uk 07802 326652.

LOCAL NETWORKS

Engage with local networks to exchange best practices and stay informed about relevant opportunities within your service

Falls Network

The Falls Link Group meet every quarter on MS Teams. The 2-hour meeting includes a guest speaker, falls updates from attendees and time for networking. For a list of upcoming meetings and agendas please email fallsteam@bdct.nhs.uk



Safeguarding Network

The Safeguarding Network Group meet every quarter on MS Teams. The hour and a half meeting includes updates, guidance, discussions of good practice and allows the opportunity for providers to discuss any issues they may have. For calendar invites, please email admin@bradfordcareassociation.org



End of Life

End of life group meet face to face every March & June for 3 hours. This includes updates and sharing experiences. A yearly September meeting is held in collaboration with Marie Curie and Manorlands hospice where specialist speakers answer questions. Email palliativecareadmin@bdct.nhs.uk to join.



Registered Managers Network

The Registered Managers Network have a WhatsApp group and meet fortnightly on MS Teams. The 1 hour meeting includes updates, guidance, discussions of good practice and allows the opportunity for providers to discuss any issues they may have. Email admin@bradfordcareassociation.org to join.



Activity Coordinator Network

The Activity Coordinator Network have a WhatsApp group & meet bi-monthly on MS Teams. The 1 hour meeting includes guest speakers, and enables Activity Coordinator's to support one another, showcase ideas and share contacts and resources. Email ami@bradfordcareassociation.org to join the network.



PROMOTE STOPTOBER WITH LIVING WELL

Help smokers in Bradford district to quit for good!

Over 2.5 million people have quit smoking with the annual Stoptober campaign, and we're keen to encourage people who still smoke, to join thousands of others committing to quit this October.

Living Well has created a toolkit to help you promote this campaign through your channels and let people know about free, personal support and professional guidance that is available for adults in Bradford district.

[Download the toolkit HERE](#)



NHS

**GET VACCINATED.
GET WINTER STRONG.**

If you are vaccinated and catch flu this winter, you are likely to have milder symptoms and recover faster.

Get your flu vaccination.

For more information visit www.nhs.uk/wintervaccinations