

To submit any material for the bulletin, the deadline is 5pm the day before the next edition is due. Please ensure any information you consult is from a reliable source, including the NHS, or Public Health England.

**Thursday 2<sup>nd</sup> November 2023**

### **KEY DATES FOR YOUR DIARY**

Upcoming events can also be viewed in the **EVENTS CALENDAR** in the Provider Zone!

- Building a Neurodiverse Friendly District – 9<sup>th</sup> November
- 'State of...' report – 18<sup>th</sup> November
- Bradford and District Care Homes Provider Forum - 22<sup>nd</sup> November
- Safeguarding Adults Carers Conference – 23<sup>rd</sup> November

### **ARE YOU READY TO LEAD THE CHANGE IN YOUR SERVICE AND THE NEW CQC SINGLE ASSESSMENT FRAMEWORK?**

The **fully funded Leading Change Improving Care (LCIC)** programme is aimed at experienced **Registered Managers, Quality Leads, Clinical Leads and Registered Nurses** and can support your care service to **make and evidence improvements to CQC.**

**The programme runs over 5 days (1 day per month, 9.30am to 4:15pm), with attendance required on each day, and it starts on 7th November.**

The programme takes a practical look at how to influence and implement necessary changes to meet current and future challenges. It explores how to lead and manage change and provides tools and techniques to drive change and ultimately improve the quality of care delivered. There is a strong emphasis on mentoring and coaching and how to identify and nurture skills in other people to develop high performing teams and grow future talent.

**The dates are: 07/11/23, 05/12/23, 16/01/24, 07/02/24 and 07/03/24** and it is being delivered by Leeds Leadership Academy at venues across Bradford District.

The programme is funded by the Skills for Care Workforce Development Fund (WDF) and BCA.

**To reserve and book a place on the fully funded course, please email [admin@bradfordcareassociation.org](mailto:admin@bradfordcareassociation.org)**

Dear Providers,

## Winter Preparedness and COVID-19 Testing

Symptomatic testing for residents eligible for COVID-19 treatments and outbreak testing will continue throughout the winter period as detailed in the [IPC guidance](#). To enable the sector to continue to test during this time with no limitations or delay due to replenishing stock, we are giving you the opportunity to request additional stock of COVID-19 LFD tests. The number of tests available will depend on your total bed capacity as registered with the CQC.

### Total Bed Capacity

10 or less 70

11 or more 497

### Total Tests Available

(10 packs of 7)

(71 packs of 7)

You will be able to request your additional stock of COVID-19 tests via the [order portal](#) from **20 October to the 3 November**.

- Navigate to [COVID-19 test order portal here](#). Enter your UON and press continue.
- Select **Order LFD tests for winter preparedness**.
- Check your organisation's address and press continue.
- Enter the total number of LFD tests that you are requesting according to the table above, and press continue.
- Confirm your order request.

You will receive an email when your tests have been dispatched, informing you of their delivery date. Requesting additional stock of LFD tests will not affect any orders waiting to be fulfilled or your ability to order LFD tests should you need them at a later date. If you have any urgent questions regarding testing within your setting, please contact 119. Thank you.

Kind regards, DHSC

Today (Wednesday 1 November) we have launched the national marketing campaign encouraging those that are eligible but still unvaccinated to come forward for their flu and COVID-19 vaccines this autumn/winter. The campaign focuses on the need for increased protection during winter when there is an increased likelihood of catching both flu and/or COVID-19, both of which can be very serious. This is why people 65 and over, those with some ongoing health conditions and pregnant women are eligible for both the flu and COVID-19 vaccines this winter. Children are also eligible for a free flu nasal spray.

There are also plenty of materials for your organisation to use to get involved, which can all be found on the campaign resource centre [Winter Vaccinations | Campaigns | Campaign Resource Centre \(dhsc.gov.uk\)](#)

**Are you a homecare worker who supports people with advanced illness approaching the last months of life?**



**Do you work in the Hull, Bradford and Bromley areas?**

**We'd really like to spend about an hour with you to talk about your work**

**Please contact:**

**[HCW-SUPPORTED@hull.ac.uk](mailto:HCW-SUPPORTED@hull.ac.uk) to find out more**

  
**UNIVERSITY  
OF HULL**

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**NIHR** National Institute for  
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Bradford Teaching Hospitals  
NHS Foundation Trust

*This study is funded by the NIHR Health and Social Care Delivery Research NIHR135128/HSDR.*



## Department of Health & Social Care

Dear Residential Nursing Care Providers,

DHSC is currently in the process of setting the 2024-2025 rate for NHS-funded Nursing Care (FNC). This is being informed by a one-off cost collection exercise, run via Capacity Tracker. The survey is non-mandatory, but it would be great if as many providers as possible could complete this. We are writing to you now, to give you advance notice that the survey is expected to go live on **Wednesday 25 October** and will be open for three weeks.

### What is FNC?

Funding is provided by the NHS to residential nursing care providers to support the provision of nursing care. FNC can help manage pressure on acute hospitals and supports system flow by reducing avoidable admissions of individuals with complex discharge needs. It can also relieve pressure on NHS primary care services by enabling nursing care to be delivered within the individual's residential home. DHSC sets the national FNC rate which dictates the amount the NHS pays care homes delivering FNC. This is paid per resident, per week. Given wider inflationary pressures, we are now conducting a further one-off 'cost collection exercise' to ensure that we have the most recent and accurate data available when calculating the national rate. You might recall that we last did this in 2021.

### What Information Is Needed To Complete The Survey?

We would like to encourage as many providers as possible to complete this survey. Although it is optional, a greater sample size will mean more reliable results, which is why we would like to encourage you to complete the survey when it launches. When you complete the survey, please ensure that you have data on the number of residents by funding type and payroll information on both pay and hours worked by registered nurses for the two months of April 2023 and September 2023 (or your most recent completed payroll period) to hand. Once the survey has gone live, you will see a link to it when you log into Capacity Tracker and further communications on how to complete it will be sent shortly. If you have any questions, please contact the DHSC FNC inbox at [fnc@dhsc.gov.uk](mailto:fnc@dhsc.gov.uk)

For those users who update Capacity Tracker via the Provider Bulk Update Template and would like to complete the survey, please contact the Capacity Tracker Support Centre who are available Mon - Fri (excluding Public Holidays) 8am - 5pm by phoning 0191 691 3729 or emailing [necsu.capacitytracker@nhs.net](mailto:necsu.capacitytracker@nhs.net) We thank you in advance for your continued support and engagement.

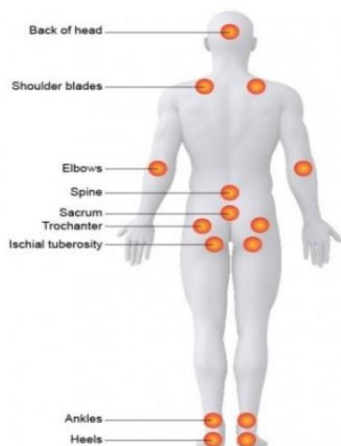
Kind regards, DHSC

## CARE HOME PROVIDER FORUM

You are invited to join the Bradford and District Care Homes Provider Forum on Wednesday 22<sup>nd</sup> November between 2pm and 4pm, via Microsoft Teams.

Please save the date and look out for the full agenda, which will be shared nearer the time.

[The meeting can be accessed by clicking here.](#) Alternatively, please email [Alicia.Mornin@bradford.gov.uk](mailto:Alicia.Mornin@bradford.gov.uk) if you would like to be sent the calendar invite.



Join BDOFT Tissue Viability Team in the

National

**STOP THE PRESSURE WEEK**

13<sup>th</sup>-17<sup>th</sup> November.

**LET'S STOP THE PRESSURE TOGETHER!**

### Top Tips

**Assess Risk** – Use a validated tool to assess the risk of pressure ulcers for each resident in the home. Once at risk residents are identified, commence a plan of care to reflect prevention.

**Skin Inspection** - Check and document residents skin twice a day. Making sure to document all bony prominences.

**Surface** – Review regularly at risk patients mattresses and cushions and escalate any concerns.

**Keep Moving** - Regular position changes are one of the best ways of preventing pressure damage. Make sure to commence a repositioning schedule for those residents identified as at risk of pressure damage and clearly document how often and in what way they need repositioning.

**Incontinence** – Keep the skin clean and dry from urine, faeces, sweat and wound leakage.

**Nutrition** – Ensure residents consume a healthy, well balanced, nutritious diet. Be aware, elderly people struggle to absorb calories so may require food fortifying and supplements.

**Giving Information** – Communicate effectively and provide information to residents, their families and other staff/teams.

**#StopThe  
Pressure**

## LIVING WELL NEWSLETTER

Our Living Well service and resources aim to make it easier for everyone in Bradford District to live healthier more active lives.

People can sign up to get newsletter on offers, events, resources and information for people living in Bradford district.

You can you also sign up for information to help workplaces look after the wellbeing of their staff.

[City of Bradford Metropolitan District Council - Sign up for Living Well updates \(govdelivery.com\)](#)

## BUILDING A NEURODIVERSE FRIENDLY DISTRICT

Bradford will be hosting an event at Bradford City Football Club on Thursday 9<sup>th</sup> November at 9:30am, to launch a campaign to make Bradford more 'neurodiverse friendly'. The event's targeted at businesses, arts, culture and leisure organisations. The evidence is compelling:

- autistic people, those with ADHD and other neurodivergent conditions experience many of the worse outcomes, affecting their health, wellbeing, employment and social lives
- access to rewarding work and social experiences – whether that's high culture or just shopping – can make a massive difference for neurodivergent people, but they often feel excluded by poorly planned spaces, noise, language or policies
- neurodivergent people have much to offer, as employees, as purchasers and as participants in society. There are great examples of businesses and other organisations helping themselves and neurodivergent people, by making 'one small change'.

We want to bring together as many of Bradford's business, arts, leisure and cultural leaders as we can, to see what we can do together, to make our district more neurodiverse friendly, and successful.

Use this [LINK](#) to sign up as soon as possible because spaces are limited.

Throughout the event, you'll have the chance to participate in interactive experiences, engage in thought-provoking discussions, and learn from experts in the field. Whether you're an employer, business, arts or culture organisation or simply interested in making a positive impact, this event is for you!

## YOUR NATIONAL RECRUITMENT CAMPAIGN UPDATE

The next phase of the national recruitment campaign is live and your brand-new [campaign resources](#) are now ready to download and use.

These resources enable you to use assets from the national advertising to signpost potential applicants to your job vacancies. Following feedback from care providers, they feature new imagery designed to reflect more accurately the typical daily routines for care workers in both care homes and domiciliary settings.

You can add your logo and details to the assets – simply visit the [Campaign Resource Centre](#) or campaign page to get started.

New for this year, there's also a Skills for Care webinar available to [download and watch](#). This provides useful background on the campaign, how to get involved with it and how it can support your recruitment.

## Leading Change Improving Care

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The programme is funded by the Skills for Care Workforce Development Fund (WDF) and BCA.

**To reserve a place, click on the link below to book onto the 30-minute induction session on 27/10/23 (this Friday) and secure your place on the LCIC Programme. !!**

<https://www.eventbrite.co.uk/e/leading-change-improving-care-lcic-course-induction-meeting-tickets-711251661867?aff=oddtcreator>

[See poster](#)

### **INFLUENZA PACK**

Please use the following links to access each part of the pack:

- 1) [Outbreak Poster](#)
- 2) [Visitor Poster](#)
- 3) [Flu Testing Instructions](#)
- 4) [Flu Testing Form](#)



*DYING MATTERS COFFEE & CATCH UP  
FOR PEOPLE WITH LEARNING  
DISABILITIES AND THOSE THAT  
SUPPORT THEM*

Please feel free to attend our coffee and catch up to support improving conversations about death and dying for and with people with learning disabilities.

Following on from the Dying Matters event these sessions are new, we are testing out what people need or want.

They are open to anyone with a learning disability, family members or paid carers who might be working with people with learning disabilities. They will be a safe, informal space where people can share thoughts, talk and learn from each other.

The next session is:

**Friday 10<sup>th</sup> November, 10 am – 12 at Marie Curie Hospice, Maudsley St, Bradford, BD3 9LE**

Come and find out about the LippyPeople, and take part in conversations, games and refreshments [Home | My Site \(lippypeople.org\)](http://lippypeople.org)

**Please contact Sandeep on [Sandeep.kaur@bdct.nhs.uk](mailto:Sandeep.kaur@bdct.nhs.uk) or 01274 497121 to say you will be attending. We can then let you know if there are any changes to the planned time table.**



# BRADFORD DISTRICT BLACK HEALTH NEEDS ASSESSMENT

Bradford council and the Black Health Forum are collaborating on a health needs assessment survey for Black communities across Bradford district.

They are keen to hear from Black communities with their thoughts and perspectives on factors that impact their health.

Members of the public can complete the survey [here](#)

Organisations can complete the survey [here](#)

All responses are anonymous - no individuals will be identified.

## MojoJack music

ENRICHING LIVES THROUGH A NEW, INCLUSIVE DAY SERVICE THAT ENCOURAGES ADULTS WITH DISABILITIES TO EXPRESS THEMSELVES THROUGH MUSIC.

### New Day Service

Tuesday - Thursday  
9 am - 4 pm  
Salts Hub, BD18 3LA



CONTACT:  
Gonzo on 07894 917103  
mojock58@gmail.com

CREATIVE  
PERFORMANCE  
CREATIVE  
INDEPENDENCE

### Schedule

9.30 am - Arrive  
10 am - Warm up  
10.20 am - Group Work  
10.30 am - Creating A Performance!  
12 pm - Lunch  
1 pm - Review & Perform  
3.30 pm - Tidy up  
4 pm - Head Home

MojoJack music

## USE OF CCTV IN CARE HOMES. CQC GUIDANCE.

<https://www.cqc.org.uk/guidance-providers/all-services/how-we-check-use-surveillance>

TICKETS £5  
CARER'S FREE

# MOJOJACK'S WINTER PARTY



24TH NOVEMBER 2023



**PARTY TIMES**

**7PM-  
9.30PM**

**DANCE AND SING THOSE WINTER BLUES AWAY**

**SALTS HUB, VICTORIA RD SALTAIRE, B018 3LA**

**SNACKS AND  
DRINKS**

**SKILLS  
KITCHEN**

RSVP <MOJOJACK MUSIC  
MOJOJACK47@GMAIL.COM  
07894917103

## FOR ALL RESIDENTIAL CARE HOMES FOR ADULTS OVER THE AGE OF 65 IN BRADFORD

There is an opportunity to contribute to a local research project, which aims to identify how care home staff, residents, family members, hospital staff, GPs, paramedics and district nurses can be better supported when making decisions to transfer residents to hospital. We presented this project at a recent Bradford Care Association meeting so you might remember it. More information about the project can be found here: [Invitation to participate in local research project - YouTube](#)

This project is led by a team in the Yorkshire Quality and Safety Research group based at Bradford Royal Infirmary. Each care home that participates will receive a flat fee of £800 for involvement. If staff take part outside of working hours, they will receive further payment. Residents and families will also be paid for their time according to National Institute for Health Research guidelines (approx. £50 per workshop).

If your service provides residential care for adults aged over 65 in Bradford, we would love to hear from you.

Involvement will include an introductory visit from research nurses on the project as soon as possible. This will be followed up in early spring 2024 by three workshops with residents of your care home and their families and three online workshops to be attended by a few members of staff from your service.

Throughout the workshops, staff and service users will discuss the concept of 'avoidable transfers to hospital' and establish a shared understanding of how we can think about this concept in a beneficial way. We will build on this shared understanding to identify service improvements and future interventions to reduce transfers to hospital considered 'avoidable' by staff and service users. This is an opportunity for staff across the system and service users to hear from each other on this issue and work together to come up with local solutions.

Please do get in touch with Jacqui ([jacqui.elliott@bthft.nhs.uk](mailto:jacqui.elliott@bthft.nhs.uk)) if you are interested in your care home being involved or have any questions about the research.

We look forward to hearing from you,  
Best wishes  
The Research Team

**More information on the next page**

<b>Study title:</b>	<b>Co-producing a shared understanding of avoidable transfers to hospital and recommendations for future intervention development with staff and service users.</b>
<b>Study summary:</b>	<p>It is necessary to explore how transfers to hospital – that have potential to be avoidable - can be reduced for care home residents. This is because of the risks associated with admission, including hospital-acquired infection and loss of independence, as well as pressures on the service and demand for beds. Recent research has identified that transfer decisions often occur not due to clinical need but due to communication with family members, the robustness of advance care planning and access to community services. This suggests areas to focus intervention efforts upon, however richer insight is needed within the UK, given the dominance of North American based evidence to date.</p> <p>What is an 'avoidable transfer of care'?</p> <p>Conceptualising this is difficult due to inconsistent definitions of avoidable transfers and emergency admissions across the literature. Definitions include conditions potentially manageable, treatable or preventable outside of a hospital setting. But, perceptions of staff – in general and at the point of making a transfer decision - are also likely influenced by professional role and care setting they work in. While care home staff feel 'between a rock and a hard place' when weighing up the many risks to the resident, themselves and the broader system, ED doctors often consider hospital an inappropriate place for residents who attend. Further, existing research has not acknowledged the patient and family perspective of avoidable admissions. Before developing interventions to reduce avoidable transfers to hospital for care home residents, it is necessary to explore what stakeholders consider an avoidable admission and how to ensure interventions to reduce them can meet the needs of staff and service users.</p> <p>Throughout a series of workshops (3 with staff; 3 with residents and families), this project aims to:</p> <ul style="list-style-type: none"> <li>• Co-produce a working definition of an 'avoidable transfer to hospital' with staff involved in transfer decisions (i.e. care home staff, paramedics, GPs, nurses, hospital staff) and service users (care home residents and their families/carers).</li> <li>• Co-design an agenda for intervention development in this area, prioritising focus areas and suggestions for local, implementable solutions with staff and service users involved in transfer decisions.</li> </ul>
<b>What is required of the care home:</b>	<ul style="list-style-type: none"> <li>• Up to 6 hours of time from approx. 3 members of staff across three workshops.</li> <li>• Up to 6 hours of time from residents and families across three workshops.</li> <li>• Workshops will be facilitated by the research team.</li> <li>• Workshops with residents and their family members will be hosted in-person at the care home. This will require space for 10-15 people to sit.</li> <li>• For virtual workshops with staff, the research team will send materials, but the practice will be required to ensure the appropriate technological facilities are in place to support the workshop e.g., screen that can host a Zoom/ MS Teams call, private room for attendees to be in. We can come and support the setup of this and explore possibilities for technology to be borrowed if this prevents people from joining.</li> </ul>
<b>Payments/ support costs:</b>	<p>£800 flat fee to participating practices.          Approx. £50 per workshop for residents and family members taking part.</p>
<b>Benefits to patients and/or practice:</b>	<p>The aim of this project is to identify how staff and service users making decisions to transfer care home residents to hospital can be supported within the system they work in. This is preliminary work to suggest ideas for future implementation however the priorities identified will be fed back to NHS England and co-ordinators of the Enhanced Health in Care Homes Framework. There is potential for future projects to test the feasibility of the interventions prioritised by staff and service users in this project.</p>
<b>Please contact:</b>	<p>Jacqui Elliott  <a href="mailto:Jacqui.Elliott@bthft.nhs.uk">Jacqui.Elliott@bthft.nhs.uk</a></p>
<b>Deadline for response:</b>	<p>10<sup>th</sup> November 2023</p>

# SAFEGUARDING ADULTS CARERS CONFERENCE

Thursday  
**23 Nov**  
9.30am - 4.30pm

Hosted at **Margaret McMillan Towers, Princes Way, Bradford, BD1 1NN**

**Adults Safeguarding Week 2023**

Learning from Safeguarding Adult Reviews and Domestic Homicide Reviews

**Carers and  
professionals  
that work  
with carers  
welcome.**

## Guest Speakers

9.30am - 1pm

- Carers Resource
- Making Space
- Forbes Solicitors
- Safeguarding Team from Bradford Council
- Admiral Nurses from the British Legion



**Stalls 2pm-4.30pm:** Featuring various agencies from across the Bradford District that work closely with carers and professionals.

Admiral Nurses | Housing Support | Forbes Solicitors | Carers Resource | Making Space  
Carers Service | Incommunities Bradford | Local Authority Safeguarding Team

**BOOK NOW**

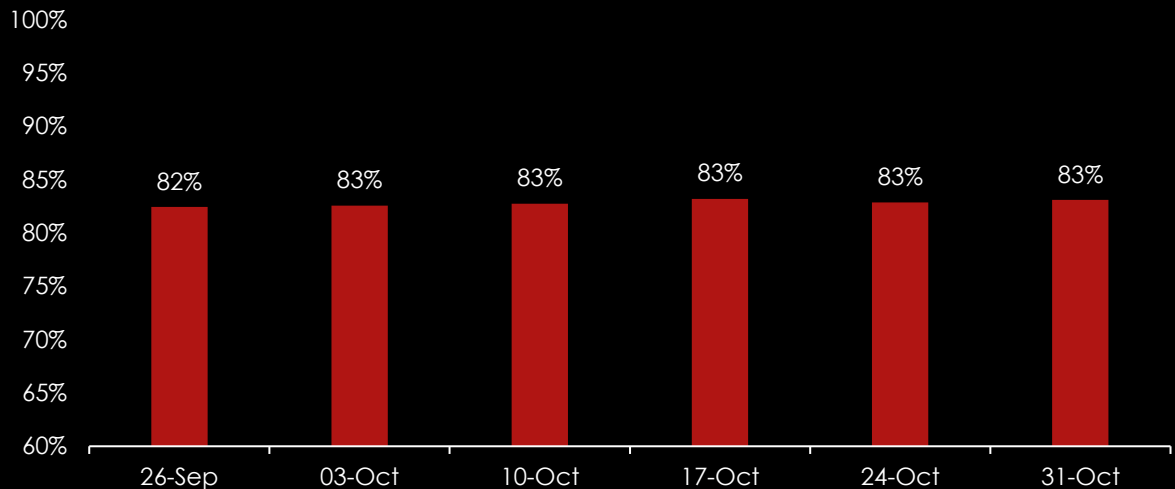


alternatively, email [safeguardingtraining@bradford.gov.uk](mailto:safeguardingtraining@bradford.gov.uk)

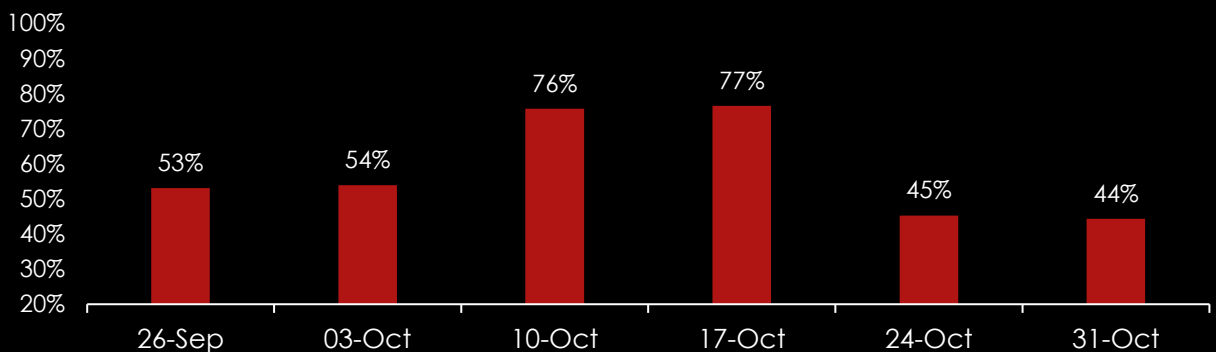
# BRADFORD CARE HOMES WEEKLY UPDATE

Please find the data below on Care Homes in the Bradford District for your information. The following data has been provided by the Council's Senior Management Team in the Contract and Commissioning Team.

## Bradford Care Home Occupancy Rate



## Bradford Care Home Completed Tracker in last 7 days



### Data Sources:

Weekly Deaths, Office National Statistics.

Covid Infections, Occupancy and Tracker, NESCC Capacity Tracker. Bradford

Outbreaks, HPT