

# Introduction and welcome



- Housekeeping and ground rules
  - Please mute your microphones throughout the presentations and use the chat box or the hands up feature to ask questions or make comments during the presentations to avoid people talking over each other.
  - The facilitators will give time for people to ask questions and interact either during the sessions or at the end.
  - No question is a silly question, and anything that is said within the workshop should be kept confidential within the group please.

# Format of the workshop



- 3 x 2 hour sessions via Microsoft Teams.
- This is the first time we have run these sessions in this format and we would like honest feedback from all of you – what went well and what could be better so we can alter things if needed. After each session we will ask you to fill in a short feedback form.
- At the end of the 3 sessions when you have completed the feedback forms we will send you a certificate for your CPD.

# Day 1 – symptom management

- What is palliative care?
- Basic symptom assessment
- Shortness of breath
- Nausea and vomiting
- Pain

# Day 2 – End of life care

- End of life care – the last year of life
- Diagnosing the dying patient
- Medications at the end of life including syringe drivers
- Gold Standards Framework and EPACCs

# Day 3 – Decision making, Advance care planning and communication skills.



- Mental Capacity Act
- Advance care planning, Resuscitation, RESPECT, Advanced decisions to refuse treatment and lasting power of attorney
- Communication skills