

Appendix A: Fuller's Self Medication Risk Assessment Screening Tool

Name of person:

					Enter Score Below:
Number of prescribed medications	1 Drug 1	2 Drugs 2	3 Drugs 3	4 Drugs 4	
Mental State	Alert and orientated 1	Orientated but sometimes forgetful 4	Confused, muddled/disorientated/very forgetful 8	Very confused 12	
Vision	Can see to read with no aids 1	Needs glasses/aids to read and print 2	Difficult to read print with glasses/aids 4	Unable to see 6	
Social Circumstances	Living with others who can fully support medication needs 1	Living with others who usually/sometimes support medication administration 2	Living with others with some support from paid carers or family/friend 3	Living alone with no support 4	
Physical Condition	Can manage to open bottles/packets independently 1	Weakness of hand/poor coordination, but can manage to open bottles/packets with difficulty 2	Disabled. Requires some help to open packages 3	Severely disabled unable to manage 4	
Attitude and knowledge about medications	Interested about prescribed medications and knows all about them, believes they are important 1	Fairly interested about prescribed medications and knows enough about them to administer them safely/believes they are important 2	Not very interested about prescribed medications. Does not believe they are important/unable to recall medication regime 8	Disinterested and or unwilling to take prescribed medication 12	
				TOTAL SCORE	

Minimum Score: 6

Maximum Score: 42

Total your score and please see guidance for Risk Management 6-13 Low Risk, 14-16 Medium Risk, 17-22 High Risk 23-42 Very High

Name of the person completing the form:

Position:

Date:

Signature:

RISK ASSESSMENT GUIDANCE

LOW RISK

1. Give full explanation/information to service user about prescribed medications.
2. If carer/family will be giving medication, give full information about the drug regime.
3. Service User or carer may benefit from a personal medication chart with written information and advice about medication regime.

MEDIUM RISK

As above plus:

1. May need support or need someone else to administer medication safely.
2. Inform local pharmacist and service user's GP of concerns including memory aids, easy open bottles, large print labels.
3. Keep medication regime simple.
4. Consider referral to pharmacist/GP for more in-depth medication review.

HIGH RISK

As above plus:

1. Activate a system to administer medications.
2. Refer back to prescribing GP and dispensing pharmacist if this is not possible.
3. Recommend a regular medication management review by the service user's GP or pharmacist.
4. Keep prescribing to a minimum.

VERY HIGH

As above plus:

The strongest elements that contribute to risk are those related to mental state, the individual's attitude and beliefs about their medications and visual impairments.

The risk is further increased for individuals with more than one of the three strongest risk elements, especially when living alone.