

## Web information

### New offer

## Free training for better conversations about mental health

Our new workforce health and wellbeing offer provides free REACT Mental Health® conversation training for managers, supervisors and those with caring responsibilities, in clinical and non-clinical services across all our health and care organisations.

These short training sessions are delivered online and will help managers and supervisors identify and support people in their team or community who may be struggling with their mental health. This would be particularly beneficial for those working in areas exposed to high risk of stress or burnout, and disadvantaged groups during Covid-19.

Find out more about this training offer, and how to book onto a session, in this [flyer](#).



## Comms and Engagement Leads Weekly Update- Tuesday 7 July

## Free training for better conversations about mental health

The Partnership's new workforce health and wellbeing offer provides free REACT Mental Health® conversation training for managers, supervisors and those with caring responsibilities, in clinical and non-clinical services across all our health and care organisations. These short training sessions, delivered via [Zoom](#), will help managers and supervisors identify and support people in their team or community who may be struggling with their mental health. This would be particularly beneficial for those working in areas exposed to high risk of stress or burnout, and disadvantaged groups during Covid-19. Find out more about this training, and how to book onto a session, [here](#) and please share details of this offer however you can across your organisations.

## Weekly Update- Friday 10 July

## Free training for better conversations about mental health

The mental health of our workforce is of utmost importance. Good mental health supports better physical health and wellbeing, and helps people enjoy life and cope with life's problems.



In addition, those who've had supportive conversations with their manager or supervisor about their mental health are likely to perform better, and continue to effectively deliver patient care.

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Evidence shows that people in supervisory roles who are trained in identifying the need for supportive conversations about mental health can reduce the risk to their team members and colleagues of longer-term mental ill health by 90%.

Find out more about REACT Mental Health® conversation training, and how to book onto a session, on the [Partnership's Workforce Health and Wellbeing pages](#).

### **Social media w/c 13 July**

Our new workforce health and wellbeing offer provides mental health conversation training for those in supervisory roles, in clinical and non-clinical services, across all our health and care organisations. More at: [link to web page](#) #OurPeopleMatter @MarchonStress



**Other tweets to be created as we progress.**