

COVID-19: BDCFT Psychological Staff Support

Confidential psychological helpline for staff

Here to listen, learn and support

Run by highly trained psychological therapists

We are available Monday—Friday

8 am—6 pm

Please call

01274 251909

Email: psychologicalstaffsupport@bdct.nhs.uk

Who can access this line?

Anyone working for BDCFT; Primary Care (Bradford, Airedale & Craven) and Care Homes served by the Trust.

Will this go on my medical notes?

No, this is a phone line run by very experienced psychological therapists who will keep the information completely confidential.

What support can I get?

We are here to listen to your experiences, learn from what you tell us and support you to get connected to what you need.

