

#### BumperEdilion Thusday 19th December 2024

To submit any material for the bulletin, the deadline is 5pm the day before the next edition is due. Please ensure any information you consult is from a reliable source, including the NHS, or Public Health England. Information should be sent to ProviderBulletin@bradford.gov.uk.

# KEY DATES FOR YOUR DIA RY

PROVIDER

BULLETIN

Upcoming events can also be viewed in the **EVENTS CALENDAR** in the Provider Zone!

- A reflective session for Registered Nurses using PICTOR technique with
- Dr Allison Bravington January 8th
- Opening event to welcome in Bradford as UK City of Culture January 10<sup>th</sup>
- Bradford 2025 Social Prescribing Awards Applications January 20th
- Women's Health Conference February 27<sup>th</sup>
- Have your say on proposed savings March 6<sup>th</sup>
- Dragons Eun-Me Ahn Dance Company March 21st 22nd
- Black Dyke Band April 12<sup>th</sup>

If you are aware of any upcoming events and would like to advertise on the Event Calendar, please visit **HERE** and post an entry.

# CHRISTMAS AND NEW YEAR CLOSURE

Most Council services, with the exception of frontline and emergency provision, will be closed between Christmas and the New Year, Wednesday 25<sup>th</sup> December - Thursday 2<sup>nd</sup> January.



# Bradford and District Healthcare Partnership

From Tuesday 17 December 2024 until Monday 30 December 2024, our non-emergency Patient Transport Service is no longer able to take any non-priority Extra Contractual Referral journeys (ECRs) in West Yorkshire.

This is due to operational pressures caused by high levels of service demand and staff sickness. All priority ECRs will still go ahead as planned, which includes renal and oncology patients.

We are working our way through any non-priority ECR journeys that have been prebooked for before Monday 30 December 2024 and will be in touch with individuals to let them know if their journey will be cancelled.

Please pass this information to the relevant staff in your ICB and communications leads throughout your healthcare provider and Acute Trust networks.

Thank you, as always, for your continued support.

If you have any queries regarding this update, please email: YAS.PTSmessages@nhs.net



### Free 'Share and Learn' sessions for unpaid carers

As part of our free new Digital Resource for Carers (DRC) in West Yorkshire, unpaid carers can also access free online 'Share and Learn' sessions provided by Carers UK. Upcoming topics include:

- Breast cancer screening and awareness Wednesday 8<sup>th</sup> January 2-3pm
- Home emergency planning with Scottish and Southern electivity networks-Tuesday 21<sup>st</sup> January, 2-3pm
- Fall prevention information session with Dr Mucci-Tuesday 28<sup>th</sup> January, 12.30-1.30pm
- Support and information on aphasia with Dyscover- Thursday 30<sup>th</sup> January, 3-4pm

Carers can book on directly via- Share and Learn | Carers UK

## Access to free Digital Resource for Carers (DRC) platform

As part of the West Yorkshire's DHSC Accelerating Reform Fund projects, we have launched a Digital Resource for Carers (DRC) platform provided by Carers UK in partnership with the NHS West Yorkshire ICB, Bradford Council, Calderdale Council, Kirklees Council, Leeds City Council and Wakefield Council.

The platform hosts a range of carefully curated resources, e-learning modules, hands-on guides and tools to help carers manage their caring responsibilities and look after themselves. Carers can simply create a free account using our access code: WESTYORKS at https://carersdigital.org/

Doing your bit to help hospitals in West Yorkshire this winter Learn more <u>here</u>.

Prescription for stress-free bank holidays: plan ahead and help the NHS

Learn more <u>here</u>.

### Dear Home Support Providers,

As we approach the challenging winter months, it is essential for all health and care services to work collaboratively to manage increased demand and provide high-quality care. The NHS is implementing several measures to address winter pressures to minimise delays, ensure timely patient care, and promote patient safety. Home Support providers play a critical role in supporting this effort by delivering care for individuals to help prevent unnecessary hospital admissions.

We ask that you work closely with local NHS and social care teams (Bradford Enablement Support Team/Home Support Reviewing Team and Home First Assessment Service Team) to ensure seamless coordination of care. This includes promptly identifying and addressing the needs of your clients to prevent escalation to urgent care services. Your role in providing safe, timely, and well-coordinated postdischarge support is vital in sustaining this progress. Additionally, please ensure your teams are prepared for surges in demand and are aligned with the goal of maintaining the privacy, dignity, and safety of all patients under your care.

Finally, over the Christmas and New Year period frontline services will continue to operate during normal working hours. Note that the People Commissioning Service (which includes the Contract and Quality Team) will be closed throughout the period from 25/12/2024 until 2/1/2025. Thank you for your ongoing commitment and partnership during this critical time.

# WARM SPACES

As we head in the colder weather, please note that across Bradford District there are Warm Spaces – venues where people can gather for free in a safe, friendly place and maybe enjoy a drink and some company.

The network of Warm Spaces is made up of libraries, community centres, church halls, sports clubs and other places. Warm Spaces are totally free to use and are open to everyone. Please take a look at the <u>cost of living directory</u> which has details of warm spaces and lots of useful information from:

- Government Support
- Energy and Bills
- Food Resources
- Housing Support
- Debt and Gambling
- <u>Savings, Scams & Safeguarding</u>
- Volunteering
- Health and Wellbeing
- Things to do
- Feed The Family
- Your NHS
- Helpful Websites
- Warm Spaces

Search the directory to find your nearest Warm Space. https://costoflivingbradford.co.uk/warm-spaces/

# **Cold Weather Provision for Rough Sleepers**

When the temperatures are set to fall below zero – as they are this week – Bradford Council puts special provision in place to make sure no-one has to sleep outside. The Cold Weather Provision is a multiagency partnership, commissioned by Bradford Council, to provide emergency bed spaces across Bradford for people rough sleeping on freezing cold nights. When the temperature is due to fall to zero or below from 1 October until 30 April, the Council's outreach teams are out on the streets across the district, making sure rough sleepers can access the provision. Find out more

### Help shape West Yorkshire's future

The West Yorkshire Combined Authority wants to make sure that everybody has the opportunity to hear about their work and influence their plans and decisions. They are keen to learn from you about how you prefer to have your say and be kept informed about their work. They are particularly interested in capturing your feedback if you: • don't typically hear from or engage with them; • think the way they engage doesn't meet your needs;

 have ideas on how they can improve their communication and engagement; and

• are a voluntary, community, faith, social enterprise (VCFSE) organisation, group or individual who works with community groups or people who are often left out of the conversation and often experience discrimination.

The Combined Authority works with local councils to make West Yorkshire a better place to live and work. Working together, they develop and deliver policies, programmes and services which directly benefit people of West Yorkshire. Share your views before the closing date of Tuesday 31 December, visit <u>www.yourvoice.westyorksca.gov.uk/inclusivity</u> to get involved.

# Appropriate language for practitioners when talking about child exploitation and abuse

The Child Sexual Exploitation (CSE) Taskforce has <u>created guidance on</u> <u>appropriate language for multi-agency practitioners</u> to use when talking about child exploitation and abuse. The guide sets out the impact of victim blaming language; key considerations when speaking with people who have experienced exploitation and abuse; and terms that should be avoided.

Palliative Care, End of Life and Syringe driver training schedule 2025 free for care home & domicillary care teams

To find out more click here

# DASV Training Calendar 2025 HE

### Bradford 2025: Dragons - Eun-Me Ahn Dance Company

Whilst dragons are feared in the West, in Asia, they represent light, joy and optimism.

Dragons by celebrated South Korean choreographer Eun-Me Ahn is a joyful riot of dance, music and non-stop movement that brings together modern and traditional dance styles from across Asia.

Dragons sees Eun-Me Ahn connecting with Asia's next generation of talent through her kaleidoscopic production which introduces five young guest performers from Malaysia, Japan, South Korea, Indonesia and Taiwan. All born in the year 2000, they appear as holograms, sharing their hopes and fresh perspectives on how past and future can coexist.

The guest performers interact on the stage with Eun-Me-Ahn and her company of seven South Korean performers with vivid and colourful projections bringing forests and clouded skies to life, powered by an evocative soundtrack - which seamlessly blends contemporary pop with a traditional score.

Dragons is at the Alhambra theatre on the 21st and 22nd March 2025, tickets are available on the Bradford 2025 website https://bradford2025.co.uk/event/dragons/ or via our box office now!

### Shape the future of AI within NHS Communications: short survey and consultation launch

At the NHS Confederation, we are working with the AI in NHS Communications Taskforce to support the NHS communications profession to build capability in this area. To help us do this, the NHS Confederation and the Taskforce are surveying the wider communications community to understand AI's current and potential use within NHS communications. This <u>survey</u> is being launched on the back of an engagement paper <u>published by the Taskforce</u>: <u>Enhancing NHS Communication Through AI: Strategy, Ethics, Best</u> <u>Practice and Implementation.</u> Note this survey is only open to colleagues working in the NHS however you may find the briefing paper of use irrespective of which sector you work in **Bradford 2025: Richard Hawley and the Black Dyke Band** Bradford's brass legends team up with Sheffield's favourite son for a oneoff concert – exclusively live for Bradford 2025 on Saturday 12 April at St George's Hall, doors open at 7pm. Richard Hawley has played with everyone from Arctic Monkeys to Texas, Pulp to Paul Weller – and now, for one night only, he's joining forces with the mighty Black Dyke Band to play his music as you've never heard it before. Richard Hawley and the Black Dyke Band is part of The Big Brass Blowout, a weekend-long celebration of the best in brass and bickets are available on the Bradford

2025 website now.

# Bradford 2025 Social Prescribing Awards

The Bradford 2025 <u>Social Prescribing Awards are now live</u>. These awards empower artists, researchers, community groups, and organisations in Bradford District and Craven to use arts and culture to tackle health challenges. There are two tiers of award available – we anticipate making 8 awards of up to £30,000 for partnership projects delivering mediumscale activity; with up to 18 smaller awards of up to £6,000, for smaller projects. The closing date to apply is 9am on Monday 20 January 2025.

### **Blog: Still waiting**

"Lived experience is crucial because it's important to amplify voices and stories that are hidden in our communities and families. To speak where we were once silenced meant that other people who were in the audience related and felt comfortable sharing their experiences." <u>This blog has been written by performers of the Still</u> <u>Waiting show</u>, that took place in late autumn. The interactive performance is based on people's lived experience of mental health.

### Dates for your diary: 'Stay in the know' - changes to our community mental health services

As our <u>community mental health transformation programme</u> starts to pick up pace, the programme team are inviting colleagues from across the partnership to come along to sessions – 'Stay in the know': changes to our community mental health services - taking place throughout 2025 to find out more about the programme. This is a great opportunity for you to find out about the work taking place and the role of our wider system. Each session will focus on a key topic and we will share information on these topics closer to the sessions.

Dates and times for 'Stay in the know': changes to our community mental health services, no need to book please join using the MS Teams link below:

- Monday 27 January 2025, from 2 to 3pm on <u>MS Teams</u>
  Monday 24 March 2025, from 2 to 3pm on <u>MS Teams</u>
- Monday 24 March 2023, from 2.30 to 3.30pm on MS Teams
- •Monday 28 July 2025, from to 2 to 3pm on <u>MS Teams</u>
- Monday 22 September 2025, from 2 to 3pm on MS Teams
- Monday 24 November 2025, from 2 to 3pm on <u>MS Teams</u>

### Free employee health checks for local businesses

As part of a pilot a small number of GP practices may be able to provide a free health check event in workplaces within Bradford District. There will be two types of check available, a full NHS check for those eligible (sometime this includes checking bloods) OR a slightly quicker cardiovascular check. No health data will ever be shared with employers, minimum employee information required before attendance (not health information)

- Help keep employees well.
- Show employees that you value them.
  - Convenience of a check at work.
- Trusted health professionals leading the checks.

If you are a medium to large size workplace in Bradford District and 25/30 employees could attend for a health check, please email <u>enhancedaccess@bradford.nhs.uk</u> HOW WAS 2024 AND HOW 2025 CAN BE IN PALLIATIVE CARE AND EOL?

A reflective session for Registered Nurses using PICTOR technique with Dr Allison Bravington

8th January 2025

5th March 2025 Rm5 New Mill, BDCT Foundation Trust Victoria Rd,Saltaire BD18 3LD Conference Rm, Marie Curie Hospice Maudsley St. BD3 9LE

Time: 9-12pm Time: 10-2pm Please email palliativecareadmin@bdct.nhs.uk to book a place.

# Come along to one of the engagement sessions for the taskforce for diversity in NHS communications

Please do try to attend to one of two virtual workshops where we will present the findings from a recent survey conducted by the Taskforce for Diversity in NHS Communications:

• <u>10:00 - 12:00, Thursday 16 January 2025</u>

The survey, part of a broader initiative to improve diversity in the NHS, gathered insights from over 300 ethnic minority communicators and engagement specialists across the NHS, charity and commercial sectors. Some headline findings are outlined in this <u>NHS Confederation</u> press release.

# **Capacity Tracker Updates**

To find out more click these links Link 1 - Newsletter Link 2 – How to register an account Link 3 - Care Home training sessions Link 4 - Home Support training sessions

# Book your free place on a HAF club now

Our Holiday Activities and Food Christmas programme is now open for bookings for the Christmas holiday.

There is a huge range of fun activities for children to take part in during the upcoming school break.

Places are free for children who live in the Bradford district and get benefits-related free school meals and for children with special educational needs or disabilities.

Places are limited and fill up fast so, take a look at what is on offer and book now to avoid missing out. <u>Find out more</u>

# Bradford's fostering community celebrated at foster carer awards

Bradford's foster families were recognised during a special celebration for their work in providing loving homes for the district's looked after children.

Foster carers as well as colleagues from Foster for Bradford, Bradford Children & Families Trust and the Council gathered together recently at Victoria Hall in Keighley for the Foster Carer Awards. The annual awards are organised by Foster for Bradford, Bradford Children & Families Trust's fostering service.

The awards honour long-serving foster cares and carers who have made an outstanding contribution to foster care in Bradford.

If you are interested in becoming a foster carer, you can text **Bradford** to 88802, call 01274 434331 or visit www.bradfordcft.org.uk/fostering/book to make an appointment for one of our team to call you back at your convenience.

### Find out more

## FALLS TRAINING

# Falls Activity Co-ordinator training – suitable for anyone organising activities with those at risk of falls

 1 ½ hours - Bespoke work with community groups to support integrating strength and balance into activity sessions. Topics covered include, getting up off the floor, seated exercise for strength, supported standing exercises for balance, activities to increase movement, safety and environment and movement boards.

#### Falls talks to community groups

• 1 hour introduction to Falls exercise. Taster session for groups of appropriate falls prevention exercises.

### Falls exercise to community groups

• 1 hour Falls awareness talk covering self-care falls prevention advice – topics include footwear, eye care, walking aids, environment, and medications.

### Contact

Stephen Pugh 01274 251330 : 07710920152: <u>Stephen.pugh@bdct.nhs.uk</u>

### Bradford Interchange Bus Station – reopening 5 January 2025

The West Yorkshire Combined Authority are putting preparations in place to ensure a welcoming and safe reopening of Bradford Interchange Bus Station.

Bus services will restart from the upper concourse on 5 January 2025. Due to ongoing works in The Interchange, a small number of services will remain on-street.

Please check to see if where your bus service will be operating from and stay up to date with the latest information by visiting: www.wymetro.com/bradfordinterchange

# Deputy Managers Leadership Development Programme



Bradford Care Association (BCA), together with the Institute of Health & Social Care Management (IHSCM), have developed a Leadership Development Programme for Deputy Managers. The programme consists of both on-line and in person group sessions plus watching videos from the Aspiring Leaders Playlist and practical embedding of individual learning in the workplace.

The programme will be delivered by the IHSCM over a6-weekk period during January and February 2025 and participants must commit to attending every session, as well as watching videos and recording practical examples of embedding their learning in the workplace.

A maximum of 30 places are available, on a first come first served basis, and are limited to one person per CQC registered location.

Care providers are required to pay £125 per person in order to book a place however, upon production of a certificate awarded following successful completion of the programme, BCA will reimburse the full cost of the programme to the care provider.

The £125 fee will not be refunded if a booked place is not cancelled prior to the programme commencing or if the participant does not attend a session or fails to successfully complete the programme.

The criteria to book a place on the programme are as follows:

- The participant must be a member of the IHSCM (membership is free and to join <u>Click Here</u> and use the code BDCA.
- The care provider must be a BCA member (membership is free and to join <u>Click Here</u>).
- The care provider must pay the  $\pounds125$  fee prior to the programme commencing.

The first session requires both Deputy Managers & their Registered Manager to attend.

Further details about the programme are shown below and if you are interested in booking a place or require any further information, please contact admin@bradfordcareassociation.org.

| Date & Time                     | Location   | Session  | Content  |
|---------------------------------|--|--|--|
| 21st January<br>14:00 to 15:00  | MS Teams<br>Online   | Registered<br>Managers & Deputy<br>Managers Induction  | <ul> <li>Overview of programme content</li> <li>Explanation of respective roles and responsibilities</li> <li>Demonstration of learner portal to record CPD.</li> </ul>  |
| 28th January<br>14:00 to 15:00  | MS Teams<br>Online   | Module 1 – Me,<br>Myself and I   | Learn the difference between leaders and managers     Understand different leadership styles     Discuss values-based leadership and its impact     Understand psychometrics using The Zookeeper     Explore your purpose & role     Understand the impact of your own leadership style     on others - what does it feel like to be led by you     Understand how to engage your team   |
| 4th February<br>10:00 to 16:00  | Room G7+G8<br>Scorex House<br>1 Commercial St<br>Bradford<br>BD1 4AS | Module 2 - High<br>Performing Teams<br>Module 3 -<br>Leadership<br>Excellence<br>Module 4 - Change<br>Management | <ul> <li>Understand the language of high-performance leadership</li> <li>Discuss culture vs strategy</li> <li>Learn the importance of trust and how to build a trusted tearn</li> <li>Understand goal setting &amp; fulfilment</li> <li>Explore methodologies to create service improvement</li> <li>Explore tools to create accountability within teams</li> <li>Understand what you are aiming for as a leader</li> <li>Understand what you are aiming for as a leader</li> <li>Understand what makes a good leader</li> <li>Explore different team leadership dynamics</li> <li>Learn skills to assess who you have in your team</li> <li>Explore what good looks like in terms of communication which includes perspectives, building rapport, as well as barriers to communication.</li> <li>Develop &amp; practice coaching skills</li> <li>Develop &amp; practice effective feedback skills</li> <li>Understand how to manage conflict positively</li> <li>Learn the challenges around managing change</li> <li>Explore how to lead organisational change</li> <li>Explore how to lead organisational change</li> <li>Learn change management processes and techniques</li> <li>Understand how to boost innovation processes and pathways</li> <li>Learn how to plan and manage change</li> </ul> |
| 5th February<br>to<br>3rd March | Workplace  | Embed learning   | <ul> <li>Watching videos from the Aspiring Leaders Playlist</li> <li>Embed learning in the workplace</li> <li>Record evidence and practical examples on learner record</li> </ul>  |
| 4th March<br>14:00 to 15:00     | MS Teams<br>Online   | Review & Next Steps  | <ul> <li>Programme review, feedback and evaluation</li> <li>Details of additional learning and development<br/>available both locally &amp; nationally from IHSCM, Skills<br/>for Care, etc</li> </ul>   |

# NEWS AND EVENTS – Bradford District & Craven Health District Partnership

#### Online safety campaign - "Start the conversation"

Talking to young people about what they do online is just as important as asking them where they go when they go out with friends. "Start the conversation" encourages parents to have conversations with their children about their online activity. As part of this campaign partners have come together across West Yorkshire to develop information and support for parents and carers. Find out more and download the information leaflet by visiting

www.westyorkshire.police.uk/conversation.

# Call for storytellers: for our Schwartz Round in February 'understaffed and overwhelmed'

We had our first ever Bradford District and Craven Schwartz Round in November and it was a great success, we're so pleased with the feedback we've received. We now have our next Schwartz Round planned for February and again we are inviting colleagues working in health and care from across our health and care partnership - NHS, local authorities, VCSE and independent care sector as well as students who have completed a placement in health and social care to come along. For now we are looking to find storytellers who can share their experience at the next Schwartz Round.

The theme for February will be 'understaffed and overwhelmed'. <u>Read</u> more about the role of the story teller, or if you prefer you can watch this video. Please email <u>lucy.chase@bradford.nhs.uk</u> if you're interested in sharing and reflecting on your emotions and experiences at work in a safe environment. Further information about the February Schwartz Round will be shared in due course.

### Accessing Infection Control Advice over the Christmas and New Year Period

Over the Christmas and New Year period there will be a reduced service from most Bradford Council departments. To save money this year staff are required to take leave over the three working days between Christmas and New Year meaning that in most cases there will be no staff working from Christmas Eve until January 2<sup>nd</sup>.

The Infection Prevention team will be off on the Bank Holiday days (25<sup>th</sup>, 26<sup>th</sup> December and 1<sup>st</sup> January) and on these days the UKHSA will be the point of contact for advice on outbreaks via their on-call number:

#### 0300 3030234

New outbreaks can be reported to them through the web link below:

Webform Response Cell Yorkshire & Humber

On the days between Christmas and New Year the IPC team will be running a reduced on-call service from **10am to 4pm** as follows:

| Friday 27 <sup>th</sup> December  | Michael Horsley | 07582 102117 |
|-----------------------------------|-----------------|--------------|
| Monday 30 <sup>th</sup> December  | Darren Fletcher | 07582 102163 |
| Tuesday 31 <sup>st</sup> December | Jas Sandhu      | 07970 833276 |

Links to the current respiratory infection guidance are below:

<u>Management of acute respiratory infection outbreaks in care homes guidance</u> <u>- GOV.UK</u>

Infection prevention and control in adult social care: acute respiratory infection - GOV.UK

Care homes are advised to make sure they have a stock of Covid 19 swabs before the Christmas period as you may not be able to access them easily over Christmas.

<u>UKHSA recommends simple steps to avoid winter bugs this festive season -</u> <u>GOV.UK</u>

#### Support Sessions for the Bradford 2025 PGM Social Prescribing Awards

The VCS Alliance has partnered with Bradford 2025 UK City of Culture to develop and deliver a Participatory Grant Making Award programme for Bradford District and Craven.

Make sure you come to one of the Support for Applicants sessions taking place on the 13<sup>th</sup> and 17<sup>th</sup> of January - these are for people who want to get more information and support. The sessions will have a Q and A about all things PGM, the awards day and what is expected of applicants, as well as information on developing a showcase stall for the award day.

The submission deadline is 9am Monday 20 January 2025!

#### For full information visit:

www.thevcsalliance.org.uk/bradford-2025-uk-city-of-culture-awards/

#### Living Well New Year's Resolution campaign and events!

We're launching a new health and wellbeing campaign for people in Bradford district and would be grateful if you could help to promote it through your channels.

We are asking people in Bradford district to make a New Year's Resolution – putting themselves first, with a goal to improve their health and wellbeing!

- Tuesday 7 Jan Airedale Shopping Centre, Keighley, 10:00-14:00
- Thursday 9 Jan Broadway Centre, Bradford, 10:00-14:00

We have created a toolkit of resources that you can download from our website, just click the pink button below.

If you have any problems downloading the toolkit, please send your contact email to: <u>sacha.reynolds@bradford.gov.uk</u> to request it to be sent via WeTransfer instead.

We will be holding two events in January where people can come along and have a chat with our team to help them make (and stick to!) a New Year's Resolution.