

The Principals of Palliative and End of Life Care

Information for Candidates

Who is the programme for?

Registered Health and Social Care staff who are band 4 and above (or equivalent), who want to enhance their knowledge and skills in palliative and end of life care.

Do you support or care for people with a terminal illness, long-term condition or old age and frailty? This programme will help you to gain an understanding of palliative and end of life care, develop your skills and apply them to your practice. The programme is taught by experts and clinicians working in palliative and end of life care and you will be supported in practice by a work-based mentor. Learning will be a mix of online and classroom based teaching with interactive activities and simulated scenarios.

What are the programme dates?

Spring 2023: February 2023 – May 2023

Autumn 2023: September 2023 – December 2023

What support will I receive?

To enrol on the programme you must have a workplace mentor in a senior role. Mentors will be invited to attend the introduction session.

Mentors will support you to complete your workbook by evidencing how you implement your knowledge and skills into practice.

Delivery Methods:

- Presentations and interactive lessons (classroom and online);
- Simulation;
- Peer networking (online forum);
- Tutorials;
- Workbook: based on End of Life Care Learning Outcomes and reflection;
- 1:1 supervision and mentor support.

How long is the programme?

The programme is 12 weeks in length. All sessions are available to all candidates. Healthcare professionals are required to attend all (H) sessions and social care professionals required to attend all (S) sessions. Health care and social care professionals are required to attend all (H/S) sessions. **Please see timetable on the next page.**

Academic supervisions will be arranged from week 2 to week 10.

A workplace mentor will support individual practice development.

What is my commitment?

Candidates will require a laptop/iPad with camera and mic and internet connection for online sessions.

Candidates will be required to attend all sessions they are allocated to (H = healthcare professional, S = social care professional), complete a workbook and pass an oral poster presentation assessment.

Candidates must attend all full day classroom sessions and be absent for no more than two of the online topic sessions. If they are absent for a topic session they must arrange to meet with their academic supervisor to discuss the session.

Where does the programme run?

The programme is run by **St Gemma's Hospice in Leeds.**

How do I apply?

Download the [application form](#).

Ensure this is signed off by your line manager and returned to AUPCCourses@st-gemma.co.uk

On completion of the programme, candidates are awarded a certificate of completion of the programme (equivalent to a Level 4/5 Award for Health and Social Care).

For further information, please contact Emma Farrer on Emma.Farrer@st-gemma.co.uk

Key dates for Spring 2023 course:

Weeks	Date	Time	Virtual/Classroom	Name of session
1	Monday 27 th February 2023	12pm – 3.30pm	Virtual	Introduction to the programme; Palliative and end of life care strategies and guidance (H/S)
2	Friday 3 rd March 2023	9am – 4pm	Classroom – at SGH	Communication skills (H/S)
3	Thursday 9 March 2023	9am – 4pm	Classroom – at SGH	Holistic assessment and multidisciplinary approach to symptom management (H/S)
4	Wednesday 15 th March 2023	9am – 1pm	Virtual	Spirituality (S)
5 – 8	Monday 20 March 2023	9am – 12pm	Virtual	Symptoms – Pain (H)
	Tuesday 21 March 2023	9am – 1pm	Virtual	Equity and diversity (S)
	Friday 24 March 2023	9am – 11.30am	Virtual	Symptoms – Breathlessness and Fatigue (H)
	Monday 27 March 2023	12pm – 2.30pm	Virtual	Symptoms – Anxiety and Depression (H)
	Thursday 30 March 2023	9am – 1pm	Virtual	Ethical Issues (S)
	Friday 31 March 2023	12pm – 3pm	Virtual	Symptoms – Delirium and Terminal Agitation (H)
	Monday 3 April 2023	9am – 1pm	Virtual	Models of loss, grief and bereavement (S)
	Tuesday 4 April 2023	12pm – 2.30pm	Virtual	Symptoms – Nausea and Vomiting; constipation (H)
	Thursday 13 April 2023	9am – 11.30am	Virtual	Symptoms – Palliative Care Emergencies (H)
	Friday 14 April 2023	9am – 1pm	Virtual	Advance care planning and end of life decision making (H/S)
9	Monday 24 th April 2023	9am – 12.30pm	Virtual	Practice development and preparation for assessment (H/S)
10	Friday 28 April 2023	9am – 4pm	Classroom – at SGH	Long term conditions, frailty and dementia -half day classroom (AM) Supporting people in loss, grief, bereavement half day classroom (PM) (H/S)
11	Friday 5 May 2023	9am – 4pm	Classroom – at SGH	Care in the last days of life; self- care and resilience (H/S)
12	Friday 12 May 2023	9am – 1pm	Classroom – at SGH	Oral assessment- poster presentation, evaluation. (H/S)

H- Healthcare Professionals	S- Social Care Professionals
H/S- Health and Social Care	

NB. All candidates can access all sessions including ones that are not a designated requirement.