

To submit any material for the bulletin, the deadline is 5pm the day before the next edition is due. Please ensure any information you consult is from a reliable source, including the NHS, or Public Health England.

Thursday 31st October 2024



### KEY DATES FOR YOUR DIARY

Upcoming events can also be viewed in the **EVENTS CALENDAR** in the Provider Zone!

- West Yorkshire Influenza Outbreak Info Session November 5<sup>th</sup>
  - BCA Spotlight on Fire Safety and Regulation November 5<sup>th</sup>
- Go4Growth Find Businesses to Partner With & Develop Collaborative Working November 7<sup>th</sup>
  - BCA Annual Conference November 12<sup>th</sup>
  - Supporting Male Victims of Domestic Abuse November 13<sup>th</sup>
  - International Men's Day 2024 Domestic Abuse Module November 19<sup>th</sup>
    - Safeguarding Conference November 21st
    - Care Home Provider Forum December 4<sup>th</sup>
    - Sexual Violence and Abuse Module December 4<sup>th</sup>
    - Men Only Active Bystander Session December 10<sup>th</sup>

If you are aware of any upcoming events and would like to advertise on the Event Calendar, please visit **HERE** and post an entry.

### **EQUALITIES QUESTIONNAIRE**

Thank you to everyone who has supported the <u>equalities questionnaire</u> so far. To date, we've had over 3,000 responses!

The deadline for completing the questionnaire is now **Sunday 10<sup>th</sup> November**.

Lots of resources, including information in accessible formats, are available on the Provider Zone: <a href="https://bradford.connecttosupport.org/provider-zone/equalities-data-people-commissioning-service/">https://bradford.connecttosupport.org/provider-zone/equalities-data-people-commissioning-service/</a>

If you have any questions, or need reminding of your unique service ID, please email <u>ASCConsult@bradford.gov.uk</u>

### CARE HOME PROVIDER FORUM

4th December 9 – 11am on Teams \*\*\*Save the date\*\*\*

The Commissioning & Contract Team and the ICB will be hosting a Care Home Provider Forum for care home providers in the Bradford District, hosted by Assistant Director, Jane Wood.

A Teams invite will be sent to care home key contacts over the next couple of weeks and please save the date.

# GROUP CLINICS AS A WAY TO EMBED PERSONALISED CARE FOR PEOPLE WITH LONG TERM CONDITIONS

Free masterclass 7<sup>th</sup> November to set up group clinics. For more information including how to sign up go here: <u>Your chance to get going</u> with group clinics - NHS Networks

### **SOCIETY OF TISSUE VIABILITY CONFERENCE 2025**

Save the Date: 30 April – 01 May 2025
SoTV Annual Conference – Solving skin and wound challenges together
Read more, including how to attend, <a href="here">here</a>.

# FREE FLU VACCINATION OFFER VCSE PARTNERS IN BRADFORD DISTRICT

To help reduce the spread of the flu virus, Bradford Council is offering free flu vaccinations to anyone working within the Voluntary and Community Sector (VCS) who works in Bradford District and is not eligible for a vaccination under the NHS scheme. Flu can affect anyone and, in some cases, can lead to severe illness. Having a flu vaccine helps protect against flu and prevents you from passing the virus on to others who may be more vulnerable than yourself.

To request your flu vouchers email <a href="https://example.com/html/>
HPTBradford@bradford.gov.uk">heterore.com/heterore.

- •The organisation you are from
- Your organisation structure i.e., registered charity
  - •How many vouchers you will need

You will then receive a list of participating pharmacies with your voucher. Once you have your voucher, you will need to present the code and show your VCS ID badge to the pharmacy staff to be vaccinated. If you have any questions about this scheme, please direct them to the Health Protection Team.

### NEW RIGHT TO WORK GUIDANCE FROM THE HOME OFFICE

A sponsored migrant is only able to legally complete additional hours in a skill shortage occupation role (e.g. care work), and these hours are in addition to and cannot contravene their core status and core sponsored work.

The employer that is engaging them on additional hours, is doing so within the restrictions of the sponsored rights to work - in others words **the** additional hours of employment entirely relies on the sponsored status.

In the event that the sponsorship licence is revoked and sponsorship comes to an end (at 60 days after the worker receives the UKVI letter informing them that their sponsor employer has had their license revoked) the worker no longer has the legal ability to work the additional hours, as this is linked to their core right to work under sponsorship. Therefore, the employer of the additional hours worker would not have any legal right to continue employing the worker on the additional hours.

The employer of the additional hours worker would need to complete new right to work checks and employ the worker on a new sponsorship visa (with full-time hours), or if this is not possible (as the employer has not got Home Office Approved Sponsorship) the employer must cease to employ them.

The home office is in effect closing this loophole of employment.

### **BRADFORD 2025 YOUTH PASS**

The Bradford 2025 Youth Pass is your passport to culture in 2025. It's our scheme to make Bradford 2025 UK City of Culture as accessible as possible to young people across the district.

The pass includes an array of amazing opportunities, including:

- Discounted tickets for Bradford 2025 events as low as £5
  - Priority booking 24 or 48 hours (depending on event)
- Exclusive events and invitations masterclasses, workshops, talks, tours and other special events

The Bradford 2025 Youth Pass is available to everyone aged 16-25 in Bradford District. If that's you, sign up today – and we'll look forward to seeing you at Bradford 2025 next year...Check your eligibility and sign up here: https://bradford2025.co.uk/membership/youth-pass/

# THE ANNUAL ASSESSMENT OF HEALTH CARE AND SOCIAL CARE IN ENGLAND

State of Care looks at the trends, shares examples of good and outstanding care and highlights where care needs to improve.

Read this year's State of Care online

### MAKING EVERY CONTACT COUNT (MECC)

This **FREE** two hour module is suitable for anyone who lives or works in Bradford and wants to develop Public Health knowledge. It is designed to support learners to understand the factors that impact on people's health and wellbeing and how good conversations can support and signpost to better health.

This course is for anyone who has contact with people and wants to make the most of brief discussions in day to day interactions to support them to make positive changes to their physical and mental health and wellbeing. It can help encourage people to stay well, to take steps to address the challenges they face, access support they need, and generally cope better in these challenging times. This approach can help to reduce health inequalities.

Microsoft Teams: 10am – 12 noon **Tuesday 12.11.24 (course code: MECC008)** 

Microsoft Teams: 10am – 12 noon
Thursday 30.1.25 (course code: MECC009)

### **Booking:**

If this course is suitable for you and you would like to book a place, please email the course code along with your contact details including full name, contact telephone number and email address, to: Learning@MyLivingWell.co.uk. Alternatively, you can book directly through our website //www.mylivingwell.co.uk/academy





# SPOTLIGHT ON... FIRE SAFETY & REGULATIONS!



**Tuesday 5th November** 10:30am - 12pm

Online - MS Teams

### Agenda:

- Provider Update (approx 10:30 11am)
- Introduction to fire safety and regulations
- Assessment
- Planning
- Drill Training
- · Managing and Reviewing
- Common pitfalls
- 0&A

Email BCA for a calendar invite admin@bradfordcareassociation.org



#### **FREE Staff Rewards**

Solutions for Care's **Free** <u>Staff Rewards</u> App gives your staff instant discounts to leading brands all year round, allowing them to save online and in-store on their everyday shopping with up to 150 retailers.

#### Brands include

AMAZON, PRIMARK, PIZZA HUT, ASDA, COSTA COFFEE, TESCO, RIVER ISLAND, ARGOS....and many more.

### 9 reasons to offer the <u>Solutions for Care Rewards App</u> to your staff?

- 59% of staff are more likely to stay with an employee benefit scheme in place
- 72% of staff said they would work harder if there was a staff rewards scheme
- 46% of people consider the benefits package prior to accepting the job!
- It's FREE and with zero tax implications to you business.
- Your staff will receive discounts of up to 18%
- Savings in under 4 seconds.
- Those staff with the App make average savings of £500+ per year
- Instant Discount! No waiting for cashback
- It's CHRIIIISTMASSSSS !!!





# Inspire & Enable Disability Festival 2-6 December 2024!

Connected on ability – inspire and enable festival, is for anyone working in health and care across the NHS, local authorities, VCSE and the independent care sector. The programme has been co-designed by colleagues with lived experience of disabilities and wider staff network members. It aims to help people understand more about disabilities (including hidden disabilities), how we can all work together to make our workplaces more inclusive and it provides safe space for you to ask any questions so that you can help colleagues or people you look after. This is now our third year of running the festival, we'd like to thank all those helping us design the festival, those who have attended our previous events and those that have contributed to developing and leading this year's session.

Our festival programme is as follows - all sessions will be held on Microsoft Teams.

MONDAY 02.12.24	TUESDAY 03.12.24	WEDNESDAY 04.12.24	THURSDAY 05.12.24	FRIDAY 06.12.24
Helping people with autism find employment 10.30 – 11.30	Neurodiverse Friendly: Small changes to create inclusive workplace 10.30 – 11.30	I declared my disability: this is why 10.30 – 11.30	Introduction to neurodiversity competency training 10.30 – 11.30	Top tips on making information accessible 10.30 – 11.30
		Workplace guidelines: creating an environment where everyone belongs 14:00 - 15:00		



### THE TISSUE VIABILITY TEAM ARE SUPPORTING RESIDENTIAL CARE HOMES WITH 1<sup>ST</sup> DRESSINGS FOR SKIN TEARS

- 1st Dressing training supports in upskilling carers to deliver First Aid to care
  home residents who present with a new skin tear; help your residents get
  the right care at the right time.
- The training covers skin integrity, anatomy and physiology, best practice guidance for skin tear management and the 1<sup>st</sup> dressings pathway, tips around skin tear prevention and best care for looking after vulnerable skin.
- The skin tear pathway/supporting documentation will be supplied at the home manager's request (on completion of training).
  - Best practice under ISTAP guidance.
  - Dressing provision and replenishment is supplied by your District Nursing Team, with use monitored for audit purposes.

If there is no attendance in the first 10 minutes the session will be closed.

### Please see table below for training dates and access links for each session.

DATE	TIME	Training Link (Ctrl & click)	Trainer
26 <sup>th</sup> April 2024	14:00 – 15:00	Join the meeting now	Alex
31st May 2024	14:00 – 15:00	Join the meeting now	Janette
28 <sup>th</sup> June 2024	14:00 – 15:00	Join the meeting now	Janette
26 <sup>th</sup> July 2024	14:00 – 15:00	Join the meeting now	Alex
30 <sup>th</sup> August 2024	14:00 – 15:00	Join the meeting now	Janette
27 <sup>th</sup> September 2024	14:00 – 15:00	Join the meeting now	Alex
25 <sup>th</sup> October 2024	14:00 – 15:00	Join the meeting now	Alex
29 <sup>th</sup> November 2024	14:00 – 15:00	Join the meeting now	Janette
27 <sup>th</sup> December 2024	14:00 – 15:00	Join the meeting now	Alex



Caring for a loved one who is ill, disabled or older can be valuable and rewarding, but without the right support caring can have an impact on your life.

We've teamed up with Carers UK to give you access to essential resources to help make caring easier. Register for FREE resources and get the help you need today.

Our digital products and online resources are available to carers and include:

### E-Learning

A suite of courses for carers



### Jointly

Care co-ordination



### Free publications

Carers UK guides



#### More resources

Links to community support



Visit **carersdigital.org** and use code **WESTYORKS** to create a free account and access digital resources.



# Pressure Ulcer Prevention Training

Face to face training offered to all care providers in the Bradford, Airedale, Wharfedale & Craven district.

Would your care home staff benefit from pressure ulcer training?

Do you have new starters joining your team?

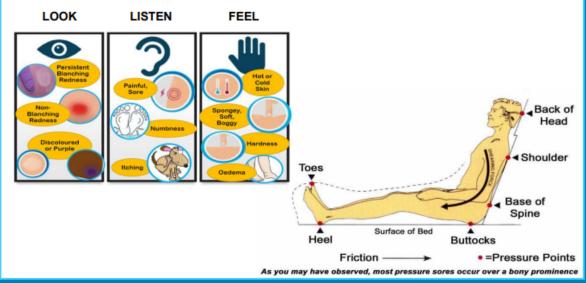
If yes to any of these questions, then please do not hesitate to get in touch via the email below.

#### The training covers:

- · What a pressure ulcer is and how it develops
  - Risks and causes
  - · Categorising pressure ulcers
  - · Prevention and management strategies
    - · Correct use of equipment
    - Documentation and responsibility

All training offered/delivered to care homes and agencies is shared with the CBMDC Commissioning Team

For more information please contact: <a href="mailto:pressureulcerteam@bdct.nhs.uk">pressureulcerteam@bdct.nhs.uk</a>



### DSPT Resilience Health Checks and Implementation Support for Adult Social Care



Better Security, Better Care service is offering to adult social care providers through the DSPT (Digital Security Protection Toolkit) Health Check with Implementation Support across the North East and Yorkshire. This includes the assessment of both desktop and on-site arrangements which are summarised in a recommendations report.

**The Health Check and Implementation Support** will check that your data protection and cyber security processes and systems are safe, robust, and in line with good practice.

Participation is entirely <u>voluntary</u> but the benefits to any participating organisation will be:

- An action plan and recommendations
- Additional support
- Signposting to additional resources

To receive further information on our research aims, how we will process your data and a request for your consent to participate.

Please provide some contact details for us to discuss availability and request a consent form to <a href="mailto:england.dsptney@nhs.net">england.dsptney@nhs.net</a>

(Making reference to the "The Health Check and Implementation Support" Opportunity)
Please note: Better Security, Better Care programme will end in April 2025!

### Bradford District and Craven Schwartz Round



## The Power of Storytelling -Small Acts of Kindness



### Tuesday 12 November 2024 – 12:15pm to 1:30pm

This is an opportunity for colleagues working and volunteering in Primary, Secondary Care,
Adult Social Care and VCSE within Bradford District and Craven, to take time out to reflect on
their experiences of 'Small Acts of Kindness' and what that means to each of us at work.
Schwartz Rounds provide a confidential space where staff and volunteers, can come together
to reflect on the emotional impact of working in health and care. Evidence shows that people
who attend Rounds may feel less stressed and isolated, with increased insight and
appreciation for each other's roles.

Attending a Schwartz Round is also attributed as part of your CPD. If you are interested in obtaining one of these certificates, please email <a href="mailto:sima.mansoor@nhs.net">sima.mansoor@nhs.net</a> Following attendance to the event, a certificate will be emailed after the Round ends.

Click here to sign up. Delivered virtually via MS Teams



Bradford District and Craven Health and Care Partnership



NHS West Yorkshire





Rounds on the Staff Mental Health and Wellbeing Hub website



As the nights start to draw in and the leaves turn beautiful shades of orange, what better way to warm your residents than with a cheery cup of STEW fortified hot chocolate!

The STEW Malnutrition Care Plan Standard: fortified drinks\* are provided twice daily to all residents with MUST Score 1 or more. They can also be thickened for residents with dysphagia.





150ml whole milk

2 tablespoons skimmed milk powder

2 tablespoons drinking chocolate powder

2 tablespoons double cream

\*You can fortify a range of drinks with 2 tablespoons of milk powder, such as milkshakes, smoothies, coffee and malt drinks. If you would like to receive further information about STEW please email: anhsft.bdcnst@nhs.net



NEWSLETTER

Special Halloween edition 005 | Oct 2024



Add all ingredients to a jug

Whisk together (or throw in a shaker and shake!)

Heat before serving



Heat



Nutritional information

Nutritional information

per serving:

per serving:

496kcals and 18g protein

Top tips: top with whipped cream

or serve with a chocolate flake

and marshmallows

and marshmallows

Serve!

STEW – Support and Train to Eat Well is a dietitian led NHS service, provided by the BDC Nutrition Support Team. It offers support to care homes within Bradford District and Craven to help support residents at risk of malnutrition.