

NHS
Health Education England



Supporting People with Long-Term Conditions - for Social Care Workforce



This podcast and webinar are primarily aimed at registered nurses in nursing homes as well as managers and other senior staff in care homes, community settings and domiciliary care. It aims to develop understanding of the key issues that service users who have had a long-term ITU stay due to COVID-19 may experience.

Training package

The training package consists of a podcast and a one hour question and answer webinar. You must watch the podcast prior to taking part in the webinar. Please see dates and times overleaf.

Content:

- Identifying the risks, the long-term and short-term effects on service users who have required a long-term ICU stay; including impact on their family and carers.
- Psychological issues such as anxiety, depression, loss of confidence and PTSD related to ICU admissions. Mental and physical deterioration / impairments including post viral fatigue, exercise tolerance, lung function, other organs/systems, weight loss, functional disability and rehabilitation.
- Long COVID: the emerging evidence to describe the illness in people who have either recovered from COVID-19 but are still report lasting effects of the infection or have had the usual symptoms for far longer than would be expected.
- Impacts on previous long-term conditions.
- Sign posting to support within the community and referral pathways.

1 hour question and answer webinar

The webinar supplements the Podcast. It is designed to give participants the opportunity to ask the presenter questions.

Speaker: Abbey Kittrick – Registered Nurse, Registered Nurse Teacher, BSc Hons Critical Care, PgCert Health Professional Education, FHEA

After qualifying as a registered nurse in 2006 Abbey worked briefly in residence based elderly care before moving into critical care in 2007. She was promoted to Sister in critical care in 2014, a position she continued to work in until 2019. In 2018 Abbey started working with the University of Huddersfield alongside her clinical post as a Lecturer Practitioner in Critical Care. Since 2019 she has been employed as full-time Lecturer leading the delivery of postgraduate critical care education.

Speaker: Virginia Mitton –Senior Lecturer in Long Term Conditions, MA (distinction) in Learning & Teaching in Higher Education, Registered Nurse Teacher, Fellow of Higher Education Academy, BSc (Hons) Community Health (District Nursing), Registered Nurse, Nurse Prescriber

Virginia began her nursing career in community nursing working as a Specialist Practice District Nurse and nurse prescriber. Virginia is an experienced NMC Teacher who teaches across pre-registration nursing and postgraduate health and social care courses. Throughout her academic career, she has taught across non-medical prescribing, long-term conditions, older people, medication management, illness and disability, as well as health and social care. Virginia also leads the delivery of non-medical prescribing and PgCert in Long-Term Conditions at the University of Huddersfield.



How to book

You only need to attend one webinar, dates and times below.

To book your place please follow the link <http://hud.ac/hmu> and enter password: **marjoram**

Once registered you will have access to a podcast which you must watch prior to the webinar.

Webinar dates and times	
07/10/20	1.30pm
14/10/20	1.30pm
21/10/20	1.30pm
28/10/20	1.30pm
06/11/20	1.30pm

Fees

This course has a limited number of places funded for West Yorkshire Social Care organisations by Health Education England North East and Yorkshire. Applications are welcomed as soon as possible. The closing date is 30th September 2020.