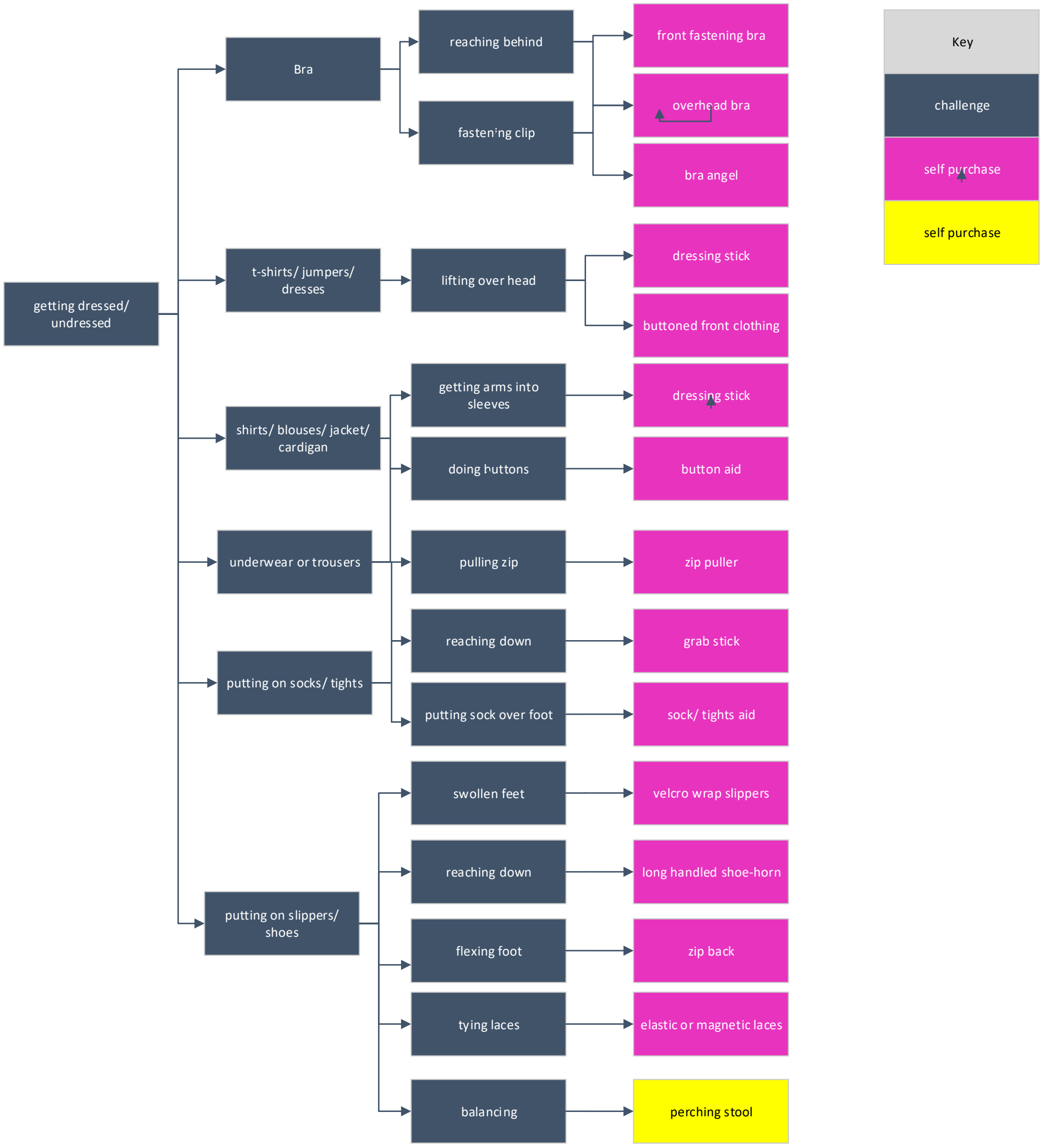
getting dressed/ undressed
Bra
reaching behind
fastening clip
front fastening bra
overhead bra
bra angel
t-shirts/ jumpers/ dresses
lifting over head
dressing stick
buttoned front clothing
shirts/ blouses/ jacket/ cardigan
getting arms into sleeves
dressing stick
doing buttons
button aid
underwear or trousers
pulling zip
zip puller
reaching down
grab stick
putting on socks/ tights
putting sock over foot
sock/ tights aid
putting on slippers/ shoes
swollen feet
velcro wrap slippers
reaching down
long handled shoe-horn
flexing foot
zip back
tying laces
elastic or magnetic laces
balancing
perching stool
Key
challenge
self purchase
self purchase