



To submit any material for the bulletin, the deadline is 5pm the day before the next edition is due. Please ensure any information you consult is from a reliable source, including the NHS, or Public Health England.

Thursday 7th August 2024

KEY DATES FOR YOUR DIARY

Upcoming events can also be viewed in the **EVENTS CALENDAR** in the Provider Zone!

- Health Literacy Awareness Session – Monday 12th August
- IMPAQT For Care Online Demo – Tuesday 13th August
 - EHAP Forum – Wednesday 28th August

If you are aware of any upcoming events and would like to advertise on the Event Calendar, please visit [HERE](#) and post an entry.

UNREST ACROSS THE UK -

ADVICE ON KEEPING COLLEAGUES AND THE PEOPLE YOU SUPPORT SAFE

Avoid Protest or Riot Areas:

Do not enter protest areas, even if that means rearranging activities. Your safety is the priority over any planned activities.

2. Travel Assistance:

If travel plans cannot be rearranged and are disrupted by protests, use alternative modes of transport, such as taxis, to minimise your exposure to the protests.

3. Stay Safe:

Do not let unidentified visitors on site. **If you or any of the people you support are targeted in or outside our service, contact the police immediately and reach out to your manager, and Health and Safety Team as soon as possible.**

4. Stay up to Date:

Repeat protests are planned over the coming weeks. Although sporadic they still pose a threat to your security. If you are in any doubt about your safety, or the safety of the people we support contact your manager

We stand united against all racism and Islamophobia



Over the last week, we have seen racial and Islamophobic violence, aggression and intimidation that cannot be justified.

Our city and wider district has a rich history of welcoming people from across the world to make Bradford District and Craven their home. We have stood strong in the face of people who want to cause division among communities. We are now calling for that show of strength so that we can continue to show that we will welcome anyone who wants to be part of a vibrant, diverse and compassionate place.

We must continue to stand firm against racism in all its forms, we must continue to call out behaviour that goes against our common human values and we must continue to look out for each other. And we must continue to go about our daily lives, while making sure we take any necessary steps to keep ourselves and others safe.

THE SAFER BRADFORD WEBSITE

The Safer Bradford website can be accessed via <https://www.saferbradford.co.uk/>. This website has mechanisms in place for providers to report concerns relating to community safety. Providers can do this by visiting the [Community Safety Homepage](#), or by selecting [Report a Concern](#) at the top of the page.

The Safer Bradford website connects providers with the Safeguarding Adults Team and West Yorkshire Police as part of a multiorganisational approach. A notification logged via the Safer Bradford website could result in increased police patrols, community support, a police investigation etc.

It is important that providers submit as much detail as possible when reporting a concern.

Please note: If members of provider organisations are victim to of the crime in the community we would still encourage them to contact West Yorkshire Police directly to report a crime.

The Safer Bradford website is also host to an archive of guidance that may be useful to share with staff.

GP COLLECTIVE ACTION

Situation

The BMA has balloted its GP contractor/partner members in England through a non-statutory ballot that concluded on 29 July. GP partners/contractors [have voted in favour of collective action](#). Seven in ten eligible members voted, with 98.3% of members voting yes, indicating that they are willing to take action. This plan reflects local mitigations and arrangements, encouraging a considered use of health services to help alleviate the impact of any action.

Key messages

- GPs who are members of the British Medical Association will be taking collective action from 1 August 2024.
- The NHS is asking the public to come forward as usual for care during collective action.
- GP practices are still open and you will be able to book appointments. Practices will contact patients if there are any changes to services or appointments.
- If you have an appointment with your GP practice, you should attend as usual, unless you are told otherwise.
- The ICB is working through situations and potential risk, impacts and implications of GP collective action. The action will be different to previous industrial action by junior doctors, as the level of activity can vary by place, practice and timeline when GPs may wish to act.
- The action may include capping daily appointments; stopping rationing referrals, investigations and admission; stopping using e-referral advice and guidance; and serving notice on any voluntary services.
- The action could cause significant disruption to GP services and wider NHS services across West Yorkshire.
- Some appointments and planned treatment may need to be rearranged. Healthcare teams will contact people as soon as possible if your appointment needs to be changed. If you do not hear from your healthcare team your appointment will be going ahead as planned.
- Patient safety is our priority. During the collective action, the NHS will prioritise resources to protect emergency treatment and care for those in most urgent need.

- The NHS is asking patients to choose services wisely during the action and take simple steps to help ensure care is available to patients who need it most. This includes using 111 online as the first port of call for health needs and continuing to only use 999 if it is a life-threatening emergency.
- Regardless of any action taking place, it is really important that patients who need urgent medical care continue to come forward, especially in emergency and life-threatening cases - when someone is seriously ill or injured, or their life is at risk.
- If you need medical help or advice, or you are unsure about whether you should go to hospital, go to NHS 111 online unless it is a life-threatening emergency when you should still call 999.
- People should only call 999 if it is a medical or mental health emergency [when someone is seriously ill or injured and their life is at risk].
- For more information on [when to call 999](#) and [when to go to A&E](#), you can visit the [NHS website](#).

VOLUNTEERING IN ADULT SOCIAL CARE (VASC) PROJECT

- *Are you a manager or care worker from a domiciliary homecare provider who is interested in discussing the role volunteers could play in your service?*
OR
- *Do you work in an adult social care service (care home, day centre or local authority) that already involves volunteers in supporting your service users?*

Researchers from King's College London are looking to speak to both of the above groups on the topic of volunteering in adult social care.

Homecare managers and care workers:

We are looking to speak to domiciliary homecare managers and care workers to take part in an online 'Roundtable' event on the topic of volunteering in adult social care – with a specific focus on homecare. We are holding online Roundtables on various dates across July and August to talk to people working in homecare about the potential role volunteering might have in this sector, and what some of the challenges might be. We will send out the questions in advance to give some time to think about this topic beforehand.

We are looking to involve one manager and up to two care workers from each provider. The Roundtables are intended to be small groups of 3-5 people to give space for a good discussion. We are hoping to hold separate groups for homecare managers and care workers. Each participant will be asked to attend one online meeting for up to 60 minutes, and we will provide a £20 shopping voucher and a Certificate of Participation in Research.

The scheduled dates for the upcoming Roundtables are:

14th Aug

20th Aug

21st Aug

All planned for 3-4pm.

Adult social care services with volunteer involvement:

We want to interview managers, staff members (could include volunteer coordinators), volunteers, and service users from adult social care services who are already involving volunteers. Interviews can be done via video or phone call, or we can arrange to do them in-person depending on your preference. Each interview will take up to 45 minutes. The interviews will take a closer look at how your service involves volunteers, including what works well and what could be better. Care worker participants will receive a £20 shopping voucher, and all participants (including managers) will receive a Certificate of Participation in Research. Managers will be entered into a £100 voucher prize draw.

We will work flexibly to be able to accommodate a date and time that suits you best for the interview. We will ask you to read our participant information sheet and give written consent before taking part.

Please email monica.leverton@kcl.ac.uk to express interest in taking part, or for any further questions.

IPC UPDATE

Please use this [LINK](#) to read the latest IPC update which includes information on where to obtain free Covid-19 swab kits.

EHAP FORUM FOR EHAP PROVIDERS AND VCS COLLEAGUES

Our next EHAP Forum has been arranged for the 28th August 2024, from 13:00 to 16:00, at City Hall.

Due to our agenda, **this will be an in-person only meeting**, we will have up to hundred (100) spaces available but will require people to book.

To book a space, please complete the form here:

<https://forms.office.com/e/T8Ed2XWmBL>

The agenda for this forum is as follows:

- Contract Team Update
- Commissioning Team Update
- Local Community Support Grants 2025
- Tender and Grant Bidding Support

BRADFORD TRAVEL SURVEY

CNet, along with researchers from the Universities of Bristol, Leeds, and Oxford Brookes, are contacting you with an exciting opportunity to take part in research specific to Bradford.

We would like to invite you to complete a survey which will contribute to a study to help us to understand how different travel options may affect physical activity levels and quality of life. As a thank you from the research team, every person who completes the online survey will have the opportunity to win a £100 voucher. The survey takes 10-15 minutes to complete.

If you and/or your colleagues, family members and friends would like to take part, the live survey link is: <https://tinyurl.com/HelmetBradford>.

This project has been approved by the SPS Research ethics committee at the University of Bristol SPSREC/2223/362. Participants should be at least 16 years of age. If you have any questions, please contact either me, on wendy@cnet.org.uk, or Rayne Roberts at the University of Bristol, on nihr-helmet-study@bristol.ac.uk.

Are you concerned about CQC's new single assessment framework?

Would you like to feel more confident in managing a CQC inspection?

IMPAQT FOR CARE is a digital solution for Care Homes... designed by a Registered Manager of an Outstanding Care Home and piloted in Bradford.

IMPAQT FOR CARE is a comprehensive, day to day management tool that supports service safety and quality, drives robust governance, ensures effective collation of evidence and compliance with CQC's Quality Statements, and allows you to action plan and demonstrate continuous improvement. **Want to know more??**

**DON'T
MISS OUT!**

JOIN THE ONLINE DEMO



Tuesday, 13th August



via MS Teams:

Meeting ID: 317 448 984 294

Passcode: nvFca6



11:30 -12pm

[Click here to join meeting directly](#)



Or contact Rachael Ross on:
M: 07813 321570
E: rachael@careimpact.org

For more information or to book
a one-to-one demo, please visit
www.impactcare.com



BRADFORD ENCOURAGING EXERCISE IN PEOPLE (BEEP)

BEEP is a completely free physical activity referral service that encourages people who are currently inactive to become more active, with a full 52-week support programme.

Regular physical activity can reduce the risk of heart disease and stroke and can help to control or reduce the chance of people developing high blood pressure. It can help to control or reduce diabetes and also improves mobility.

It's also a great way for people living with long term health conditions to increase their physical activity levels and improve their physical health and mental wellbeing.

[Watch a short film about BEEP](#)

Being physically active can also help to reduce pain and it decreases anxiety, stress and depression, improves self-esteem, confidence and independence. It can also help people to meet new friends!

To join the BEEP programme you need to:

- Live in Bradford district
 - Be 16 years or older
 - Be currently inactive
- Have a long term medical or mental health condition and/or a BMI above 25

People can ask at their local GP practice for a referral to the BEEP service. A GP, nurse or any other health care professional can complete a referral form for the service.

BEEP offers a range of free and discounted exercise options. This could be joining a gym with a tailored programme created, or find a walking group nearby, home exercise or something completely different. The BEEP team of trained advisors can help find activities and sessions that suit everyone, to help people become more active safely.

[Bradford Encouraging Exercise in People \(BEEP\)](#)



Connect to Support Bradford District

Connect to Support provides information on Adult Social Care within the Bradford District through the Guide to Adult Social Care.

The website also has information on local groups and activities (Community Directory) and care providers (Social Care Directory).



Use your smartphone to scan the QR code below and be sent to the homepage for Connect to Support.



SCAN ME