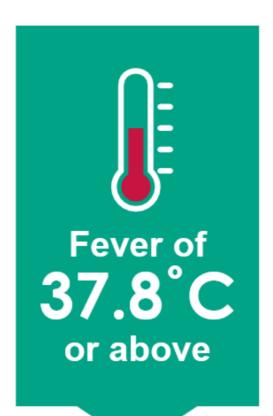
Outbreaks of influenza (flu) in care homes

Do 2 or more residents or staff have any of the following symptoms within 2 days (48 hours) of one another?





more of these symptoms:

- cough
- hoarseness
- congestion breath sore throat wheezing
- runny nose or shortness of

- sneezing chest pain
- loss or change of taste/smell



Sudden decline in physical or mental ability

If so, you might have an **outbreak** of flu or another infection.



Isolate residents with symptoms, send staff with symptoms home.

Contact your Health Protection Team (HPT) or local infection control team/public health team (follow your local outbreak plan).

The HPT will advise you on:

- 1. Infection prevention and control, including isolation and cohorting of affected residents
- 2. Testing for flu, COVID-19 and other viruses
- 3. Antivirals for flu these are most effective when started early.

Important:

All residents and staff should be offered seasonal flu vaccination every year Appropriate infection control measures should be maintained all year round