

To submit any material for the bulletin, the deadline is 5pm the day before the next edition is due. Please ensure any information you consult is from a reliable source, including the NHS, or Public Health England.

Thursday 11 August 2022



# CARE HOMES! IT IS NOT TOO LATE TO GET INVOLVED! DEADLINE EXTENDED: COST OF CARE!! FRIDAY 19<sup>TH</sup> AUGUST

Remember the deadline for the Cost of Care submission has been extended to Friday 19<sup>th</sup> August and this is the **FINAL DEADLINE**. We will not be able to extend further beyond this point due to the timescales for submission back to government.

# HOME SUPPORT PROVIDERS! IT IS NOT TOO LATE TO GET INVOLVED!

Home Support Providers can contact <u>jorge@arcc-hr.co.uk</u> to find out how to get involved.

# COST OF CARE: A LETTER FROM LOUISE BESTWICK

Please see <u>HERE</u> for a letter from Louise Bestwick (CEO, Bradford Care Association), addressing the importance of the Cost of Care exercise and what it would mean for the adult social care sector in Bradford.

We urge you to take part!

# FAIR COST OF CARE Q&A SESSION RECORDING AND TUTORIAL OF THE FCOC TOOL!!

Please see below for a recording of the session on Wednesday hosted by Louise Bestwick where she answers some questions about the tool and shows an in depth tutorial

**Q&A Session Recording** 

## Fair Cost of Care Stages





## Register with IESE

Link to website (including awareness pack): - https://iese.org.uk/cost-of-care-tool-awareness-pack-care-providers

How to register video: https://iese.org.uk/wpcontent/uploads/2022/05/FCOC-CP-Registration.mp4



Email for any queries lese: carecubed@iese.org.uk 2

#### Get Informed

Local Drop in Sessions BCA provider updates on 19, 26 July and 2 August (Tuesday 10:30am)

Care Provider Alliance sessions

CARE HOMES: 19th July 2022 12pm to 1pm Click here
to join the meeting Please copy and paste this link
into your diary to join the meeting

CARE HOMES: 21th July 2022 1pm to 2pm <u>Click here</u> to join the meeting <u>Please copy and paste this link</u> into your diary to join the meeting

FAQ's: - https://www.local.gov.uk/oursupport/sector-support-offer/care-and-healthimprovement/commissioning-and-marketshaping/fair-cost-care-faqs-and-dhsc-guidance

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## Complete Tool Kit

What this will entail:

Completion of iESE's Fair Cost of Care online platform



What we will require from you:
Completion of the online cost proforma

Deadline: 5th August

Additional contacts:

Bradford Council: - FCOC@bradford.gov.uk BCA louise@bradfordcareassociation.org ARCC: fcc-bradford@arcc-hr.co.uk



Click Here

## Cost of Care - Care Homes

Fair Cost of Care Awareness Pack For Care Providers
Fair Cost of Care Tool Registration Guidance
How To Register For The FCOC Tool
Quick Access to the FCOC Tool
"How To" Registration Video for the FCOC Tool
Stages to complete the exercise
Fair Cost of Care Q&A Session Recording

Please also head to the **PROVIDER ZONE** where you can find resources for the cost of care exercise.



CLICK HERE TO ACCESS
THE TOOL

## QUESTIONNAIRE: INTERNATIONAL RECRUITMENT OF NURSES

BCA are aiming to understand the need and then gain support / work collaboratively with the West Yorkshire integrated system to support Nursing Homes with the recruitment and retention of Registered Nurses, particularly where International Recruitment is being considered.

Please can you complete the questions below, and return by Friday 19<sup>th</sup> August to Admin@bradfordcareassociation.org

Please see the **QUESTIONNAIRE HERE**.

## **HEAT-HEALTH ALERT: HEATWAVE**

Severe heat is dangerous to everyone, especially older and disabled people, and those living in care homes. During a heatwave, when temperatures remain abnormally high for longer than a couple of days, it can prove fatal.

Organisations providing health and social care should be aware of the advice and guidance set out in the Heatwave Plan for England, as to the actions necessary before and during a Level 2 or Level 3 heatwave. Specific advice to be followed by health care professionals, and the managers and staff of residential and nursing homes in the event of an episode of heat is available from UK Health Security Agency's website

 $\underline{www.gov.uk/government/publications/heatwave-plan-for-england}.$ 

# PRESS RELEASE: SOCIAL CARE STAFF TO BENEFIT FROM IMPROVED CAREER OPTIONS AND TRAINING

Please find below a link to the Department for Health and Social Care's latest press release announcing that hundreds of thousands of social care staff will receive help to develop their careers in care as the Workforce Development Fund is confirmed for an additional year (2022/23).

Please see **HERE** to access the press release





## **HEALTHY YOU!**



## DO YOU KNOW ANYONE WHO WOULD ENJOY AND BENEFIT FROM ANY OR ALL OF THESE SESSIONS?

## **Healthy Eating & Weight Loss**

Information & guidance on healthy food shopping, alternatives to takeaways, the health risks of certain foods, awareness of the link between food and mood, relaxation techniques to help with stress, boredom and anxiety

## **Small Steps Exercise**

Gentle exercise in short sessions, helping to set achievable goals to increase exercise, information on the effect of exercise on mood & physical health

## **Smoking Reduction**

Information on the effect of smoking on the body, how to be motivated to quit & methods of choosing new habits and routines to replace smoking

The sessions are on offer to people living in the areas listed below who have a diagnosis of Serious Mental Illness (SMI), for example bipolar disorder, schizophrenia, psychosis, or severe depression

The programme is funded by Mind In Bradford and led by CNet, who are working with a range of partners. Sessions are running until mid-October 2022.

Activities are paced to suit the group and patients are welcome to bring someone with them for support.

## GP Practices in PCN 6: BD5, 7, 8, 9

Grange Medical Centre
Bradford Student Health
The Family Practice
Parkside Medical Practice
Kensington Street Surgery
Frizinghall Medical Centre
Clarendon MC, Alice St Site
Little Horton Lane MC
Park Grange Medical Centre

## GP Practices in Modality: BD20, 21, 22, 23

Cross Hills Group Practice
Fisher Medical Centre
Silsden Medical Practice
Farfield Group Practice
Holycroft Surgery
Haworth Medical Practice
Kilmeny Surgery
Oakworth Medical Practice

#### GP Practices in BD4+/PCN9: BD4 & 12

Tong Medical Practice Low Moor Medical Practice Bowling Highfield MP Rooley Lane Medical Centre



Participants must be referred by a GP, Social prescriber or health professional, and must have an SMI diagnosis.

For more information, please contact Janet Ford on 07513 445128 / janet@cnet.org.uk or Saima Ashfaq on 01274 305045.

The referral form is short, simple and can be downloaded at <a href="https://www.cnet.org.uk/Projects/HealthyYou">www.cnet.org.uk/Projects/HealthyYou</a>

## ROYAL SOCIETY OF PUBLIC HEALTH LEVEL I HEALTH AWARENESS TRAINING COURSE

We are pleased to offer **free** training places on our **Royal Society of Public Health Level I Health Awareness training course**. The aim of our training is to help the people of Bradford to build confidence and learn how to support themselves, their family and friends to live a healthier lifestyle.

This **free** accredited course is suitable for anyone living or working in the Bradford district and who would like to know more about health and wellbeing. The courses are interactive and fun with learning styles that include quizzes, small group/pair work, videos, information giving, question and answer sessions and the opportunity to carry out activities in your own time.

The course will be delivered online using Microsoft Teams as follows: 10am - 12.30pm, **must** attend all 3 sessions:

14.9.22

15.9.22

21.9.22

For further information please click on the link below. <a href="https://mylivingwell.co.uk/about-us/rsph-training-courses">https://mylivingwell.co.uk/about-us/rsph-training-courses</a>

Places are limited and will be allocated on a first come first served basis. If you would like to book a place on the course, or require further information, please send an email to <a href="mailto:learning@mylivingwell.co.uk">learning@mylivingwell.co.uk</a>



# DATA FOR THE SOCIAL CARE SECTOR IN BRADFORD

Data	Latest	Chan ge
Deaths	0	-2
Infections	70	1
Outbreaks	11	
Occupanc y	80%	2%
Tracker completed	90%	10%



