

Mencap Learning Disability Sport Co – Trainer

Job Description



This job description is for a learning disability sport co trainer



This job is about delivering workshops to teach people how to hold sports sessions for people with learning disabilities so that they understand how to do this and feel more confident.



You will need to be able to travel on your own to different places to deliver the training work shops.

We can support you with planning your journey.



The workshops might be booked at different times of day including evenings and weekends, so you will need to be flexible with your time.



The hours you work will be based on how many workshops are booked.

Each workshop is 3 hours long and you might deliver it in person or online



The number of workshops will be around 5 a year

Each workshop you deliver will pay you a minimum of 6 hours pay, and maybe more because of travel.



You will be paid £11.44 per hour that you work



You will get training to help you learn how to deliver the workshops

What will you need to do?

You will help a trainer deliver the workshops.

This can include introductions, icebreakers, setting ground rules for the group and giving a summary at the end of sessions.



You will work with the trainers to prepare for the workshop delivery which might be:



- setting up the room
- making sure the handouts are ready



You will work with the trainers to make sure that the workshops:

- are kept up to date
- have content that is accessible and interesting to keep people engaged.



You will be a Mencap member of staff so you will need to:

- Be professional and polite to show Mencap in a good way
- Speak up for people with learning disabilities

What you will bring to the job



You will be passionate about sports and making sure people with a learning disability feel included.



You will be positive, friendly, and have a good attitude towards those you work with.



You will feel confident to share your personal experiences and talk to people about how sports and getting active can help them



You will be able to deal with people that are upset or acting out in a calm, positive way.



You will be able to support Mencap to do more around sport if there is the opportunity

What experience do you need?



Good knowledge and understanding of sports and physical activity



Experience of one or more of the following:

- Playing sports or doing physical activities
- Coaching sports or physical activities
- Volunteering in sports or physical activities



Talking to groups and people about their experiences with sports and physical activities.

Things like coaching sessions, what stops them taking part, what sports help them the most, and what they think of sports in general.



Taking part in discussions, sharing your experience and knowledge.



Using computers for email, internet and Word documents.

How to apply for this job



Please apply with an up to date CV that shows your skills and what experiences you have had that would make you a good fit for this job

Click on the link for your area

Nottingham & Derby

<https://jobs.mencap.org.uk/vacancies/33331/relief-co-trainer.html>

St Austell & South West

<https://jobs.mencap.org.uk/vacancies/33333/relief-co-trainer.html>

Bradford and St Helens

<https://jobs.mencap.org.uk/vacancies/33244/relief-co-trainer.html>



If you would like more information about this job, or need help applying please contact our Recruitment team on **07808 182224**