

Update

LOCAL COVID ALERT LEVEL: **HIGH** (TIER TWO)

From tomorrow, Bradford District will be subject to 'High' local COVID Alert Level Restrictions (Tier Two).

You can find out more about each alert level and the new restrictions [HERE](#).

WHAT DOES THIS MEAN FOR CARE HOME VISITING?

The new guidance for Tier Two areas includes a link to the previous guidance and states:

“You should not visit a care home except in exceptional circumstances, for example to visit an individual who is at the end of their life. [See the guidance on visiting relatives in care homes.](#)”

We understand the impact that this is having and that you will want to recommence visits as soon as possible.

Currently we are in the process of re-examining the local safe visiting guidance and how that can be applied here in Bradford whilst also maintaining compliance with the government guidance, including whether the change to Tier Two can afford for more flexibility around external visits including window and garden visits.

This work is being done in partnership with Operational Teams, Public Health Infection Prevention and Control colleagues and care home provider representatives, and it will be informed by the experiences of both residents and their families.

The Strategic Director for Health and Wellbeing and the Director of Public Health are supporting this approach and will be required to sign off their approval of the local guidance once it is drafted.

Please be assured this is a priority for us and we will communicate any changes to you as soon as we are able.



SPACES NOW AVAILABLE

Session 2 'TO' 1:30-4:30pm 14 October 2020

Open to all Providers following on from the first quality workshop where we reflected on the past few months. During this workshop we will be focusing on the here, now and 'today'.

Sign up through Eventbrite to get the access to the Zoom information (ensure only 1 registration is used per Provider location)

[ACCESS THE ZOOM LINK THROUGH EVENTBRITE HERE](#)

First Response Feedback Clinic

We have invited the Team Leader And Service Manager for First Response to take part in a First Response Feedback Clinic, which we hope will be the first of regular clinics we can arrange to look at any issues service users might be having or have had with using First Response.

We are inviting service users and carers to share their experiences of using First Response service- both positive and negative. These experiences are so valuable in helping us to look at the service and see what we can do better and what is good about the service they provide.

The first meeting will be on:

Thursday 15 October, 10:30am- 12noon, via Microsoft Teams

[Join Microsoft Teams Meeting](#)

If you are unable to attend this meeting and wish to give your feedback please contact the Patient Experience Team involve@bdct.nhs.uk or call 01274 228298 and leave a voicemail. Please leave details of your experience no later than Monday 12th October 2020.

TRAINING AND EVENTS CALENDAR – NOW LIVE ON THE PROVIDER ZONE

This calendar will be updated each week with upcoming training and events. If there are any events or training not advertised on the calendar that you are aware of, please contact connecttosupport@bradford.gov.uk for these to be shared with other Care Providers.

Click **[HERE](#)** to view.

When to self-isolate and what to do: a guide for staff

What is self-isolation?

Self-isolation is when you do not leave your home because you have, or might have, coronavirus. Self-isolation helps stop the virus spreading to other people.

When should I self-isolate?

You've tested positive for coronavirus	Self-isolate for 10 days
You have any symptoms of coronavirus (a high temperature, a new, continuous cough or a loss or change to your sense of smell or taste)	Self-isolate for 10 days
You live with someone who has symptoms or who has tested positive	Self-isolate for 14 days
Someone in your support bubble has symptoms or has tested positive	Self-isolate for 14 days
You're told to self-isolate by NHS Test and Trace or the NHS COVID-19 app	Self-isolate for 14 days
You arrive in the UK from a country with a high coronavirus risk	Self-isolate for 14 days

How do I self-isolate?

- Do not go to work, school or public places – work from home if you can
- Do not go on public transport or use taxis
- Do not go out to get food and medicine – order it online or by phone, or ask someone to bring it to your home
- Do not have visitors in your home, including friends and family
- Do not go out to exercise – exercise at home or in your garden, if you have one
- The government has made it clear that you must not attend a workplace during your time of self-isolation. Managers must ensure that this rule is followed and that no employee is permitted to return to a workplace until their self-isolation period is completed.

What are the symptoms of coronavirus?

The main symptoms of coronavirus are:

- a **high temperature** – this means you feel hot to touch on your chest or back (you do not need to measure your temperature)
- a **new, continuous cough** – this means coughing a lot for more than an hour, or 3 or more coughing episodes in 24 hours (if you usually have a cough, it may be worse than usual)
- a **loss or change to your sense of smell or taste** – this means you've noticed you cannot smell or taste anything, or things smell or taste different to normal

Most people with coronavirus have at least one of these symptoms.

How do I tell the difference between coronavirus and cold or flu?

They're very similar in some ways – and very different in others. For example, a runny nose is not coronavirus. Nor are symptoms such as aches and pains, or sneezing. Here's a quick checklist to help you:

Know Your Symptoms

COVID

High temperature
Persistent cough
Loss of taste or smell

Cold

Sneezing
Aches and pains
Running or stuffy nose
Sore throat

Flu

High temperature
Fatigue
Dry cough
Aches and pains
Headaches

Allergies

Sneezing
Coughing
Itchy eyes
Running or stuffy nose

- For more information about self-isolation, and the help and support available while staying at home, visit <https://www.nhs.uk/conditions/coronavirus-covid-19/self-isolation-and-treatment/when-to-self-isolate-and-what-to-do>

PPE THE USE OF CLEAR FACE MASKS

Applicable To All Providers Who Facilitate Personal Care

Please be aware that the clear face masks presently available are not suitable for clinical use. These masks must not be used in direct care delivery, when providing personal care within 2m.

They can be used for customer facing roles that do not require personal care.

The PPE team are working to source a type of clear face mask that can be used for personal care and we will let you know when these become available.



FLU VACCINE MYTH BUSTING

Click [HERE](#) for the video.

A collaborative piece of work by Nottinghamshire County Council, Nottinghamshire Alliance Training Hub and Fosse Healthcare to help bust some flu myths, and to raise awareness for the importance of health and social care staff having the flu vaccine and protecting our vulnerable population groups.

Protect yourself, protect others – Get the flu vaccine!

NHS ENGLAND AND IMPROVEMENT

DATA SECURITY AND PROTECTION TOOLKIT (DSPT) AND NHSMAIL UPDATES

For more details see attachments uploaded to the [Provider Zone](#), including:

- Update document
- DSPT Registration Webinar for Providers
- NHSmail webinar flyer



Warm Homes Healthy People

The Warm Homes Healthy People service provides individual support to the urgent needs of vulnerable people living in cold homes. The service is free to any householder who lives in the Bradford Metropolitan District and who meets the eligibility criteria.

The Warm Homes Healthy People partnership consists of Groundwork Green Doctors, Bradford AgeUK, Bradford Family Action, Inn Churches and the Hale Project.

For more details see attachments uploaded to the [Provider Zone](#), including:

- WHHP Flyer
- WHHP Information
- Green Doctor Fuel Voucher Scheme



Bradford Care Association
QUALITY WORKSHOPS



Brightening Minds Training



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**ACCESS THE ZOOM LINK
THROUGH EVENTBRITE HERE**

Order your ticket through eventbrite to gain access to the Zoom information.

**BECOME A BCA
MEMBER AND GET ALL
6 SESSIONS FREE PLUS
BENEFITS**

**PLEASE REMEMBER
ONE LOG IN PER
ORGANISATION!**

 Additionally email: admin@bradfordcareassociation.org for more information!

**TICKETS ARE NOW FREE FOR ALL PROVIDERS FOR
REMAINING SESSIONS IN BCA QUALITY WORKSHOP SERIES.**

This is thanks to the CCG and LA due to the success of Session 1.

Next Sessions:

Session 3: 'FUTURE' 4th November

Series 2: Early 2021