

# The Principals of Palliative and End of Life Care

12 week blended learning course for health and social care professionals working at Levels 4 and 5.

**Spring 2023: February 2023 – May 2023**  
**Autumn 2023: September 2023 – December 2023**

Do you support or care for people with a terminal illness, long-term condition or old age and frailty? This course will help you to gain an understanding of palliative and end of life care, develop your skills and apply them to your practice. The course is taught by experts and clinicians working in palliative and end of life care and you will be supported in practice by a work-based mentor. Learning will be a mix of online and classroom based teaching with interactive activities and simulated scenarios.

This is a twelve week blended learning course aimed at health and social care professionals working at Levels 4 and 5.

**The programme will include the following sessions:**

- Introduction to the programme.
- Palliative and end of life care strategies and guidance.
- Communication skills- difficult conversations at the end of life.
- Holistic assessment and multidisciplinary approach to symptom management.
- Care in the last days of life.
- Advance care planning and end of life decision making.
- Long-term conditions, frailty and dementia.
- Supporting people in loss, grief and bereavement.
- Self-care and resilience.

**Virtual topic sessions will include:**

- Pain; Nausea & Vomiting, Constipation; Breathlessness and Fatigue; Anxiety and Depression; Palliative Care Emergencies; Delirium and Terminal Agitation.
- Models of Loss, Grief and Bereavement; Equity and Diversity; Ethical issues; Spirituality.

## FULLY FUNDED PLACES by WYCA:

Offered at the **St. Gemma's Hospice** site, these fully funded places are available for health and social care professionals working at Level 4 and Level 5 within **West Yorkshire**.

To download an application form, [please click here](#).

Any questions, queries please contact. Jane Chatterjee, Lecturer in Palliative Care and course lead:  
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