

24th November 2020

Daily News and Keeping Well Tips



Inclusion North will give you the Government's big messages each week here.

Boris Johnson Update



The Prime minister Boris Johnson has said the winter months are going to be hard and we must follow the rules.

The whole of England lockdown will end after midnight on the 2nd December.



After this the country will go back to a three tier system. The rules for the 3 tiers have changed so this is very confusing for everyone. We will try to tell you the right information here.



Areas of the country will be put in a different tier based on the level of risk. This comes from how many people in the area have coronavirus.

More areas will be put into Level 3 which means there is a Very High Risk.

Level one – Medium risk



Shops, gyms, hairdressers and beauty salons can open.

Places of worship, weddings for up to 15 people and outdoor sports can take place.

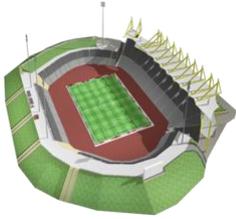
6 people can meet indoors or outdoors.

Pubs can stay open until 11pm.





You should try to only travel if it is essential and work from home if you can.



Sporting events and live performances like the football matches and theatres can open, but less people will be allowed to attend.

Level two – High risk



Shops, gyms, hairdressers and beauty salons can open.

Places of worship, weddings for up to 15 people and outdoor sports can take place.



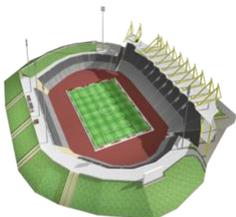
You cannot have people in your house or go to their house unless they are part of your support bubble or for childcare.

Only 6 people can meet in outdoor spaces like parks or your garden.



Pubs can only open if they serve main meals. Alcohol can only be sold with meals. Pubs must close by 11pm.

You should try to only travel if it is essential and work from home if you can.



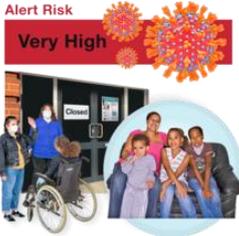
Sporting events and live performances like the football matches and theatres can open, but less people will be allowed to attend.

Level three – Very high risk



Shops, gyms, hairdressers and beauty salons can open.

Places of worship, weddings for up to 15 people and outdoor sports can take place.



You cannot have people in your house or go to their house unless they are part of your support bubble or childcare.

You can only meet up to 6 people outdoors in a park but not in your garden.

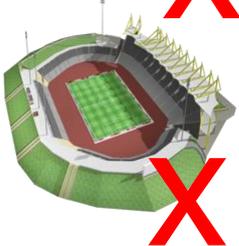


Pubs and restaurants must only open for delivery and takeaways.

You should try to only travel if it is essential and work from home if you can.

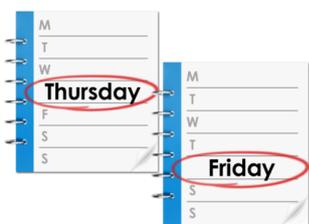


You should not travel outside of your area into another area of the country.



There will be no sporting events and live performances like the football matches and theatre shows.

News from the Prime Minister later this week



We don't know yet what risk level each area of the country is in.

Later this week Boris will tell us what the risk level is where we live and what rules we need to follow.

He will also tell us about the plans for Christmas and if there will be any changes to the rules to let families see each other.

