

To submit any material for the bulletin, the deadline is 5pm the day before the next edition is due. Please ensure any information you consult is from a reliable source, including the NHS, or Public Health England. Information should be sent to ProviderBulletin@bradford.gov.uk.

Thursday 28h November 2024



KEY DATES FOR YOUR DIA RY

Upcoming events can also be viewed in the **EVENTS CALENDAR** in the Provider Zone!

- Care Home Provider Forum December 4th
- Sexual Violence and Abuse Module December 4th
- West Yorkshire Mayor's Question Time December 5th
- Men Only Active Bystander Session December 10th
- Opening event to welcome in Bradford as UK City of Culture January 10th
 - Women's Health Conference February 27th

If you are aware of any upcoming events and would like to advertise on the Event Calendar, please visit **HERE** and post an entry.

Healthwatch - Trans experiences of GP/Primary care

Healthwatch Kirklees and Calderdale are collaborating with Healthwatch England on a research project aimed at understanding the experiences of trans and non-binary individuals when accessing NHS GP services. We want to learn more about the experiences of trans, non-binary and other gender-diverse people (sometimes referred to as trans+) when they visit the GP. Our research aims to build an up-to-date picture of the healthcare landscape which trans, non-binary and other gender-diverse people individuals are currently navigating.

If you're trans or non-binary and you'd like to share your experience, please complete the survey online.

WARM SPACES

As we head in the colder weather, please note that across Bradford District there are Warm Spaces – venues where people can gather for free in a safe, friendly place and maybe enjoy a drink and some company.

The network of Warm Spaces is made up of libraries, community centres, church halls, sports clubs and other places. Warm Spaces are totally free to use and are open to everyone. Please take a look at the <u>cost of living directory</u> which has details of warm spaces and lots of useful information from:

- Government Support
 - Energy and Bills
 - <u>Food Resources</u>
 - Housing Support
 - Debt and Gambling
- Savings, Scams & Safeguarding
 - Volunteering
 - Health and Wellbeing
 - Things to do
 - Feed The Family
 - Your NHS
 - Helpful Websites
 - Warm Spaces

Search the directory to find your nearest Warm Space. https://costoflivingbradford.co.uk/warm-spaces/

IMMEDICARE

The Immedicare training for care homes will be taking a short pause over the winter period so that our clinicians can focus on supporting you and your residents.

Throughout December there will be no training sessions.

Keep your eyes peeled for an updated timetable in 2025.

We look forward to seeing you then for some continued learning!

DESIGNS REVEALED FOR NORFOLK GARDENS REFLECT THE HISTORY AND CULTURE OF BRADFORD

We've unveiled plans for a new green space which expands the Norfolk Gardens area in the city centre.

The design draws inspiration from the district's rich textile history, featuring plants traditionally used for dyeing wool.

Claret, amber, red, and black reflect the district's sporting heritage, while green and pink are from the Bradford 2025 logo, as a legacy of the district's year as UK City of Culture in 2025.

The design uses an array of trees, including cherry blossom, birch, rowan and weeping willow, along with smaller trees and shrubs, complemented by flowering perennials, grasses and ferns selected for year-round interest.

The course of the hidden Bowling Beck is reflected along with the place name Ings (left over from the Vikings) meaning water meadow or marsh and uses plants which thrive in these conditions.

The expansion of Norfolk Gardens is part of the Bradford City Centre Walking and Cycling Improvements project which is being delivered through the West Yorkshire Combined Authority's Transforming Cities Fund. This is a capital grant transport fund, provided by the Department for Transport and cannot be used for other purposes, such as delivering day to day services or other projects.

THE OPALS PROGRAMME

The Opals programme has helped to increase a sense of value for older people by providing them with opportunities to keep active, be creative, make friends and enjoy life. The OPAL programme benefits members through social connections, remaining active members of the community, healthy eating, fun and entertainment, learning new skills and the chance to go on trips out – which they would not do on their own.

For more information, please click **HERE**.



WELCOME TO BIERLEY COMMUNITY CENTRE



Bradford 2025: Tickets on sale for RISE now!

The opening event to welcome in Bradford year as UK City of Culture will take place over Friday 10 and Saturday 11 January 2025 in City Park. Tickets to attend cost £2 - or free for under-16s, over-60s and Youth Pass members. Our opening event: RISE - will be a huge celebration of the people and communities who make Bradford magic.

This spectacular open-air show has been created by director Kirsty Housley in collaboration with Steven Frayne, the Bradford-born magician formerly known as Dynamo – and we'd love for you to join us for an unforgettable night. Capacity for this event is strictly limited, and everyone needs a ticket, which are available exclusively at RISE | Bradford 2025 Bradford 2025 UK City of Culture: it starts here.

Bradford 2025 Youth Pass

If you're aged 16–25 and a resident of Bradford District, you can get free tickets by signing up for the <u>Bradford 2025 Youth Pass</u> – with priority booking from Tuesday 19th, plus a host of other benefits throughout Bradford 2025.

Free active bystander training

We are all bystanders, we may witness events unfolding around us and sometimes recognise events as being problematic. When this happens, you can decide to do or say something and become an active bystander (either in the moment or at a later stage) or to simply let it go and remain a passive bystander. West Yorkshire Police are offering free training sessions for anyone interested in learning how to become an effective active bystander. The courses are in person and are two and a half hours long. Book your place, with a number of dates available in January.

Have your say on proposed new transport plans for post-16 learners

Bradford Council is asking for feedback on proposed changes to how it provides transport assistance for post-16 learners with special educational needs and disabilities (SEND).

The proposed change is to move away from the council arranging transport, such as a minibus or taxi, to a system where learners are given a Personal Transport Allowance (PTA). The young person, or their family, uses the PTA to make their own travel arrangements. If the changes are agreed, existing users would switch to the new arrangements in September 2025. For some young people with the most complex needs, council-organised transport arrangements will remain.

Anyone who wishes to comment on the proposals can do so on the council website or by emailing schooltravelconsult@bradford.gov.uk or writing to School Transport Manager, Travel Assistance Service, Britannia House, Broadway, Bradford, BD1 1HX. The consultation runs until 12 January 2025.

LASTING CHANGE IN WEST YORKSHIRE

Are you unable to work because of your health or caring responsibilities?

Are you struggling in your current job? Are you an employer, health provider, or skills training organisation? Do you work with people who are out of work due to ill health or other challenges?

Tell us how we can improve our services to support people access work and training opportunities, and what changes you'd like to see to help you on your journey to finding or going back to work. Tell us how we can help your organisation support people enter employment.

We want your help to bring lasting change in West Yorkshire.

Between 5 November and **8 December 2024**, you can take part in our online survey.

Link in full web-page here: <u>Have your say – Work, Health, and Skills Survey |</u>
Your Voice

WOMEN'S HEALTH CONFERENCE

Bookings now open for our first women's health conference

Our first Bradford District and Craven Health and Care Partnership women's health conference will take place on Thursday 27 February 2025 at the University of Bradford. This will be a day dedicated to raising awareness and fostering dialogue around women's health. We're bringing together professionals and community voices through a balanced mix of workshops, plenary sessions, and networking opportunities. Each session aims to include elements of lived experience to bring the content to life, ensuring impactful and meaningful discussions. The conference will also see the official launch of our partnership's women's health movement. Book your place today, we anticipate high levels of demand so encourage people to book early to avoid disappointment.

PARKING MACHINE SCAM

Please beware of payment scams on parking machines around the district. Scammers are placing fake QR codes on payment machines which take you to a dummy site posing as 'Pay by Phone'. Parking enforcement officers are on the lookout for the stickers and will remove them if they see them.

We do not use QR codes for parking payments. If you see a QR code displayed, please do not use it, and report it immediately to Parking Services on 01274 434300.

CARE HOMES PREPARING FOR INFLUENZA SEASON

Slides from an information session for care homes and local IPC teams are available here.

The sessions recording is available <u>here</u>.

HELP SHAPE THE FUTURE OF PHARMACY SERVICES IN BRADFORD DISTRICT - HAVE YOUR SAY!

Bradford District's Health and Wellbeing Board is undertaking a Pharmaceutical Needs Assessment (PNA), which is a legal, comprehensive, assessment of the current and future needs of local people for community pharmacy services and is used to inform commissioning decisions by local authorities, NHS England and Integrated Care Boards (ICBs).

If you are a resident of Bradford District we would be grateful if you could answer some questions about your own experiences and views. To complete the survey click on the link below:

Bradford District Public Survey 2026-29. The deadline for completion is Friday 6
December 2024. We will use your feedback to help develop our draft of the
Pharmaceutical Needs Assessment which will then be available for public consultation in 2025. For further information please contact jonathan.stansbie@bradford.gov.uk

WORK, HEALTH AND SKILLS IN WEST YORKSHIRE – HAVE YOUR SAY

We've now launched a new work, health, and skills survey to gather peoples' thoughts and feedback on how to improve our future employment and skills support services (how to better support people access work and training opportunities) across West Yorkshire.

Who can take part in this survey?

- People between 16 to 64 years old, across West Yorkshire, currently not in employment, or previously not in employment due to any barriers, such as mental or physical health, caring responsibilities; people who are in work but struggle with attendance due to health and other challenges.
 - · Training, skills, and health providers
 - West Yorkshire Employers
 - Local councils
 - Voluntary, community and social enterprises (VCSEs)

Please feel free to fill out the survey if you work with people with lived experience / projects on the topic, and to share the survey with work contacts, friends, family or others you think might be able to help: YourVoice Survey. The closing date is Friday 6 December. If you have any questions or would like to find out more about this work, please contact James Turner - James.Turner@westyorks-ca.gov.uk - Programme Development Lead for Work and Health at West Yorkshire Combined Authority.

SEPSIS E-LEARNING

Information on new, current and upcoming training will be updated on the main programme pages: https://www.e-lfh.org.uk/programmes/sepsis/

New sepsis sessions based on the latest NICE Guidance which include:

- Adult sepsis in community-base care
- · Paediatrics sepsis in community-base care
- Sepsis and people with a learning disability

These are all universal access, anyone can register an account on the Learning Hub and direct link is

https://learninghub.nhs.uk/catalogue/Sepsis-in-community-based-care.

There is also a feedback form, we would love to hear from you so we can further develop and improve our e-learning.

We are still working on several updates, and new sessions under sepsis and deterioration. If you have any questions about this work, please let me know.

Healthy Masculinity and South Asian identities: a return to tradition?

Please join us for this informative learning session, delivered by Imran Manzoor of Breaking the Silence

<u>Purpose of the session</u>:- To explore those aspects of masculinity that are positive, healthy and beneficial. In so doing we will explore those aspects that limit men's utility and encourage harmful behaviours. This inclusive and participatory session will encourage critical thinking though inclusive activities where we explore:-

Masculinity - social construct or essentialism

Gender based violence /abuse, what role does our culture play

Asian masculinity - colonial overhang or symbol of patriarchy

Biraderi, Shamram, Izzet, Hyam

Limiting masculinity: the emergence of the Manosphere

The Asian Men's Movement

Internal Staff: Healthy Masculinity

External Agencies: Healthy Masculinity

For any booking queries, please contact Evolve@bradford.gov.uk

Choose & book



When and Where?

Practitioners have the

choice of attending a

New Hockney Room

Britannia House, Bradford

session on 14th February 2025

morning OR afternoon





Healthy Minds is your first step to mental health support in Bradford District and Craven

www.healthyminds.services

DO YOU HAVE A QUESTION YOU'D LIKE TO ASK THE MAYOR?

Hear directly from the West Yorkshire Mayor about how her pledges are progressing, as she answers questions posed by audience members. The event will also cover local, regional and national issues as well as hear about future ambitions for West Yorkshire.

West Yorkshire Mayor's Question Time

When: Thursday, 05 December 2024

Time: 7.30pm – 9pm

Where: Kala Sangam Arts Centre, 41 Bank Street Bradford BD1 1RD

To book a free ticket and for more information visit: https://www.yourvoice.westyorks-ca.gov.uk/wymqt







Huddle Up for Safer Healthcare:

Introduction to Safety Huddles A virtual Masterclass for Care Homes

Thursday 27th Feb 2025 14:30 – 16:00

delivered via Teams

Our Introductory Masterclass provides an overview of HUSH safety huddles in the Care Home sector.

We will cover our unique approach to safety huddles within Care Homes and share with you our results and experience with Care Home frontline teams including the impact Huddles have had on teams and individuals.

In this Masterclass, will introduce you to:

- The evidence-base behind our safety huddles
- How we started / early testing
- What does a HUSH safety huddle look like in care homes?
- The basic principles of a HUSH safety huddle
- The impact that safety huddles have had on teams and the impact on resident safety
- We will celebrate some of the success stories from our work with care homes in Yorkshire

Places on this masterclass are free of charge to people employed within a health or social care organisation.

If you are not based in a health or social care organisation, fees may apply.

This Masterclass will be delivered virtually in one 1.5-hour session by our safety huddles' experts:

Alison Lovatt

Director of Nursing, Improvement Academy

Alison was fundamental in designing and developing the HUSH programme, including the integration of systematic measuring and addressing of safety culture.



Dr Ali Cracknell

Consultant in Medicine for Older People and Associate Medical Director for Quality

Improvement, Leeds Teaching Hospitals NHS Trust

Ali led the Health Foundation Scaling up Improvement Grant: Huddle Up for Safer Healthcare with over 150 frontline teams. She has a passion for patient safety and in 2014 was named as one of the HSJ Top Innovators in Healthcare.

Dr Anna Winfield

Associate Specialist in Elderly Medicine and Patient Safety, Leeds Teaching Hospitals NHS Trust

Anna supports the Improvement Academy to spread HUSH safety huddles and to deliver Quality Improvement training. She has delivered many successful frontline QI projects including reducing avoidable deterioration, falls and pressure ulcers.

To book your place, please contact: Jane Hudson – Business Support Officer email: academy@yhia.nhs.uk www.improvementacademy.org











@ImprovementAcademy





SPOTLIGHT ON... Workforce Wellbeing

Tuesday 3rd December 10:30am - 12pm Online - MS Teams

Agenda:

Provider Update (approx 10:30 - 11am)

Setting context regulatory framework

- H&S executive, CQC and employment law around workforce wellbeing
- Stress risk assessment/management
- Q&A

Financial Wellbeing

Counselling service & crisis grant

Wellbeing Leadership Training

Other local resources & support

Email BCA for a calendar invite admin@bradfordcareassociation.org





YOUR CHOSEN CHARITIES!

HELP MAKE A DIFFERENCE BY MAKING A PLEDGE!

This year, BCA providers have selected three remarkable charities for us to champion together. Each of these organisations offers a variety of exciting fundraising events and opportunities for you to participate in, all aimed at generating vital support - see below for some of these events.

By committing to one or more of our chosen charities, you can truly make an impact. Fill out the brief form below to make your pledge.

- Beat the Trails Take in the UK's breathtaking scenery with a walk, trek or hike. - <u>click here for more info</u>
- Running events For everyone, no matter where you are on your running journey - click here for more info
- Swimming From single events to the great Swimathon that takes place across the UK - click here for more info



- The Winter Solstice Strider 21st Dec at St Ives Estate Bingley - click here for more info
- The Christmas Tree collection service, from 6th Janplease email for more info
- Skipton Santa Fun Run 24th Nov 2024, 11am click here for more info



Manorlands Hospice

- Care Adventurers Month, April 2025 Tick something big off your bucket list - click here for more info
- Walks for Care, May 2025 Charity-sponsored walk to raise funds - click here for more info
- Professional Care Workers' Week, Sept 2025 series of events, celebrating care workers - click here for more info





