

To submit any material for the bulletin, the deadline is 5pm the day before the next edition is due. Please ensure any information you consult is from a reliable source, including the NHS, or Public Health England.

Thursday 7th March 2024

KEY DATES FOR YOUR DIARY

Upcoming events can also be viewed in the **EVENTS CALENDAR** in the Provider Zone!

- Targeting Active and Passive Candidates for your Social Care roles webinar 12th Jan – 10th April
- CQC fundamental standards sessions – 28th February – 22nd May
- Palliative Care and End of Life Training 27th Feb – 25th April
- Role of the Service Manager in Safeguarding Adults - 14th and 15th March 2024

ELEARNING MODULES

We've developed a range of eLearning modules to support the development of knowledge and skills in different areas hosted on our virtual learning environment.

The eLearning topics currently available are:

- Creating an inclusive organisation
- eLearning to support CQC inspection
- Introductory modules for managers
- Learning from events

[Find out more about our eLearning modules](#)

MARCH DIGITAL MONTH - UPCOMING WEBINARS:

WEBINAR	DATE
Data Security User Friendly Top Tips Webinar	12 Mar 2024 11:30 - 12:15 GMT
Data Protection Responsibilities & Subject Access Requests Update	Tue, 12 Mar 2024 15:00 - 16:00 GMT
Introduction into GDPR and why its important to you!	Wed, 13 Mar 2024 10:00 - 11:00 GMT
IMPAQT FOR CARE: Integrated Management Performance & Quality Tool	Wed, 13 Mar 2024 14:00 - 15:00 GMT
Using Log My Care to be inspection ready	Thu, 14 Mar 2024 10:00 - 10:30 GMT
BRADFORD CARE HOME PROVIDERS ONLY - Using Immedicare Telemedicine Service	Thu, 14 Mar 2024 11:00 - 12:00 GMT
Digital Inclusion Programme	Thu, 14 Mar 2024 14:00 - 15:00 GMT
Top Tips Going Digital to meet the new CQC Single Assessment Framework	Fri, 15 Mar 2024 10:30 - 11:00 GMT

To see all 20 webinars, please click [HERE](#)

HEALTHY MINDS APPRENTICE BLOG FOR NATIONAL EATING DISORDER AWARENESS WEEK

This year, National Eating Disorder Awareness Week is highlighting avoidant/restrictive food intake disorder, known as ARFID. Learn more about the disorder and how to support someone in [this blog](#) by Healthy Minds apprentice Ella Littlewood.



MARCH DIGITAL MONTH

Inviting all Care Providers in West Yorkshire

Discover a wide range of digital topics with our **FREE** online webinars throughout March!

DON'T MISS OUT!

Webinars include:

- Spotlight on Digital Quality Workshop
- Digital resources & tools to support you with CQC
- Data & Cyber Security
- Top tips for good record keeping
- eMAR
- Social Media Training
- Microsoft 365

.....and many more!

Click here for more information & to book your free places on some webinars!



BCA
Bradford Care Association

Leeds Care Association

admin@bradfordcareassociation.org

SKILLS CONNECT



Care with Confidence

Would you like to improve your mentoring and coaching skills?

You're invited to take part in a free mentoring and coaching skills development programme, designed for health and social care and voluntary sector staff and volunteers.

Network with others, learn new skills, meet expert mentors and coaches and receive free one-to-one coaching to help you to become a brilliant mentor.

Huddersfield – Friday 12th April and Friday 26th April (10am-3pm both days)

Leeds – Friday 3rd May and Friday 17th May (10am-3pm both days)

Bradford – Monday 10th June and Monday 24th June (10am-3pm both days)

Wakefield – Monday 1st July and Monday 15th July (10am-3pm both days)

Calderdale – Monday 9th Sept and Monday 23rd Sept (10am-3pm both days)

Register your interest: becky@octavialearning.co.uk / 07545 838605

FUTUREGOALS

West
Yorkshire
Combined
Authority

Tracy Brabin
Mayor
of West Yorkshire

LEP
Leeds City Region
Enterprise
Partnership

Courses
delivered by:



Skills Connect Care with Confidence

We would like to invite you to Skills Connect 'Care with Confidence' - a free mentoring and coaching skills development programme, delivered by Octavia Learning. The 2024 dates are as follows:

Huddersfield – Friday 12th April (10am-3pm) and Friday 26th April (10am-3pm)

Leeds – Friday 3rd May (10am-3pm) and Friday 17th May (10am-3pm)

Bradford – Monday 10th June (10am-3pm) and Monday 24th June (10am-3pm)

Wakefield – Monday 1st July (10am-3pm) and Monday 15th July (10am-3pm)

Calderdale – Monday 9th September (10am-3pm) and Monday 23rd September (10am-3pm)

Eligibility criteria for the free training:

- Age 19 or over.
- West Yorkshire resident.
- Right to work in the UK.
- Suitable for anyone in the health and social care or voluntary sector (paid staff or volunteer) who supports, supervises, or manages people, e.g., volunteer or staff buddy, experienced member of staff supporting new starters, people manager, etc.

Along with **guest speakers, networking with like-minded people from other organisations** and **one to one support** in-between and after the workshops, this is what we'll be covering over the two days:

- What is mentoring and coaching?
- Benefits of mentoring.
- What makes a good mentor?
- Effective contracting between mentor and mentee.
- Mentoring and coaching others whilst working in a busy and fast-paced environment, e.g., working with patients, service-users, etc.
- Awareness of communication styles.
- Giving effective feedback.
- Coaching and mentoring skills.
- Challenging limiting beliefs using good questioning skills.
- Recording, reflection, and supervision in mentoring.

If you would like to join, please email becky@octavialearning.co.uk or call 07545 838605.

COUNCIL OF GOVERNOR NOMINATIONS FOR BRADFORD DISTRICT CARE NHS FOUNDATION TRUST

Colleagues and the public are invited to join Bradford District Care NHS Foundation Trust's council of governors, who play a vital role in influencing and shaping our work, and are a key link between our Trust members that cover staff and the public, and our Board. **Nominations open until Monday 11 March.**

We're seeking two staff governors - one clinical and one non-clinical - and 11 public governors. If you have service users, carers or community members with an interest in our work, please encourage them to consider the role. We have opportunities across Bradford East, Bradford South, Bradford West, Craven, Keighley and Shipley, when existing governors step down, and one for the 'rest of England'.

Nominate online, or if you have any questions or queries, please email our Foundation Trust office at ft@bdct.nhs.uk or call 07385 463946.



SMILING FOR LIFE - ORAL HEALTH TRAINING FOR CARE HOMES

The Community Dental Service's Oral Health Improvement team is delighted to invite you to take part in the FREE Smiling for life, oral health training for care home staff.

The training is on Microsoft Teams and is around 2 hours long. The course covers:

- Compliance and CQC requirements
- Dental disease and the causes
- Key messages and prevention
- The importance of mouth screening and assessment
- Information on what's needed to facilitate a dental visit and access
- Mouth Conditions
- Mouth Cancer
- Denture Care

In order to participate, please complete the [attached form](#) and send to:
elisha.mistry@bdct.nhs.uk

CARE HOMES AND HOSPICES TESTING

Since 15 February there has been a new registration process for care homes and hospices to report Lateral Flow Device (LFD) test results to UKHSA.

The new registration process has replaced the current online registration portal. Care homes and hospices are still required to report and keep a record of positive, negative and/or void COVID-19 test results.

There has been no change in guidance for care homes and hospices to continue to report outbreaks to [Health Protection Teams](#) or other local partners through the existing method in your local area. Details of current testing policy for care homes can be found in the [Acute Respiratory Infection Guidance](#).

Affected organisations have been contacted directly with relevant details. However, if you have any queries, please contact 119 for assistance.



FIRST TIME MANAGERS PROGRAMME FOR THE HEALTH AND SOCIAL CARE SECTOR

OVERVIEW

The First Time Managers Programme for Hospice and Health and Social Care Sectors will provide a practical approach to manage yourself and support those around you. This unique programme is aimed primarily at new and aspiring managers and team leaders (and also a very good refresher for managers who have not been through a structured development programme before).

The programme takes a 'bite-sized', modular approach which gives participants a selection of tools and strategies for dealing with everyday challenges in the workplace as well as the opportunity to learn from others' experiences, reflect on their own, and benefit from the advice and guidance from a Business and Management Tutor at Calderdale College's employer service Rise.

AIMED AT

The programme is **aimed at new and aspiring managers and deputies** within the organisation who have a desire to further progress within their role.

The modules that you will study are as follows:

- Motivation and Engagement
- Communication Skills
- Leadership Styles
- Time Management
- Learning and Development in the Workplace
- Managing Change
- Creating and Enhancing Relationships
- Effective Delegation and Negotiation



If you are interested in this course, please email:

employers@calderdale.ac.uk

COURSE DETAILS

DAY	DATE	VENUE/ROOM
FRIDAY	22nd March	G7 Scorex House
FRIDAY	12th April	G7 Scorex House
FRIDAY	26th April	G8 Scorex House
FRIDAY	10th May	G7 Scorex House
FRIDAY	24th May	G7 Scorex House
FRIDAY	7th June	G7 Scorex House
FRIDAY	21st June	Corporate 1 (1st floor) Scorex House
FRIDAY	5th July	G7 Scorex House

DURATION

8 x 6-hour modules

DELIVERY

Face to Face

COURSE PRICE

£0 – fully funded under Skills Connect. Eligibility criteria apply (please see final page of document below for details)

MORE INFO:

Read More

MY SPACE

SUPPORTING WOMEN WITH
ADDITIONAL NEEDS

Weekly sessions will include:

- **Life Skills** - cooking, travel training, visits to parks, museums & local attractions.
- **Wellbeing** - mindfulness, yoga & tai chi.
- **Exercise** - ping-pong, bowling.
- **Learning and Hobbies** - gardening, photography, arts & crafts.

Light lunch, tea & coffee will be offered. Carers must be present at all times.

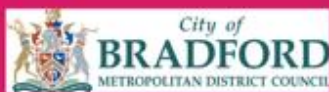
For more info:

01274 665270

www.womenzone.co.uk

19-21 Hubert St, Bradford BD3 9TE

**WEDS &
THURS AT
11AM - 2PM**



LOCKED ENTRANCE/EXIT DOORS IN CARE AND NURSING HOMES

Please note: The following is being provided in response to requests from care providers. It does not constitute legal or regulatory advice, which should be independently sought if in any doubt.

Many residential and nursing homes have secure/locked entrance doors that require a fob, a code or a key, which are often held by care staff exclusively. This requires residents to request permission from care staff to leave or access the care premises. This is typically a reasonable and justifiable measure where the aim is to safeguard the people who live in these settings, also protecting personal property and/or money. Moreover, there may also be further grounds for doing this allied to resident safety: to keep the site/property secure as well as protecting the staff working there. It is advisable that care providers are clear about their rationale for having a locked entrance/exit door, identifying the necessity of this in a written policy and reviewing these arrangements on an ongoing basis to ensure they remain appropriate and proportionate. Some providers address this in a formal policy document and have risk assessments in place for this, and this is an advisable course of action for all providers.

Providers should be careful to avoid inadvertently restricting people's movements and should use the appropriate level of security needed in relation to the services being delivered. Where a locked front door is seen as necessary, providers should enable as much freedom of movement in and around the care setting and, where possible, an open back-door policy should be in place if access to any grounds or garden is safe and secure.

For all residents that live in a care setting with a locked entrance/exit door, they should be informed of the terms and rules of living in the accommodation - including the arrangements for leaving and accessing the property - at the earliest opportunity. It is advisable that a record of these discussions and whether the resident consents to these or not is kept. If the resident with mental capacity consents, then it is self-evident they are in agreement with the arrangements for leaving and accessing the care setting. Conversely, if the resident with capacity doesn't agree to these, then they are not obliged to be accommodated in the care or nursing home. Crucially, residents with the relevant decision-making ability should be able to leave or access the property when they want to (providing it's reasonable for a staff member to be able to facilitate this, assuming they are not responding to an emergency where the capacitous resident might have to wait a few minutes, for example) - this alone is unlikely to constitute a deprivation of liberty.

Please continue...

However, for residents who lack capacity to make decisions to leave and enter the property when they want, the ethos of the Mental Capacity Act 2005 applies. In other words, the least restrictive options to support the resident should be explored, enabling them to leave the care setting for community access and social opportunities where possible when this is in their best interests.

It is also important to be mindful of the fact that the resident who lacks capacity to consent to these arrangements is also likely to be unable to be free to leave as well as being under some form of continuous supervision and control. This would suggest that the Acid Test for DoLS is met and usual processes should be followed in relation to this.

CARE HOME PROVIDERS CLEAR LEVEL 1 AWARENESS TRAINING

DEVELOP A GREATER UNDERSTANDING OF
BEHAVIOUR IN DEMENTIA FROM THE PERSPECTIVE
OF EACH INDIVIDUAL PERSON.

OVERVIEW

The aim is to develop a greater understanding of behaviour in dementia from the perspective of each individual person.

The session covers:

- an increased awareness of different types of dementia
- an increased awareness of ways to improve communication
- an increased awareness of ways to support people with dementia.

The training is suitable for carers and care staff who work with people with dementia.



AIMED AT

The programme is for **Care Home Providers** and is aimed at **Senior Care Staff & Dementia Champions, Nurses or Deputies & appropriate person/s** able to feedback what they have learned and can influence making changes to practice in their workplace.

Please note - due to limited spaces and high demand spaces are limited to 2 places per Care Home.

DURATION

1 x 3-hour Session (with break during)

DELIVERY

MS Teams

COURSE PRICE

The training is completely **FREE!!**

Please note, if you fail to attend the session you have booked onto and/or do not cancel your place atleast 48 before there may be a charge.

BOOKING

To book your place on the one of the training sessions you will need to **click on your preferred date below and sign up via Eventbrite.**

- [Wed, 20th March \(1:30 - 4:30 pm\)](#)
- [Fri, 19th April \(9:30 - 12:30 pm\)](#)
- [Tues, 21st May \(9:30 - 2:30 pm\)](#)

Eventbrite will then provide you with the MS Teams Details for your training session and BCA will send you the calendar invite.



If you would like more information or are having trouble booking onto a training session, please email, admin@bradfordcareassociation.org

BRADFORD CARE HOMES WEEKLY UPDATE

Please find the data below on Care Homes in the Bradford District for your information. The following data has been provided by the Council's Senior Management Team in the Contract and Commissioning Team.

Tracker content is currently being refreshed and is not available to be included in this edition

Data Sources:

Weekly Deaths, Office National Statistics.

Covid Infections, Occupancy and Tracker, NESCC Capacity

Tracker. Bradford

Outbreaks,
HPT