



Loss, Grief and Bereavement - for the Social Care Workforce

During the coronavirus pandemic, many thousands in the UK have faced the loss of someone they know. Family and friends have been cut off from their usual support networks and have been unable to be with loved ones when they die. Bereavement at any time is hard, and during this period of isolation, experiencing bereavement has been especially difficult.

The demands of working with another's grief is challenging at all practice levels. Working on the front line of care will mean having to deal with distressing events, whilst working under pressured and stressful conditions. You may be supporting bereaved colleagues, or perhaps dealing with a loss of your own as well as managing your own emotional response to the death of those in your care. This may lead to exhaustion and feeling burnt out.

Providing sensitive care to grieving people is only possible where the value put on those who seek care is matched by recognition of the need for practitioner support, and putting in place strategies to sustain individuals and teams.

This training package is aimed at registered nurses, managers and supervisors in a social care setting such as nursing homes, care homes and domiciliary care. It aims to develop understanding of the key issues and provide you with a 'tool kit' of strategies that you can draw upon to build resilience in yourself and your teams.

Training package

The training package consists of a podcast and a one hour question and answer webinar. You must watch the podcast prior to taking part in the webinar. Please see dates and times overleaf.

Content:

- Provides staff teams with an understanding and acknowledgment of the loss they have experienced and how this impacts on them and their team.
- Increases awareness of the Range of Response to Loss.
- Recognition of associated behaviours and risks to workforce.
- Provides practical ideas and strategies to build resilience and support to self and their team.
- Signposts to a range of relevant help/advice.

1 hour question and answer webinar

The webinar supplements the Podcast. It is designed to give participants the opportunity to ask the presenter questions.

Speaker: Victoria Ali – BN (Hons) Adult Nursing, specialist practitioner qualification in Oncology, MA Medical Ethics in palliative care, PgCert Health Professional Education, FHEA

Victoria has worked within Haematology and Oncology. Following a role as Liverpool Care Pathway Facilitator she moved into specialist palliative care within Sefton and Liverpool for nine years and subsequently as team leader for the community specialist palliative care team within Liverpool.

Victoria joined the University in 2018 as a lecturer teaching across both pre and post registration nursing courses, as well as leading the postgraduate end of life provision. She is currently undertaking a PhD in Palliative care within the International Observatory on End of Life Care at Lancaster University developing upon her previous work relating to assisted dying.



How to book

You only need to attend one webinar, dates and times below.

To book your place please follow the link <http://hud.ac/hh4> and enter password: **saffron**

Once registered you will have access to a podcast which you must watch prior to the webinar.

Webinar dates and times	
06/10/20	12.30pm
15/10/20	9.30am
19/10/20	4.00pm
30/10/20	12.30pm
04/11/20	11.30am

Fees

This course has a limited number of places funded for West Yorkshire Social Care organisations by Health Education England North East and Yorkshire. Applications are welcomed as soon as possible. The closing date is 30th September 2020.