



## **HOLIBREAK+**

### **ALTERNATIVE TO RESPITE**

The HoliBreak+ service is for both carers and disabled people that wish to use their personal budget, NHS Continuing Care budget, or, are self-funding, to have a break away in the UK or abroad. \*

Many disabled people don't wish to use their respite allowance for a break in a care home or nursing home, they more than likely want to use it towards a family holiday that meets all their necessary needs and requirements.

HoliBreak+ has done a lot of research into accessible holiday accommodation and have built a website with the accessible properties that have been found all over the world, anyone can access the website and browse the accommodation and places. The web site address is <https://holibreakplus.org.uk/holiday-destinations/>.

HoliBreak+ has also researched many local activities that carers and disabled people can access. Some of these are on our website too, <https://holibreakplus.org.uk/local-activities/>.

From time to time, we raise money from charities to enable us to offer day trips, trips to the pantomime, events etc free to carers and the cared for.

Follow us on:

- [Facebook](#)
- [Twitter](#)
- [Instagram](#)

We are also contactable by email [holibreakplus@equalitytogether.org.uk](mailto:holibreakplus@equalitytogether.org.uk)

\* The respite element of a personal budget or an NHS Continuing Care budget can only be used for a break within the UK.