

To submit any material for the bulletin, the deadline is 5pm the day before the next edition is due. Please ensure any information you consult is from a reliable source, including the NHS, or Public Health England.



## Thursday 22<sup>nd</sup> June 2023

#### **KEY DATES FOR YOUR DIARY**

- West Yorkshire safeguarding week is taking place from the 19th-23rd June
- World Continence week 20th 26th June
- The Diversity Exchange will launch 20th June
- Girft and rcp webinar series 20th June
- Bradford Adult Social Care Community Engagement Workshop 20th June
- Bradford Adult Social Care Community Engagement Virtual Workshop 21st June
- HUSH masterclass 22<sup>nd</sup> June
- Winter vaccination webinar dates available from the 23rd June 2023 to 31st August 2023
- Registered nurses working in care homes: end of life planning 26<sup>th</sup> and 27<sup>th</sup> June
- First palliative care link staff meeting 29th June
- Dementia training modules from 29th June
- DSPT deadline 30th June
- Dementia & managing distressed behaviours 5<sup>th</sup> July
- BCM AGM conference 3rd October

#### **EVENTS CALENDAR**

If you would like to advertise your event(s) on the calendar please use the 'Post and Event' button under the Events Calendar heading, link below:

https://bradford.connecttosupport.org/s4s/WherelLive/Council?pageId=5432

Upon submission, an event will go into a holding archive for vetting and publication. If appropriate the listing will be published to the events calendar.

# NCF SUMMARY OF SUPPORT GUARANTEED: THE ROADMAP TO A NATIONAL CARE SERVICE

Please use this <u>LINK</u> to view the full report.

### BRADFORD BUDDIES

MEET NEW PEOPLE. Bradford District Buddies is a new scheme

where you can be paired with a like-minded buddy with similar interests and hobbies. This is about doing what you would like to do, with someone who likes the same things. For more information: Bradford Buddies, learning disabilities, older people

#### **BOOK PRESS RELEASE**

Recruitment and retention in the social care sector receives a boost: new edition of Saving Social Care is published on Thursday 22 June

# SKILLS UNLOCKED: 12th July 2 – 6 pm Employers & Colleges - We Want You!

Support the inaugural Skills Unlocked Careers Fair by booking a stand

Showcase information for GCSE students on future career and educational pathways in your industry/education sector.

Your team can offer practical advice on what opportunities are available and how to take those next steps.

The University of Bradford provides tutoring for Maths (Foundation & Higher) and English GCSE students. The programme has been very successful, helping those taking part to achieve improved outcomes.

This year there are 550 students taking part and these students, along with their parents/guardians, are being invited to the Careers fair.

Skills House CAREERS &

Where: Student Central Building (same building as J. B. Priestley Library), University of Bradford BD7 1DP





Book a stand no later than:

<u>Monday 19<sup>th</sup> June</u>

using either this EOI Form:

https://forms.office.com/e/iQCcQqAe26

or by scanning the QR code below



SKILLS UNLOCKED 12<sup>th</sup> JULY 2 – 6 pm



# DEMENTIA & MANAGING DISTRESSED BEHAVIOURS IN CARE HOMES

FACE TO FACE QUALITY WORKSHOP



# Wednesday 5th July | 13:00 - 17:00



#### FOR CARE HOME PROVIDERS ONLY

This face to face Quality Workshop will take place at Carlisle Business Centre on Wednesday 5th July from 1 - 5pm. The event will focus on 'Dementia & Managing Distressed Behaviour in Care Homes'.

The event will be delivered in conjunction with BCA, Older Peoples Mental Health Team, Bradford District Care Trust, BDC ICB, BMDC Contract and Commissioning Team, Immedicare, GP's, PCN's and The Medicines Optimisation Team.

#### Booking onto the Event:





Click here to book your free place



#### AGENDA:

- Current challenges
- Exploring the reasons behind distressed behaviour
- Best practice
- Tools & resources









#### **DEVELOPING A POSITIVE WORKPLACE CULTURE**

Developing a positive workplace culture Throughout June and July, Skills for Care is supporting you with developing a #PositiveWorkplaceCulture. Culture is the character and personality of your organisation and what makes your organisation unique. It's made up of the shared characteristics of people in your organisation including values, traditions, beliefs, interactions, behaviours, workplace norms, and attitudes.

A positive workplace culture which ensures staff feel happy at work will lead to better outcomes for both staff and people who draw on care and support. It also means that you are in a stronger position to find and keep great staff. Managers and leaders play a key role in developing and maintaining a positive workplace culture, and the Care Quality Commission (CQC) focuses on culture within their inspection framework as a key factor of whether an organisation is 'Well-led'.

Throughout the campaign, Skills for Care will be providing information and resources to increase understanding of what a positive culture is and why it's important. They'll also be providing practical tips and examples for you to use to support with culture at your workplace. Keep an eye on their social media and website for more information. https://www.skillsforcare.org.uk/news-and-events/Spotlight-on/Developing-a-positive-

workplace-culture.aspx

### **CROSS SECTOR POINTS BASED SYSTEMS SPONSORSHIPS**

The Home Office will be hosting a webinar on the Cross Sector Points Based System and Sponsorship on Thursday 22<sup>nd</sup> June at 2 pm. They previously attended one of the leadership and peer support meetings and the information provided was useful particularly when taking on international recruits.

This session will cover:

- An introduction to the points-based system
  - Skilled Worker visa
  - · The Health & Care Worker visa
- Other immigration routes- Student/Graduate route, Hong Kong BNO
  - Sponsorship-The process, how to become a sponsor
  - Right to Work checks- what information needs to be checked?
    - Support Available/Materials
    - Q&A session with Home Office officials.

Please note that joining instructions for the event will be sent to registered attendees during the week of the 19th June 2023.

Please note this session will not be recorded.

To sign up please follow the link below:

Overview of The Points Based & Sponsorship System Tickets, Thu 22 Jun 2023 at 14:00 | Eventbrite

# Dementia Training Modules for Adult Social Care Providers

**Across West Yorkshire** 

Don't miss out on the Dementia webinar training sessions, available now for all Adult Social Care staff across West Yorkshire (fully funded).

The final dates have now been released for August onwards and a range of modules are available:

- Dementia Awareness (1 hour)
- Person-centred Dementia Care (2 hours)
- End of Life Dementia Care (2 hours)

Please see the attached flyer for more details and instructions about how to book a place or click this link to visit the Eventbrite page.

We would be extremely grateful if you could please share this across your network and help to spread the word about this exciting opportunity.

If you have any questions, please get in touch: AHOWDTrainingCalendar@leeds.gov.uk.

# MAKING SAFEGUARDING PERSONAL (MSP)

6<sup>th</sup> July, 9.30 – 12.30 to be held at Margaret McMillan building in Bradford.

This 3 hour face to face training session is aimed at professionals who contribute to the care or support of adults at risk of abuse and neglect. This can include, for example, housing, education, advocacy and police as well as health and social care. The session will provide an understanding of what Making Safeguarding Personal is and how to apply this when working with vulnerable adults who are most at risk. This interactive training will draw on facilitated discussions and interactive group exercises to inform learning and putting Making Safeguarding Personal into practice.

## Learning outcomes:

- What Making Safeguarding Personal is
- How to apply Making Safeguarding Personal in Practice
- Understanding the importance of Making Safeguarding Personal
- when learning from Local Safeguarding Adults Review

Presenters:

Jacqueline Bache
Toni Nelson
To book a spot, please sign up to Enable by clicking <u>HERE</u>.

#### HOT WEATHER COMMS RESOURCES

This page on Bradford Council's website has lots of information and links on how to stay well during hot weather: <a href="https://www.bradford.gov.uk/health/health-advice-and-support/advice-for-hot-weather-and-heatwaves/">https://www.bradford.gov.uk/health/health-advice-and-support/advice-for-hot-weather-and-heatwaves/</a>

#### #BeMoorAware - social media messages below, image attached

- The risk of wildfires is 'Very High' according to the Met Office's Fire Severity Index (FSI).
- Barbeques and fires of any kind are not allowed on moorland and in the Bradford district this ban is covered by a Public Space Protection Order with a fine up to £2,500 and/or prison sentence
- If you see fire or someone using a BBQ on moorland dial 999 and ask for the fire service
- https://www.westyorksfire.gov.uk/safety/be-moor-aware-wildfire-safety

#### #BeWaterAware - social media messages below, image attached

- During warmer weather people are more tempted to take risks around water and this
  has tragically and all too recently taken lives
- Please resist the temptation to cool off in open water such as rivers, lakes and reservoirs as this can be extremely dangerous
- Please talk to your young people about the dangers
- Anything below 15°C is classed as cold water and can seriously affect breathing and movement, this is cold water shock which can lead to drowning
- Other dangers include hidden objects such as machinery, tree branches, rubbish, even vehicles that may have been washed downstream all present risks
- www.westyorksfire.gov.uk/safety/water-safety

#### **Drowning prevention awareness**

When the weather is hot young people can be tempted to go for a dip in the local river or reservoir, but swimming in open waters is extremely dangerous. Examples of open waters include canals, rivers, reservoirs, and lakes.

There are many risks to swimming in open waters:

- The water can be extremely cold, even on a hot day. The shock of cold water affects your muscles making it very difficult to swim and increases the difficulty of getting out of the water if you get into a dangerous situation
- There is a lack of safety equipment and increased difficulty for rescue if you do get into a difficulty. There are also no life guards to help
- It is difficult to estimate the depth of the water and this changes and is unpredictable with uneven river beds
- Underwater objects and hazards may not be visible and there may be hidden rubbish like shopping trolleys or glass.
- Strong currents can rapidly sweep people away even if you are strong swimmer
- Open waters are not meant for swimming and so have steep banks which are very difficult to get in and out of
- The water might be polluted with toxic algal blooms and industrial/agricultural pollution and therefore can make you ill.

The RLSS website provides lots of helpful information on water safety including <u>water safety</u> <u>resources</u> which encourage a safe relationship with the water.

# CARE HOME OPEN WEEK 26 JUNE - 2 JULY 2023









# Put The FUN into FUNdraising

In celebration of Care Home Open Week, we are inviting every individual care home to challenge themselves to raise money for The Care Workers' Charity (CWC) and The National Activity Providers Association (NAPA) by putting on activities for families and residents, creating a lasting impact for care workers across the UK.

If all the different care homes involved in Care Home Open Week raised at least £100 for CWC and NAPA, we could collectively raise tens of thousands of pounds to support care workers and Activity Providers with financial grants when they need a helping hand, or give them access to free therapy when they need someone to talk to.

We could also support older people to defy ageist stereotypes, through NAPA's Living the Dream fund.

BAKE SALE, RAFFLE OR TOMBOLA
DRESS UP DAYS AND QUIZ NIGHTS
EATING CONTESTS OR FITNESS CHALLENGES
WHEELCHAIR RACES OR CREAM PIE YOUR MANAGER
SUMMER FETE OR FUN DAY
FIND A WACKY WORLD RECORD AND ATTEMPT TO BEAT IT
IF YOU'RE FEELING REALLY BRAVE,
WHY NOT DO SOMETHING DARING LIKE A SKYDIVE?

You can find lots of other fundraising ideas on the NAPA website, HERE









## **CASE STUDIES**



Fatou lives with her son Ali outside London and is a home care worker. She loves making a difference to people's lives but finds it difficult to make ends meet.

With the rising cost of living, the family is now having to cut back on everything from food, electricity and car journeys to after-school activities. What was a tight but manageable situation is becoming increasingly precarious. Fatou herself can survive without breakfast, but she's worried about Ali, who needs nutrition to concentrate at school. Fatou didn't enter care work for the money - for her, it's about compassion and offering physical and emotional support.



The CWC grant has made a huge difference to their life helping with daily living expenses such as food shopping and bills. It has allowed Fatou the breathing space she desperately needed to be able to continue supporting

people she works with. Fatou and Ali are not alone. Care workers across the UK need our support.



Dave and Paul, a loving couple of over 40 years, had always dreamed of having a fairy tale wedding. However, due to financial constraints and health issues, they had put their dream on hold for many years. Megan, the Activity Provider who works in the care home where Paul now lives, stumbled upon NAPA's Living the Dream fund and discussed her idea to apply with the couple. Together they decided to apply, unsure if their dream wedding could ever become a reality.



The NAPA team, moved by Dave and Paul's story and their unwavering love for each other, carefully reviewed their application. Recognising the importance of granting their wish, NAPA decided to select Dave and Paul as beneficiaries of the Living the Dream fund.

With the financial support provided by the Living the Dream fund, Dave and Paul began planning their dream wedding, with Megan's support. NAPA's team worked closely with them, offering guidance, resources, and connections to ensure every detail was taken care of. From finding the perfect venue to selecting the wedding attire and organising a memorable reception, Megan made sure that Dave and Paul's dream became a reality!

On a beautiful sunny day, surrounded by their friends and loved ones, Dave and Paul exchanged vows in a picturesque setting. Their dream wedding was everything they had imagined and more. The Living the Dream fund had made it possible for them to celebrate their love and commitment in a truly magical way. The joy and happiness radiated from the couple, inspiring everyone present to embrace life and pursue their dreams, regardless of age.

With your support we can expand the campaign and build the fund. This will enable NAPA to empower even more individuals to pursue their passions and break free from societal expectations.



# YOUNG PEOPLES SERVICE - CBMDC IS HOLDING AN ONLINE MARKET ENGAGEMENT EVENT ON:

Thursday, 6<sup>th</sup> July 2023 10:00 – 12:00

with the intention of publishing the tender in September 2023.

The City of Bradford Metropolitan District Council wishes to inform organisations of its plans for publishing a tender for a Young Peoples Service to support:

- Young people 16-25 who do not qualify for adult care but have complex needs / a learning difficulty / autism
- Young people 16-25 who Children's Services believe are at risk of exploitation
- Young care leavers 16-25 who are vulnerable and need longer term support

We would like to invite you to a market engagement event where we will provide further information and future intentions for the service. We would also invite any feedback, expertise and experience you would like to share. Key service outcomes will be outlined in the session.

As part of our "Keep it Local" commitment we welcome local providers. To be kept informed of this opportunity please register on **Yortender** <u>here</u>

Please note the Yortender messaging service function can be used for any queries.

Tickets available here: <u>Young Peoples Service - Market Engagement Event Tickets, Thu</u> 6 Jul 2023 at 10:00 | Eventbrite

## DAY ACTIVITIES PROVIDER FORUM

Monday 17th July 2023

Time: 9:30 - 12.30

Location: Skills Kitchen and Wild Thing Mushroom Farm, Salts Hub, Victoria Road, Saltaire BD18 3LA

For those organisations which deliver, or are interested in delivering, Day Activities services (including Supported Employment) within the wider Bradford District; this is an opportunity to network; share best practice; and learn about upcoming commissioning opportunities.

An Eventbrite link will be circulated via e-mail to current providers, as well as being available via the Connect to Support Provider Zone Events Calendar. Please find the Events Calendar here:

https://bradford.connecttosupport.org/s4s/WhereILive/Council?pageId=5432

#### **GOVERNMENT TO LEGALLY MAKE VISITING A PART OF CARE**

- Government announces proposed legislation on visiting in health and care settings
- New regulations will make visiting a legal requirement for hospitals, care homes, mental health units and other health and care settings
- Care regulator will have new powers to make sure providers are allowing families to visit loved ones

People in care homes and hospitals will be able to have visitors in all circumstances, thanks to the government's plans to bring forward new legislation.

Health and care settings should be allowing visits, according to the guidance from the government and NHS England currently in place, but there are reported cases where visiting access is being unfairly denied.

As a result, the government is seeking views from patients, care home residents, their families, professionals and providers on the introduction of secondary legislation on visiting restrictions.

The new legislation will strengthen rules around visiting, providing the Care Quality Commission (CQC) with a clearer basis for identifying where hospitals and care homes are not meeting the required standard.

The government recognises the contribution that visiting makes to the wellbeing and care of patients attending hospitals, and residents of care homes, as well as the emotional wellbeing of their families and so is seeking views on what the new rules will look like.

For health settings, regulations will be reviewed in both inpatient and outpatient settings, emergency departments and diagnostic services in hospitals, to allow patients to be accompanied by someone to appointments.

#### Minister for Care, Helen Whately said:

"I know how important visiting is for someone in hospital or living in a care home, and for their families. I know from my own experience too - I know what it feels like to be told you can't see your Mum in hospital. That's why I'm so determined to make sure we change the law on visiting.

"Many care homes and hospitals have made huge progress on visiting and recognising carers since the pandemic. But I don't want anyone to have to worry about visiting any more, or to face unnecessary restrictions or even bans.

"I have listened to campaigners who have been so courageous in telling their stories. I encourage everyone who cares about visiting to take this opportunity to have your say on our plans to legislate for visiting."

#### Minister of Health, Will Quince said:

"Most hospitals and care homes facilitate visiting in line with guidance, but we still hear about settings that aren't letting friends and families visit loved ones who are receiving treatment or care.

"We want everyone to have peace of mind that they won't face unfair restrictions like this, so we want to make it easier for the CQC to identify when disproportionate restrictions and bans are put in place and strengthening the rules around visiting.

"It's important that people feedback on the consultation, we want to make sure the legislation is right for everyone. If you've experienced unjust visiting bans, please share your experience."

Challenges around visiting were exacerbated during the Covid pandemic, with many health and care settings restricting and banning visits to stop the spread of the virus, ease pressure on the NHS and reduce the risk of transmission. Since restrictions were eased and there was a return to normality, many health and care settings have made efforts to return to pre-pandemic visiting. There are however still instances where, families and friends continue to face issues with visiting across the health and care sector.

The CQC does currently have powers to clamp down on unethical visiting restrictions, but the expected standard of visiting is not specifically outlined in regulations. Current guidance from government and the NHS is clear that all care homes and hospitals in England respectively are expected to facilitate visits in a risk-managed way, such as through the use of face coverings in the event of an outbreak or in the reduction of the number of visitors at one time.

Patricia Mecinska, Assistant Director of Patient Experience at King's College Hospital NHS Foundation Trust said:

"At King's, our teams recognise the invaluable contribution that friends, carers and loved ones make to the patients under our care, including supporting us to provide care that's respectful of our patients' needs, so enabling them to make a positive recovery. Plans to involve care supporters in a more formalised way will be welcomed by many patients and will aid us in delivering our vision of providing outstanding care to patients and communities."

The hospital visiting guidance also includes an expectation that patients can be accompanied to hospital appointments when needed.

With the new legislation, the CQC will be able to enforce the standards by issuing requirement or warning notices, imposing conditions, suspending a registration, or cancelling a registration.

#### Notes to editor:

Visiting consultation: Visiting in care homes, hospitals and hospices - GOV.UK (www.gov.uk)

#### **BRADFORD SOCIAL CARE WORKFORCE STRATEGY**

Just a reminder about the Bradford Social Care Workforce Strategy and where you can obtain a copy.

Launched earlier this year, the strategy aims to support the sector to increase recruitment ensuring that individuals have the right values, feel valued in their role and see social care as a rewarding career. The strategy aims to encourage individuals to stay in the sector by ensuring they are supported and have access to learning and development opportunities that provide them with the skills, knowledge, and competencies to deliver person-centred support.

We need to ensure that pay levels and working conditions are appropriate to recruit and retain quality staff so that services are operating safely. We are also committed to the wellbeing of the workforce ensuring there is access to support appropriate to their needs.

The overarching aim of the strategy is to achieve our Bradford workforce vision. 'We will have a culturally competent workforce, that is motivated, confident and well-resourced and has the commitment to deliver person centred and strength-based approaches with individuals across the Bradford District so that people live 'happy, healthy at home.'

The strategy, which concentrates on six themes: recruitment, retention, pay & conditions, wellbeing, learning & development, raising the profile and has been developed in partnership with our strategic partners in Bradford and with colleagues from across the health and social care sector. Please follow the link to the full document here;

 $\underline{https://bradford.connecttosupport.org/media/vx1f0kvx/bradford-social-careworkforce-strategy-2022-2027.pdf}$ 



# **Introducing Good Things Foundation**



UK's leading digital inclusion charity. **4 million** people supported worldwide since 2010



Work with **community organisations** that create impact locally and nationally as a network



Provide **free resources**, **support and services** to address access and skills barriers: **National Databank**, **National Device Bank** and **Learn My Way** 



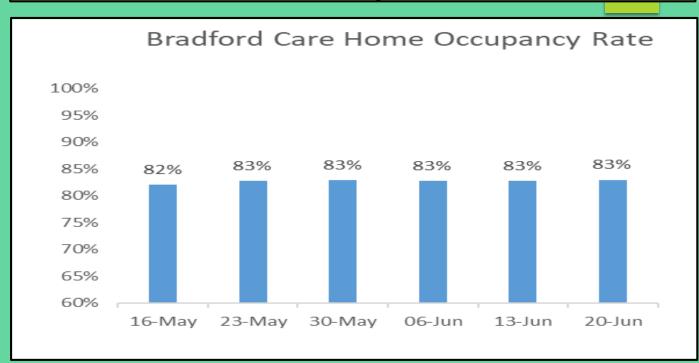
**Campaign** for digital inclusion and advocate to #FixTheDigitalDivide

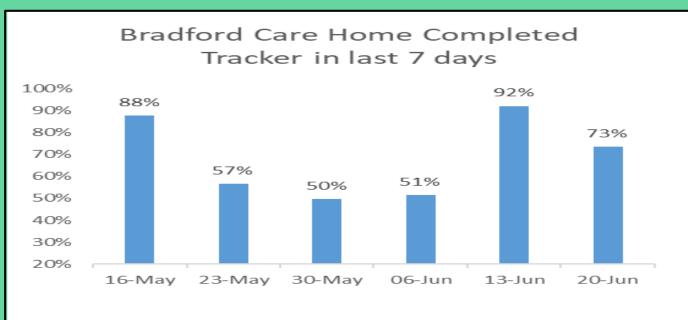


<u>For more information on the Good Things Foundation Click</u> here

# **BRADFORD CARE HOMES WEEKLY UPDATE**

Please find the data below on Care Homes in the Bradford District for your information. The following data has been provided by the Council's Senior Management Team in the Contract and Commissioning Team.





Data Sources:

Weekly Deaths, Office National Statistics.

Covid Infections, Occupancy and Tracker, NESC Capacity

Tracker. Bradford

Outbreaks, HPT