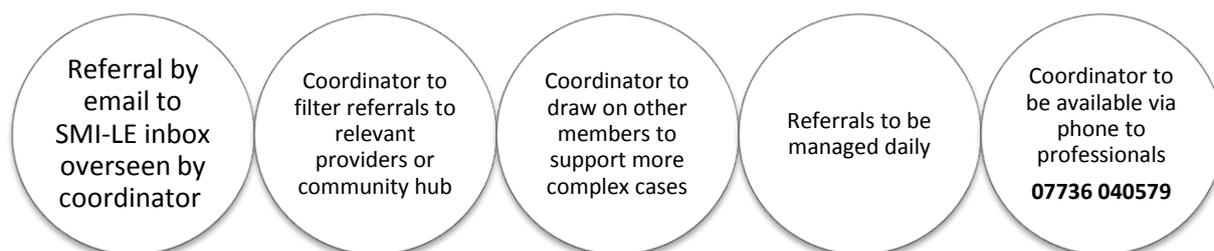


Team SMI-LE

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Process



Remit of SMI-LE team

- ✓ To provide a single point of access for support requests
- ✓ Coordinate and link offer to the wards, the community teams and primary care hubs
- ✓ Ensure the above offers are offered by the most appropriate and local organisation
- ✓ To work with organisations to create content for the online sessions and scripts for telephone support
- ✓ To ensure that the peer support and workers are provided with the appropriate resources
- ✓ Signpost for appropriate carer and wider family support
- ✓ Liaise with Guideline for increased support and capacity to manage daily calls for people

Types of support available:

Group sessions:

- Facilitated by VCS organisations with experience of working with people who have SMI – this can be peer led or key worker led.
- Mixture of mass group sessions which are open to anyone joining for mental wellbeing tips and smaller group sessions for topic specific or safe groups

One to one sessions:

- Key worker must be a service that can provide ongoing mental health support to maintain continuity
- Daily phone support via **Guideline** can offer 12pm-12am daily support for someone to speak to and be signposted – the number is **01274 594594**
- Support people to use and access the Healthy Minds digital doorway www.healthyminds.services

Community support

- Linking to befriending, Good Sam/ People Can volunteers
- Support with shopping and access to food and essential supplies
- Chaperoned activity and exercise
- Access to digital resources to maintain contact
- Signposting
- Cultural and geographically specific support
- Identifying wider needs, e.g., employment, bereavement, benefit support, safeguarding