**Speech and Language Therapy Services**

Airedale General Hospital

Skipton Rd

Steeton

Keighley

BD20 6TD

Tel: 01535 295085

www.airedale-trust.nhs.uk/speech-and-language-therapy/

1st April 2025

Dear Care Home Manager,

We are writing to advise you that the Speech and Language Therapy service at Airedale NHS Foundation Trust and across the Craven area will be changing their 1st line thickening agent to **Resource ThickenUp Clear (Nestle Health Science, PIP Code 433-7291)** in the management of those who have swallow problems. This is in line with that already recommended at Bradford District Care NHS Foundation Trust and across the Bradford community, to ensure a safe and consistent use of a thickening agent.

After careful consideration we are consistently recommending the use of Resource ThickenUp Clear because:

* We believe it would be safer to unify the use of thickeners across the localities.
* Recommendations made by our department will be based on using this product.
* Patients will be prescribed this product in hospital and any new swallowing recommendations made by our department will be based on using the same product.
* We will be recommending all GPs prescribe this product.
* Once thickened to the appropriate consistency Resource ThickenUp Clear remains stable and will not separate or continue to thicken on standing.
* It can be left at bedside for 4 hours or refrigerated for 24 hours.
* The product is based on xanthan gum meaning it is amylase resistant, which ensures it does not change consistency when in contact with saliva.

Nestlé Health Science have kindly agreed to provide training on using the product to care homes in Airedale and Craven district, as well as any care home who would like a refresher within the Bradford area. Care homes in Airedale and craven area should be contacted soon regarding this by a Nestle Health Science representative. Those that have large numbers of patients with swallowing problems will be contacted initially. **We would strongly advise you to make use of this training as there are some differences in the amount of thickener used and the way it is mixed. This training can also be delivered online, or accessed via the following links-** [https://www.nplushub.co.uk/dysphagia-training-videos](https://gbr01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.nplushub.co.uk%2Fdysphagia-training-videos&data=05%7C02%7Cdawn.kidger%40nhs.net%7C748ce428301c4009624b08dd45d1aeaf%7C37c354b285b047f5b22207b48d774ee3%7C0%7C0%7C638743489094797051%7CUnknown%7CTWFpbGZsb3d8eyJFbXB0eU1hcGkiOnRydWUsIlYiOiIwLjAuMDAwMCIsIlAiOiJXaW4zMiIsIkFOIjoiTWFpbCIsIldUIjoyfQ%3D%3D%7C0%7C%7C%7C&sdata=TIztqHwj%2B829JHEHg%2Fn%2BuBvYPJgwo0FWbae8RBPAOcU%3D&reserved=0)**.**



**People who are already using an alternative thickener, and having no issues with compliance or safety may wish to remain on this product. However, a change to Resource ThickenUp Clear can be made without the need for a re-assessment of their swallowing should this be preferred.**

If you would prefer to contact Nestle to arrange a suitable time for training, please contact the Nestle representative directly. Her details are as follows:

Jen O’Neill

Dysphagia Product Trainer (Resource® ThickenUp® Clear)

Nestlé Health Science UK

Email: [Jenny.ONeill@uk.nestle.com](mailto:Jenny.ONeill@uk.nestle.com)

Mobile: 07787871797

If you have any further queries, please do not hesitate to contact the Speech and Language Therapy Department and on the above telephone number.

Yours Sincerely

A close-up of a sign

AI-generated content may be incorrect.

Alison Rohatynskyj

Speech and Language Therapy Professional Lead

Airedale NHS Foundation Trust