



To submit any material for the bulletin, the deadline is 5pm the day before the next edition is due. Please ensure any information you consult is from a reliable source, including the NHS, or Public Health England.

Thursday 2 February 2023

KEY DATES FOR YOUR DIARY

Thursday 2nd February – How to Fundraise and What Makes a Good Application

Monday 13th February – Go4Growth: Finding Opportunities In the Public Sector

Wednesday 15th February 2023 – Preparing for a CQC Inspection Workshop

Wednesday 22nd – Thursday 23rd February – Safeguarding Role of Service Manager Training

Upcoming events can also be viewed in the [Events Calendar](#) in the Provider Zone!

COST OF CARE EXERCISES NOW PUBLISHED ON THE COUNCIL WEBSITE

In line with the requirements of the DHSC Market Sustainability and Fair Cost of Care Guidance: <https://www.gov.uk/government/publications/market-sustainability-and-fair-cost-of-care-fund-2022-to-2023-guidance/market-sustainability-and-fair-cost-of-care-fund-2022-to-2023-guidance> Bradford Council is now publishing its cost of care reports for older people's care homes and for home support services. These can be found on the Council website and also on Provider Zone in Connect to Support (links below).

<https://bradford.connecttosupport.org/provider-zone/>

<https://www.bradford.gov.uk/business/commissioning-adult-health-and-social-care-services/commissioning-adult-health-and-social-care-services/>

The policy was designed to improve sustainability in local care markets and to ensure local authorities can prepare their markets for reform (particularly the impact of section 18(3) and the right for self-funders to request that a local authority purchase care on their behalf at the 'usual council rate'). The change (18(3)) was originally intended to come into force from October 2023, however this has now been delayed to October 2025. As set out in the guidance, the outcome of the cost of care exercise is not intended to be a replacement for the fee-setting element of local authority commissioning processes or individual contract negotiation but Local authorities are expected to use the insight gained from the cost of care exercises to support their commissioning and contract negotiation for the relevant services in practice.

Our final market sustainability plan, which sets out how the local authority will move towards the fair cost of care calculated in these exercises as part of our 2023 to 2024 budget setting process, is to be submitted by 27 March 2023.

In the initial guidance three years additional funding (2022-2023) was to be made available to Council's to support the move towards fair cost of care, since the changes made by the chancellor in the Autumn statement there is a ring fenced grant called 'Adult Social Care Market Sustainability and Improvement Funding' for 2023-24, however the detailed guidance on how this should be used is not yet available. We are working on the assumption that we will have some money to move towards the fair cost of care for the areas referenced above as well as provide general inflationary uplift. Further details will be shared with the market as soon as possible. Both Cost of Care exercises were facilitated by an independent agency supported by a steering group made up of BCA members and Council officers. Bradford Council Commissioning and Contracts Team is very grateful for the efforts made by providers who participated in these exercises and for the co-production of the overall approach by the BCA.

INFORMATION FOR: ALL PROVIDERS

COVID-19 PPE GUIDANCE FOR UNPAID CARERS

To read government guidance on COVID-19 PPE for unpaid carers, please click [HERE](#). This guidance outlines PPE advice for unpaid carers who do not live with the person they care for. Other unpaid carers may choose to use this guide.

Guidance should be used in conjunction with local policies where they exist such as in care homes and day centres.

The guidance shows:

- Which PPE to wear depending on how you are caring for someone.
- How to use your PPE safely to help protect yourself and the people you care for.

ANNOUNCEMENT ON FREE PPE EXTENSION

The Government made an [announcement on the extension of free PPE](#). The free PPE scheme will be extended until March 2024, or until DHSC's stocks are depleted, in order to provide protection for frontline staff against Covid as part of the government's Living with Covid strategy.

DHSC will continue to supply [all categories](#) of PPE according to demand until the end of March 2023. Further information about the extension and the scheme can be found [here](#).

BRONZE, SILVER, GOLD AND PLATINUM AWARDS FOR COVID-19 BOOSTER VACCINATIONS

The Contract and Quality Team is again introducing Bronze, Silver, Gold and Platinum awards for Care Homes and Home Support Providers based on the uptake of the Covid-19 Boosters amongst staff members.

Providers that receive the Gold or Platinum award will receive a letter of commendation from Iain Macbeath, Strategic Director of Health and Wellbeing, and Sarah Muckle, Director of Public Health, at Bradford Council.

The Covid-19 Vaccination Figures are based on data from Capacity Tracker therefore it is crucial that you update regularly.

There is no deadline for these awards. Should your service become eligible for a higher award, we will issue your new award once the uptake of staff evidence stated above is submitted. To find out more about the Capacity Tracker, please visit [HERE](#).

Please note that the figures on the Capacity Tracker do not differentiate between staff that are hesitant and those that are medically not eligible. If you have vaccinated all eligible staff, please email the Commissioning Inbox and we can update your rating on our records.



Co-develop a board game into dementia inequalities!

Join us for a face-to-face workshop to develop a board game into dementia inequalities! If you have dementia, are an unpaid carer or care professional, or represent a Charity, please share your experiences and take part! You will receive a £15 shopping voucher as a thank you.



Face-to-face Workshop

01/03/2023
10.00-12.00

Where?

University of Liverpool,
*Room details in
confirmation email*

To find out more or take part, please email Dr
Clarissa Giebel (Clarissa.giebel@liverpool.ac.uk) in
due time ahead of the workshop date.



UNIVERSITY OF
LIVERPOOL

NIHR

Applied Research Collaboration
North West Coast



The Lewy Body Society



Project team: Dr Clarissa Giebel, Dr Kerry Hanna, Prof Mark Gabbay, Hilary Tetlow, Jacqui Cannon, and Bronte Heath. This project is funded by the University of Liverpool and the Wellcome Trust, and the NIHR ARC NWC.

SHARE YOUR VIEWS IN MAJOR NATIONAL NEW INQUIRY IN PREVENTATIVE HEALTHCARE

The Health and Social Care Committee is launching a major new inquiry into prevention. For the first stage of this inquiry, they want to hear from researchers, organisations and individuals interested in or working in preventative healthcare. This is your opportunity to get involved and suggest what specific issues they should be exploring.

Please follow this link for more information [Prevention in health and social care - Committees - UK Parliament](#). The deadline for submitting a proposal is 8 February 2023.

SAFEGUARDING ROLE OF THE SERVICE MANAGER TRAINING

This two-day, face-to-face programme is aimed at managers and team leaders of any services who contribute to the care or support of adults at risk of abuse and neglect. This can include, for example, housing, education, advocacy and police as well as health and social care. We will explore the experiences and aspirations of adults with care and support needs and discuss practical implications and solutions for managers of services. Using a range of facilitated discussions and interactive group exercises, participants will be encouraged to build on their existing knowledge and experience and to think about how learning can be applied to their particular service, role and responsibilities.

Content includes:

- How adults in Bradford might experience abuse and neglect: With a focus on human rights and 'Making Safeguarding Personal', exploring models of coercion and control to look at how abuse can happen in different situations.
- The legal frameworks and local arrangements for safeguarding adults: Using legislation and examples from case law to explore how different legal frameworks apply in different situations and how the local multiagency arrangements might work in practice.
- The Manager's role and contribution to different stages of safeguarding procedures: Practical tips on how to use the procedures most effectively and how the procedures fit with other guidelines such as managing incidents, staff capability and misconduct.
- Safeguarding Leadership: exploring how participants can monitor safeguarding in their service and create a positive, open safeguarding culture within the staff team.

Trainer: Matt O'Connor

Dates available:

Wednesday 22nd – Thursday 23rd February 2023

Thursday 20th – Friday 21st April 2023

Wednesday 12th July – Thursday 13th July 2023

Wednesday 29th November – 30th November 2023

To register please go to bradfordsafeguardingpartnership.vc-enable.co.uk. (Once registered/logged in please click on the events tab)

CQC FUNDAMENTAL STANDARDS SESSION

Improve the lives of the people you support, and hopefully impress CQC too!

Face to Face Session delivered by Hempson's Solicitors will take place at Scorex House on:

- Wednesday 8th March (1 - 4.30pm)
- Wednesday 22nd March (1 - 4.30pm)

During the session, you will get taken step by step through the Fundamental Standards of Care. These regulations are the core of what CQC measure your service against. You will receive hints and tips to help showcase your service to CQC and ensure you have a solid foundation in your knowledge.

There are 10 places available for each session for all Care Managers and BCA will be prioritising those Care Services who have been graded by CQC as requires improvement. The session is first come first serve and spaces are limited to 1 place per organisation. There will be a £100 fine for non attendance on the day (minimum notice period is 24 hours).

If you're interested in attending one of the sessions, you will need to register your interest with BCA with your preferred date. The BCA will then send you a EventBrite booking where you will book onto a session. To register your interest please email admin@bradfordcareassociation.org

LIVING WELL - FREE UPCOMING TRAINING COURSES

A Royal Society for Public Health (RSPH) course and two Mental Health First Aid England courses are being delivered by Living Well. These courses are suitable for anyone who lives or works in the Bradford district. Places are limited and will be allocated on a first come first served basis.

To access the Royal Society for Public Health (RSPH) course , please click [HERE](#).

To access the Mental Health First Aid England courses, please click [HERE](#).

To visit the living Well website, please click [HERE](#).

CPAP PROJECT - NORTH EAST AND YORKSHIRE LEARNING DISABILITY AND AUTISM PROGRAMME

There is a national NHS project team are leading on, looking at supporting people with a learning disability and autistic people who use CPAP machines to do so more effectively.

The project team would like to hear from people with a learning disability, autistic people, carers and health professionals to find out the barriers and enablers of effective CPAP machine use. This information will then be used to design resources to support people with lived experience, paid and unpaid carers and health professionals to use CPAP machines as prescribed.

Please click [HERE](#) to see the invitation leaflet to take part in a focus group about this. **Please can you share the following survey links and the focus group invitations amongst your networks.** Please note the focus groups are open to people with lived experience, paid and unpaid carers and health professionals.

If you have a learning disability or you are autistic and you have been asked to use a CPAP machine please could you complete this survey. [A survey about sleep machines \(surveymonkey.co.uk\)](https://surveymonkey.co.uk)

If you are supporting someone who uses (or should use a CPAP machine) please could you complete this [survey](#).

If you are a health professional, please could you complete this [survey](#).

TIME TO TALK DAY, MIND IN BRADFORD RESOURCES

Mind in Bradford is encouraging people across the district to make space for conversations about mental health.

See their [webpage](#) for ideas to get involved, including:

Free resources to organise your own Tea 'n' Talk event

A [ten-minute training session](#) on talking about mental health at work.

START A CONVERSATION ABOUT MENTAL HEALTH THIS TIME TO TALK DAY

Bradford District and Craven Health and Care Partnership is encouraging local communities to [start a conversation about mental health, in the lead up to Time to Talk Day](#) taking place on Thursday 2 February. Time to Talk Day is an opportunity to get people talking and listening about mental health, as one in four people will experience a mental health problem in any given year. The campaign aims to end mental health stigma and discrimination. Social media toolkit attached

I've got
..... on my mind,
can we talk?

Make space in your day for a
conversation about mental health

**time to
talk day**

02/02/23



Rethink
Mental
Illness.

#TimeToTalk

In partnership with



This month's focus is around Training Resources and Support. To ensure the right people are receiving the most relevant information, the BCA have split the monthly Newsletter into 5 different sections.

Latest News & Updates
For all Care Providers
Care Home Only
Home Care Only
Contact Us

Once you have opened the newsletter via the link below. You can go directly to a section of interest by clicking on the small grey square with white lines, in the bottom right of your screen.

January Newsletter - <https://sway.office.com/0AJLsbCODtQQiGE7?ref=Link>

GO4GROWTH EVENTS

Happy New Year! We are working on putting the below into a G4G document that is shareable with live event links embedded in it, but in the meantime we wanted to give you an early heads up of the 2023 Go4Growth virtual events calendar. These are all live and bookable via our website at the following link: <https://go4growth.co.uk/events> or via our Eventbrite page here: <https://www.eventbrite.co.uk/organizations/events> and anyone can book onto any and as many events as they like. There's more detail on the events within the event itself on Eventbrite. All sessions will be recorded and sent to everyone who registers.

Go4Growth have planned 16 virtual events so far, starting in February and running through to November (excluding August & December). To access the 2023 Go4Growth virtual events calendar, please click [HERE](#).

PROVIDER HANDBOOKS FOR CARE HOMES AND HOME SUPPORT ARE NOW LIVE!

We would like to signpost you to the new Provider Handbooks, available on Connect To Support platform, within the Provider Zone.

- Care Home Handbook - <https://bradford.connecttosupport.org/media/24zbb1q4/2023-02-02-bradford-care-home-handbook.pdf>
- Home Support Handbook - <https://bradford.connecttosupport.org/provider-zone/home-support-handbook/>

The Handbooks build upon the fantastic resource packs that were developed and contain up to date information and contact details, for local and central supporting resources. The Handbooks form part of the Service Improvement Board agendas and we welcome your feedback and proposals for additional content.

We need your feedback to help support Care Fee Uplift negotiations!

Over recent years we have had to contend with Covid 19 and the increasing workforce challenges, and now the sector is faced with soaring cost inflation and a deepening workforce crisis as a result.

The BCA will be calling on the health and care system for sufficient care fee uplifts for 23/24 to ensure the financial sustainability of the sector and to support the recruitment and retention of our workforce.

To inform our case please complete this survey ASAP so we can capture the key cost pressures and sustainability concerns of the sector.

Any information shared with the BCA will be anonymised so you cannot be identified.

[CLICK HERE - Care Fee Uplift 23/24 and sustainability concerns of the Care Sector Survey](#)

As well as the above survey, BCA are helping to support Care Providers and their workforce during these challenging times and would like to find out what type of support could help you. The BCA can then look for ways to try and find this support, from the Council, the Integrated Care System and other agencies.

Please send the Workforce Survey below to your staff ASAP.

[CLICK HERE - Workforce Survey \(for your staff to complete\)](#)

Any Information shared with the BCA will be anonymised so you can not be identified.

We will continue to work with the council and the wider systems exploring all means of supporting the sustainability of the care sector and the workforce.

Thank You in advance.



BRADFORD
REGISTERED MANAGERS NETWORK



SPOTLIGHT ON... JOURNEY TO GOOD

Preparing for a CQC inspection

**SAVE
THE DATE**

Wednesday 15th February
2 - 4 pm

Agenda:

- Preparing for the inspection
- Evidence
- Lessons learnt
- Improved outcomes
- CQC's Key areas of focus
- Resources

Meeting ID: 993 772 1608
Passcode: Bradford20





Do you need to know about **accessibility** in Bradford?

 AccessAble is your **Accessibility Guide**

City of Bradford Metropolitan District Council are working in partnership with AccessAble

Why use AccessAble?

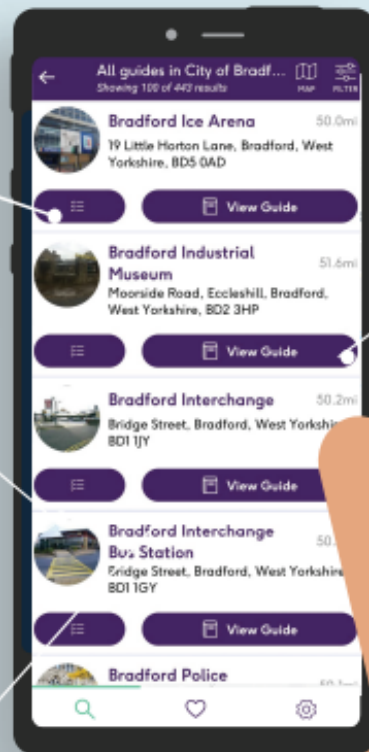
- **Hundreds** of venues included
- Each one **visited** and **assessed**
- The **detail** that's important to you
- 100% **facts, figures** and **photographs**
- Kept **up to date**
- **Free** to use



Plan in advance

Use on the go

Save the guides that are **important to you**



Filter results by what matters to you



Open camera app and scan code to view Access Guides

#KnowMoreGoMore

#AccessAbleBradford

www.AccessAble.co.uk





Building brighter futures
with people recovering from mental health problems

THE CELLAR TRUST FREE TRAINING

BEREAVEMENT, GRIEF AND MOURNING

Dates:

DAY 1: Wednesday 15 February 2023

DAY 2: Thursday 23 February 2023

Timings: 1pm – 4pm.

Location: The Cellar Trust, Farfield Road, Shipley, BD18 4QP

Book your free place here: www.thecellartrust.org/what-we-do/training

TRAUMA INFORMED PRACTICE

Dates: Thursday 2 and Thursday 9 February 2023

Timings: 1pm – 4pm.

Location: The Cellar Trust, Farfield Road, Shipley, BD18 4QP

Book your free place here: www.thecellartrust.org/what-we-do/training

NEURODIVERSITY TRAINING

Dates: Various dates between January– March 2023

Book your free place here: www.eventbrite.com/cc/neurodiversity-training-1123539

INTRODUCTION TO COUNSELLING SKILLS

Dates: Various dates between January – March 2023

Timings: 10am – 4pm.

Location: The Cellar Trust, Farfield Road, Shipley, BD18 4QP

Book your free place here: www.thecellartrust.org/what-we-do/training

SELF-HARM TRAINING

Dates: Various dates between January – March 2023

Timings: 2 hour session, start time 10am, 1.30pm or 6.30pm

Location: Online

Book your free place here: www.eventbrite.com/cc/self-harm-training-1258149



Save the dates for 2023

MCN General Palliative Care Symptom Management and End of Life Care Workshops.

You will need to attend all 3 sessions.

The dates for 2023 are – 22nd March 2023,

29th March 2023, 5th April 2023

and then

18th October 2023,

25th October 2023, 1st November 2023.

All Sessions will be 9am -11am Venue TBC

This for people who look after palliative patients as part of their everyday jobs e.g. GPs, District nurses, care home staff, new starters to the hospice, hospital nurses

To reserve your place, please contact

Jasmeet.Panesar@bdct.nhs.uk

To read the workshop slides, please click

[HERE.](#)

ACTIVITY COORDINATOR NETWORK

Why join the network?

- Support one another
- Showcase ideas and resources
- Learn from each other
- Hear from external speakers / organisations
- Monthly Meetings with other Activity Coordinator's
- WhatsApp Group - sharing ideas on the go



How to join the Activity Coordinator Network?

Email admin@bradfordcareassociation.org to join the network. You can then receive the Monthly Zoom Meeting Calendar Invites + be added to the WhatsApp Group



**For more information email:
admin@bradfordcareassociation.org**

INFORMATION FOR: ACCOMMODATION BASED SERVICES

DISCHARGE SUPPORT

Please read this important update from Capacity Tracker regarding Discharge Support.

We all know that health and social care is currently under a great deal of pressure. Anything that helps someone leave hospital when they are medically fit to do so is critical to their ongoing recovery and helps the broader system, from ambulance delays due to handing patients over in A&E to improving wider patient flow.

When someone is waiting to leave hospital and it has been agreed to discharge to a Care Home, either for a long-term placement or for 'step down' support, the Capacity Tracker can assist discharge teams by reducing the number of speculative calls checking the status of vacancies which add burden to Care Homes. Ensuring the data in CT is as up to date as possible is the best way to avoid additional calls. Calls made are then able to be more focused on discussing the care needs of specific individuals.

What is needed by Care Homes?

Update your vacancies whenever the status of your vacancies change or, at least every 48 hours

Ensure that your list of available Services is reviewed. It is essential that if your location is able to provide short stay/step down services then this is made clear on the Capacity Tracker. Advise discharge teams making speculative calls that your vacancy information is up to date so they gain confidence and reduce speculative calls. Direct them to your CT data

What is needed by Discharge Teams?

Before making speculative calls use the Capacity Tracker to check on vacancy status. Advise Care Homes that you will be using the Capacity Tracker to identify vacancies that can take admissions

This will ensure confidence for all Care Homes and Discharge Teams that the information in Capacity Tracker is contemporary.

Links to the attached support packs can be found below:

[Health & Social Care Discharge Support Pack](#)
[Care Home Discharge Support Pack](#)

IMMEDIATE VIRTUAL TRAINING SESSIONS

For details and the timetable for the training, please click [HERE](#) to open the attached information. For information on how to register for the virtual training, please click [HERE](#). If you have any questions regarding the training, please contact Angela at acunningham@immediate.co.uk

New Pathway for Category 3 and Category 4 999 Calls

A new pathway has been agreed with YAS where any calls received from Care Homes that are classified as **Category 3 or Category 4 will be routed from 999 to the Telemedicine Service** to see if they can support the residents and avoid an unnecessary attendance to hospital.

To cut down on handover processes and time please contact the **Telemedicine Service** before considering calling 999 unless it's clearly an emergency situation like someone is experiencing chest pain or stroke symptoms etc.

Category 3
90% in 120
minutes

Urgent Calls

e.g. non-severe burns, diabetes

In some instances patients may be treated by ambulance staff in their own home

Category 4
90% in 180
minutes

Less Urgent Calls

e.g. diarrhoea, vomiting, urine infection

In some instances patients may be given advice over the telephone or referred to another service such as a GP and Pharmacist

If you do call 999 you will need to have your laptop charged and ready for a video assessment to be carried out.

You can arrange for staff training in **how to use the Telemedicine Service** by contacting your Relationship Manager, or by pressing option 5 from the call menu once you have commenced a call to "Nurses"

Benefits of using Telemedicine as your first point of call

- Prompt referral to other services including Urgent Community Response Teams where face-to-face multi-Disciplinary assessments and interventions may be offered within the home
- Reduction in onward referrals and hospital attendance
- Sending a resident into hospital can have a detrimental effect as it can increase confusion, increase infection risks, result in delays in treatment, increase the risk of deconditioning and falls
- No requirement to release staff to escort residents to hospital (90% remain at home)

Worried about a resident and need support?



Have a question you can't answer?

THINK: Telemedicine

If you are thinking of calling 999, 111 or a GP

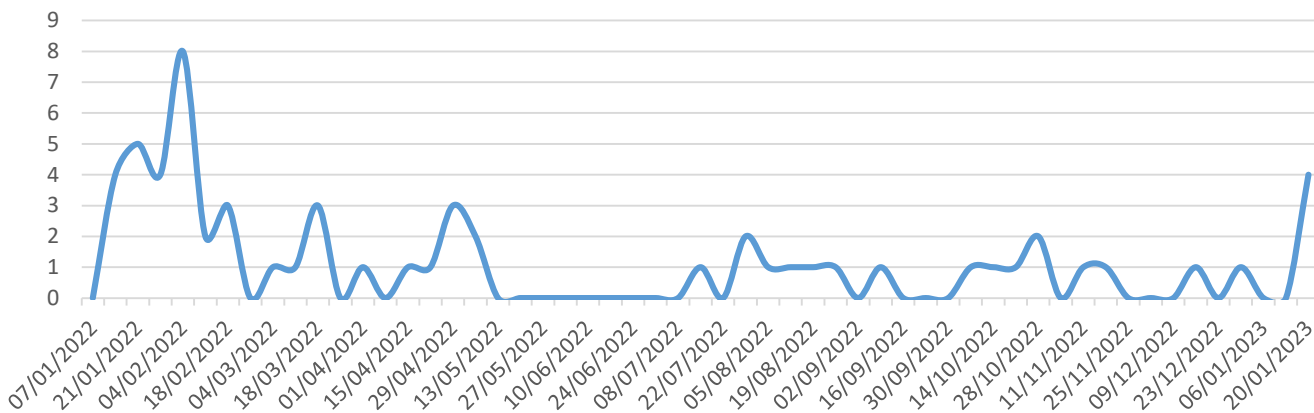
Could you use **Telemedicine** instead?

We're here 24/7 for any issue of concern

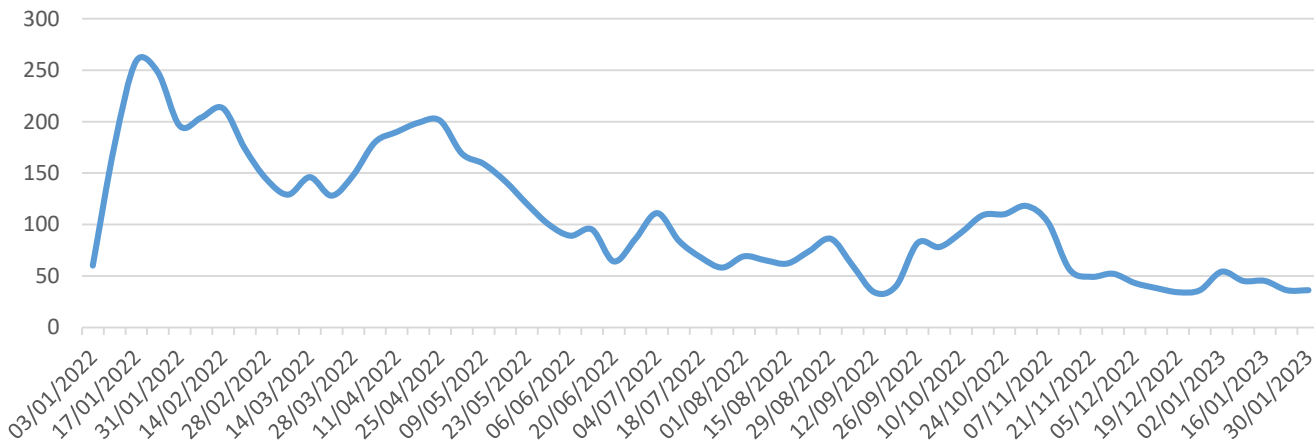
BRADFORD CARE HOMES WEEKLY COVID-19 TRACKER

Please find the data below on Care Homes in the Bradford District for your information. The following data has been provided by the Council's Senior Management Team in the Contract and Commissioning Team.

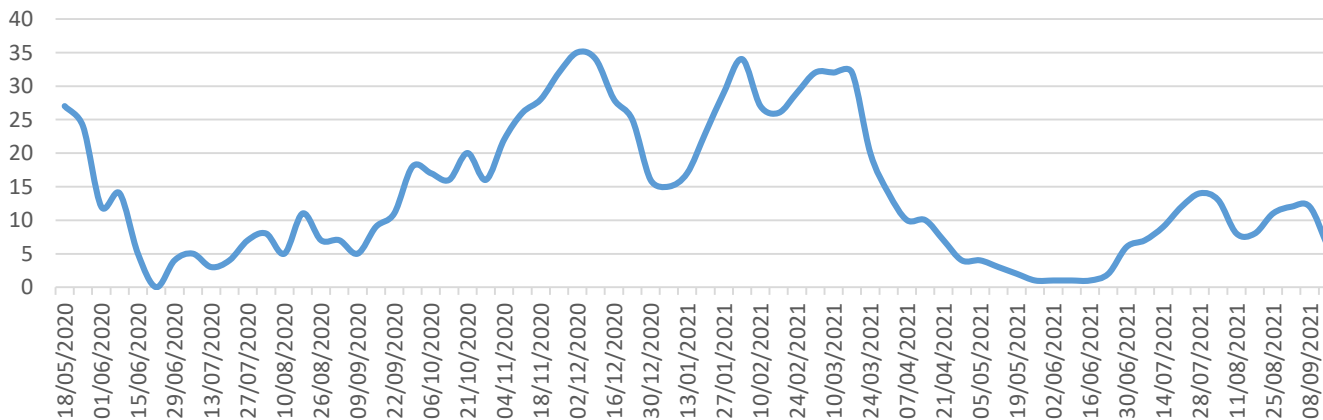
Registered Covid 19 Deaths in Care Homes by Week Ending Date



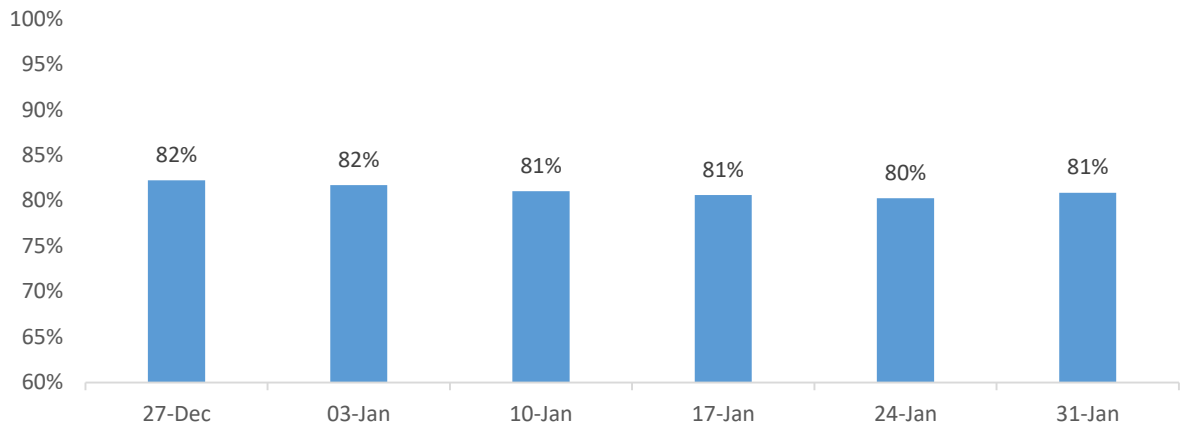
Number of Covid-19 Infections



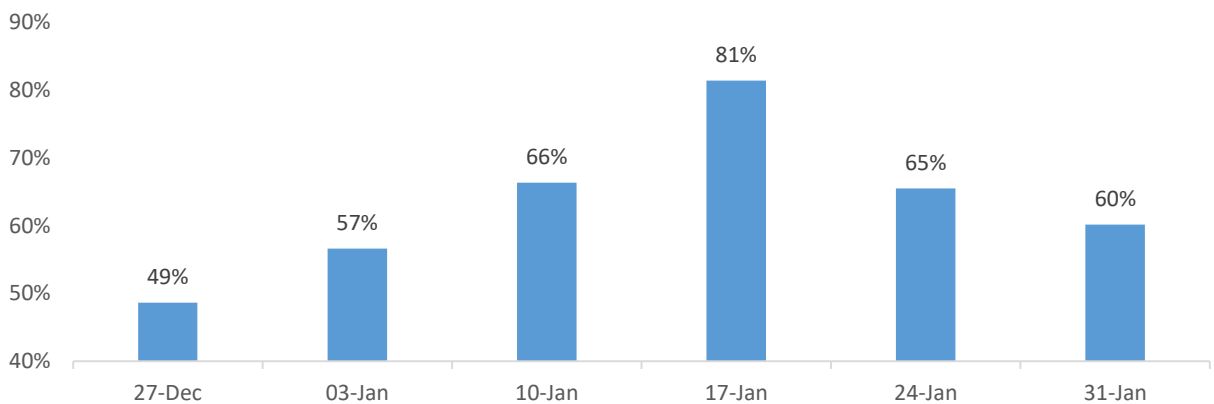
Bradford Care Homes with a Covid-19 Outbreak



Bradford Care Home Occupancy Rate



Bradford Care Home Completed Tracker in last 7 days



Data	Latest	Change
Deaths	4	4
Infections	36	0
Outbreaks	No longer available	
Occupancy	81%	1%
Tracker completed	60%	-5%

Data Sources:

Weekly Deaths, Office National Statistics.

Covid Infections, Occupancy and Tracker, NESC Capacity Tracker.

Outbreaks, HPT Bradford

INFORMATION FOR: COMMUNITY BASED SERVICES

NEW INCIDENT REPORTS FORM FOR POOR DISCHARGES

Please find the updated Incident Report Forms used by [Airedale General Hospital](#), [Bradford Royal Infirmary and St. Luke's Hospital](#) by clicking on the relevant link. If you have any concerns regarding the hospital discharge of a service user, please complete the relevant form. The Incident Report Form used by Airedale General Hospital should be returned to Pamela.lambert@bradford.gov.uk and leanne.sullivan@bradford.gov.uk. The Incident Report Form used by Bradford Royal Infirmary and St. Luke's Hospital should be returned to BRIReception@bradford.gov.uk.

IMPORTANT: HOSPITAL PROCESS FOR HOME SUPPORT PROVIDERS

By informing the Trusted Assessors based in Bradford Royal Infirmary and Airedale Hospital when service users have been admitted, they will allocate a worker to act as a key worker and support with communication between the wards and service provider to ensure a smooth discharge. The Trusted Assessors can assist with moving and handling and equipment queries as well as ensuring that the current package of care is adequate to meet their needs on discharge. Please use this service as so far only a handful of providers are regularly sending this information. The process is there to assist you and ensure a smooth discharge process as well as improving communication. Please email address the Trusted Assessors at HospitalDTAManagers@Bradford.gov.uk. In addition to the email address there are two duty numbers which are;

AGH 01535 293711 or 01535 293712
BRI 01274 383617 or 01274 364292

SAFE SPACES – CRISIS SUPPORT SERVICE

If you need urgent support with your mental health call **First Response** on 0800 952 1181 to access crisis support service **Safe Spaces**. Distress could be severe anxiety or panic attacks, suicidal thoughts, intense depression or feelings of disassociation.

Anyone aged 7 and over living in Bradford District and Craven can access support from Safe Spaces.

One-to-one, same day support over the phone or in-person at our Bradford and Keighley Hubs
Drop-ins across Bradford District and Craven
Overnight stay for children & young people aged 7-17

For full details of Safe Spaces crisis support service please visit www.thecellartrust.org/what-we-do/crisis-support or www.mindinbradford.org.uk/support-for-you/safe-spaces/