



Supporting Information for Day Services

COVID-19 Advice for Adult Day Care
Services

“

Committed to supporting day services

”

On the 19th July, England moved to stage 4 of the roadmap out of lockdown and most COVID-19 legal restrictions have been lifted. The government recommends that everyone should be cautious as cases of COVID-19 remain high. The COVID-19 Support Team are committed to supporting day services with reopening and promoting safe workplace practices. This document intends to advise day services to minimise the risk of COVID-19 transmission amongst staff and clients using preventative measures. This guidance does not replace existing health and safety obligations or government guidance and should only be used as a supplementary resource.

CONTENTS

1. Preventing the Spread of COVID-19

2. Personal Protective Equipment (PPE)

- 2.1 PPE for Day Service Users
- 2.2 PPE for Day Service Staff
- 2.3 Ordering PPE

3. Managing COVID-19 Cases

- 3.1 Managing COVID-19 Cases: Testing
- 3.2 Managing COVID-19 Cases: Outbreaks

4. National Guidance

5. Useful Resources

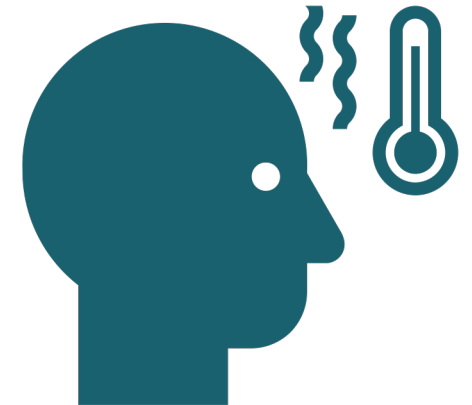
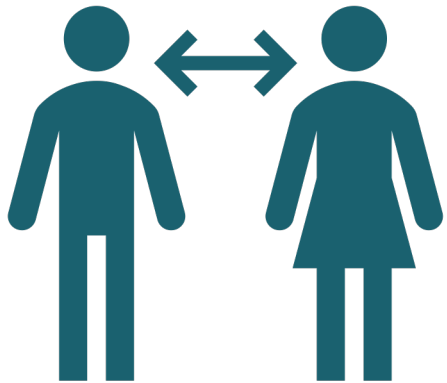
6. Useful Contact Information

Preventing the Spread of COVID-19

In day care settings, where the population being cared for are vulnerable, it is particularly important that we take preventative measures to manage the risks of COVID-19. Infection prevention and control measures should be firmly implemented to reduce the spread of COVID-19. This includes regularly **washing your hands, disinfecting surfaces, good respiratory hygiene and ensuring indoor spaces are well ventilated.**

We advise continuing with **social distancing** measures, keeping 2-m apart from anyone outside your household. If social distancing is not possible in an indoor setting, face coverings should be worn by service users. **Face coverings** does not replace social distancing. Staff and services users should continue social distancing, whether a face covering is worn or not. **Surgical masks** should be worn by care workers in all indoor care settings. [Click here](#) to read our advice on PPE.

Testing is important because it identifies staff or services users who currently have COVID-19 and prevents the spread of the COVID-19 by identifying asymptomatic cases. The government has published guidance on regular testing for staff and service users, which should be followed. We recommend that day services continue to follow a regular testing regime, in line with government guidance. [Click here](#) to read our advice on testing.





Personal Protective Equipment (PPE)

PPE for Day Service Users



There may be individuals who find wearing a face covering distressing, particularly for individuals with learning disabilities, mental health problems, autism and dementia.

Where it is not possible for the service user to wear a face covering, a comprehensive individual risk assessment should be carried out.

The risk assessment should identify the specific risks wearing a face covering may cause the individual, as well as the ways in which the risks of COVID-19 will be managed.

For guidance on care staff supporting adults with learning disabilities and autistic adults, please [CLICK HERE](#).

PPE for Day Service Staff



PPE helps prevent the transmission of COVID-19 between staff and service users. We advise using PPE regardless of whether the person you are caring for has any symptoms of COVID-19.

Government [recommendations for domiciliary or home care](#) are relevant to day care settings and should be followed as far as possible.

Government guidance recommends the use of surgical masks by care workers in all indoor care settings. Therefore, face coverings or cloth masks should not be used by staff in day centres.

The type of PPE worn depends on the type of care you are providing. You should consider whether you will be within 2-metres of the individual being cared for and whether you will be carrying out direct personal care and/or domestic duties. For an illustrated PPE guide explaining which items of PPE should be worn in different scenarios, please [CLICK HERE](#).

Clients who are clinically extremely vulnerable may need additional precautions, for example avoiding contaminating surfaces that might be touched by the client. PPE should be worn to protect the vulnerable individual.

Ordering PPE



If you are a day service provider and you are unable to acquire PPE through the national portal, you can order through the Council.

You can order PPE supplied by the Local Resilience Forum which will be managed by Bradford Council. To order your PPE please download the form [HERE](#) and submit this to the covid19supportteam@bradford.gov.uk.

You must complete columns A to F and I to K, each PPE item will need a different row in the spreadsheet.

Please note that some items are ordered per box and some per item. Full details can be found [HERE](#).



Managing COVID-19 Cases

Managing COVID-19 Cases: Testing



Staff should test using weekly PCR testing and twice-weekly lateral flow testing (LFT). Service users that are able to test, should test twice weekly with lateral flow tests 3 to 4 days apart. If a service user is only visiting once a week, they only need to test on that day. For more information on regular testing for day care centres and ordering PCR and LFT kits, please [CLICK HERE](#).

Testing can be completed at-home or on-site. If the test is being completed at-home, you may wish to ask for proof of a negative result before every visit i.e., an email or text from NHS Test and Trace or a date-stamped photo of the test cartridge itself.

If a staff member or service user tests positive using the LFT, they should not come into the centre and will need to take a confirmatory PCR test and self-isolate until they receive their result. LFTs must be registered [here](#). PCR tests must be registered [here](#).

If the confirmatory PCR result is negative, that person can come back to the service as long as they do not have symptoms. If the PCR result is positive, they should continue self-isolating for 10 days. Their household or bubble will also need to self-isolate. [Click here](#) for more information.

If a service user tests positive on site, they should wear a mask (if possible) and should return home immediately using private transport (if possible). They should take a confirmatory PCR test upon return and self-isolate until the PCR test result is returned. If a service user becomes symptomatic on site, the same process should be followed .

If you have positive COVID-19 cases in your day service, please contact your local public health authority. [Click here](#) for contact details.

Managing COVID-19 Cases: Testing



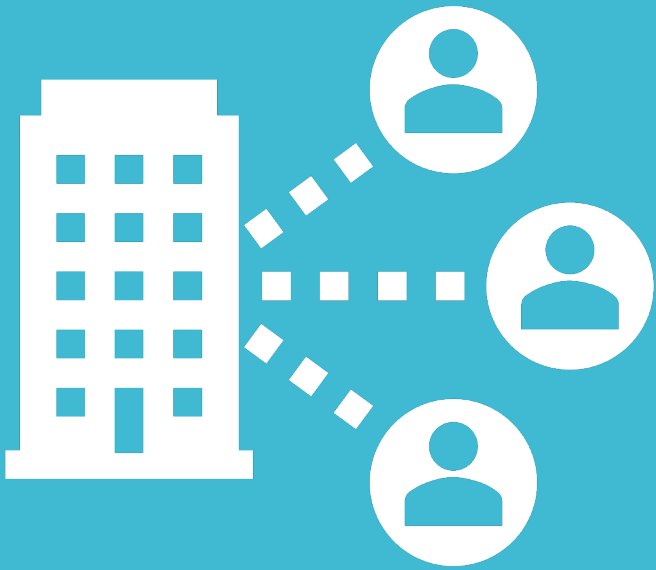
What if someone tests positive for COVID-19 while on site?

Local advice promotes self-testing of service users before attending Day Services, however it is possible that you may encounter a positive COVID-19 result when testing an individual while they are on-site at your centre. Your first action should be to ask the individual to isolate from the others in a separate space if available. We recommend using this time to try speak with their emergency contact to arrange private collection – but what if you can't reach them? Current national guidance does not include directions for this specific scenario, so the Infection Prevention and Control team have provided the following considerations:

The important thing is to get the person home as quickly and safely as possible. Ideally this should be in a way which means they are in contact with as few people as possible. If taking public transport, be that a bus or taxi, they should be advised to wear a well-fitting face mask throughout the journey (no other PPE) and to wash their hands prior to setting off. Once in the transport, ventilation is important, and they should try to sit with the window open where possible and engage with as few people as possible.

In some cases, the individual may feel comfortable waiting in a separate room to other service users while members of the team continue to attempt contact with emergency contacts, though this cannot be enforced if they wish to leave.

Managing COVID-19 Cases: Outbreaks



It is important that we manage Covid-19 outbreaks effectively to prevent further spread of the virus and protect staff and service users. In the event of an outbreak, please use the checklist below.

- Ensured your risk assessment includes an up-to-date plan in case there is a COVID-19 outbreak.
- Informed your local public health authority of any positive cases of COVID-19 in your service. [Click here](#) for contact details.
- Identified any close workplace contacts and advise them to self-isolate in line with government guidance. Do not wait for NHS Test and Trace. If the contact occurred whilst working and the member of staff was wearing full PPE, they can continue working.

You may wish to advise the staff member to take a PCR test and self-isolate until their result gets back. You can contact your local public health authority or the Covid-19 Support Team for advice. [Click here](#) for contact details.

- Communicated with staff, service users and relatives on the impact of the outbreak so that everyone is informed and knows what to expect.

National Guidance



- [Overview of adult social care guidance on coronavirus \(COVID-19\)](#)
- [Coronavirus \(COVID-19\) testing for adult day care centre workers and service users](#)
- [PPE guide for community and social care settings including care homes](#)
- [Coronavirus \(COVID-19\): guidance for care staff supporting adults with learning disabilities and autistic adults](#)
- [Coronavirus \(COVID-19\): looking after people who lack mental capacity](#)
- [Coronavirus \(COVID-19\): reducing risk in adult social care](#)
- [Coronavirus: how to stay safe and help prevent the spread](#)
- [Working safely during coronavirus \(COVID-19\)](#)

Useful Resources



- [SCIE Day care and COVID-19: advice for social care](#)
- [SCIE Delivering safe, face-to-face adult day care](#)
- [Connect to Support - Provider Zone](#)
- [Day Activities Training](#)
- [Day Services Reopening - How to prepare](#)
- [Risk assessment during the coronavirus \(COVID-19\) pandemic](#)

Useful Contact Information



- **Covid-19 Support Team – Bradford Council**
 - Covid19SupportTeam@bradford.gov.uk or 01274 431999
- **Local public health authority (IPC) – Bradford Council**
 - 01274 432111 (ask for Michael Horsley or Darren Fletcher, the Public Health Team)
- **Yorkshire and the Humber HPT**
 - Telephone: 0113 386 0300
 - Out of hours advice 0151 9091219
 - Please encrypt any personal identifiable information (PII) you send to yorkshirehumberhpt@phe.gov.uk
 - If you are sharing PII from another NHS.net email account, send this to phe.yorkshirehumber@nhs.net