



Organisation Profile

We have three core programmes, OPALS, CATCH & HOME. Each programme strands out into smaller projects:

OPAL

The Opals programme has help to increase a sense of value for older people by providing them with opportunities to keep active, be creative, make friends and enjoy life. The OPAL programme benefits members through social connections, remaining active members of the community, healthy eating, fun and entertainment, learning new skills and the chance to go on trips out – which they would not do on their own.

Reminiscing

Friday – 11am – 12noon

A small group for the over 55's to come together over a warm drink and biscuits and reminisce over old times.

Opal's Lunch

Friday – 12.15 – 1.30pm

Homemade traditional lunches for the over 55's, enjoy waitress services 4 courses to include juice or water for £6.

Friday Friends

Friday – 1.30pm – 3pm

This is a group for socialising over a cuppa, we provide a choice of crafts, games. There is a small charge for the crafts and drinks.

CATCH

These sessions are a multi-partnership deliverance of youth sessions. The Hub is based in the community centre at the heart of Bierley estate providing children and young people with a safe space where we can support them, build their self-esteem and encourage them to become active and engaged members of the community.

Emerge, TFD & BCA

Youth Sessions – **Mondays**

Girls football 4pm – 5pm

Youth session 5.30 – 6.30pm

Emerge

Youth Sessions **Thursday** 4.30 – 5.30pm

Playgroup

Preschool children – **Monday** 9.30 – 11am

Playgroup is a great place for both parents and toddlers to make new friends, includes a snack for the toddlers and drink for parent's small charge of £1.50 per child.

Nobles Martial Arts ages 5 +

Tuesday, Thursday & Friday 6.30pm – 8pm

Well-being Homeschool Hub – BCA & The Vine

Wednesday – 10am – 1.30pm

We provide a homeschool project for children and young people that are home educated.

After school snack

We provide after school snacks for local children on a Monday, Tuesday, Thursday & Friday at 3pm – 3.30pm.

Step 2 children & young people counselling service.

This is a referral service, step to provide counselling sessions to children & young people.

HOME

The Community Market

Tuesday 9.30 – 11.30am

The Market offers 15 items of food for £6. Fruit vegetables and perishables are free and available twice a week.

Credit Union

Tuesday 9.30 – 11.30am

Community Market attendees can join the credit union savers club, for every £5 spent at the market £1 is credited to their Credit Union Account.

Breakfast hub & Prize Bingo

Tuesday 9.30 – 11.30am

During the Market session we have a weekly breakfast hub and enjoy a game of Prize bingo. During the winter months we provide a free breakfast with the support of the warm space grant.

Cook and eat

These gatherings run in blocks of 6 weekly sessions through the year. Attendees learn new healthy recipes and enjoy homemade food with likeminded people. This is a good place to make new friends and learn how to cook healthy food on a budget.

Community Library

BCA as a community library with IT access and free WIFI.

Public Living Area / Warm Welcome Space

BCA as a welcome space that is set up as a living room, it is open daily with access to free drinks & Biscuits board games, TV and computer access.

With the support from the Warm space grants, we can provide free breakfast and warm drinks in the winter and ice – creams in the summer.

Community Lunch

Monday – 12noon – 1pm

November – March we provide a free hot community breakfast & lunch each week.

Free Greggs

Tuesday, Wednesday, Thursday & Friday 9am – 4pm

Free Greggs are available (subject to availability).

Benefits advice sessions

Tuesday – 12noon – 3pm

St Vincents continue to provide this crucial support; the digital online benefits systems can be very difficult to navigate for those without digital equipment or skills. Key areas of advice and support are around housing, immigration, finances and welfare benefits.

Incommunities housing and community advisor

Wednesday 10am – 12noon

Bradford council provide a advisor to help with housing and community issues.

NHS – Counselling services “My Well-being Hub”

Monday – Friday 9am – 4pm

This is a GP referral system. The NHS provide on- site adults counselling services.

Gypsy Roma & Travelling (GRT) Community Hub & Services

Open door service

This is a confidential support service for adults of the GRT community, advice and support on Health, Benefits, Housing & Debts is available. BCA also have a shower for roadside travellers to use.

Community Garden

Monday – Friday 9am – 5pm

All community members are welcome to use and develop the community garden. We have free raised beds available for those who would like to grow their own produce. We encourage organisations to use the community garden for clients that could benefit from an outside project.

Nobles Martial Arts ages 5 +

Wednesday – Women only self-defence 6.30pm – 8pm