

#### Thursday 8th May 2025

To submit any material for the bulletin, the deadline is 5pm the day before the next edition is due. Please ensure any information you consult is from a reliable source, including the NHS, or Public Health England. Information should be sent to ProviderBulletin@bradford.gov.uk.



# **KEY DATES FOR YOUR DIARY**

Upcoming events can also be viewed in the **EVENTS CALENDAR** in the Provider Zone.

- Bradford Safeguarding Adults Board practitioner forum 20<sup>th</sup> May
- FREE ONLINE WEBINAR FOR IDENTIFYING AND ADDRESSING BARRIERS TO BETTER
   OUTCOMES 21st May
- PSYCHOLOGY AND PSYCHOLOGICAL PROFESSIONAL'S WEBINAR 12<sup>th</sup> June
- INFORMATION SHARING CONFERENCE SAFEGUARDING WEEK 2025 25<sup>th</sup> June

If you are aware of any upcoming events and would like to advertise on the Event Calendar, please visit <u>HERE</u> and post an entry.

# **IMPORTANT MESSAGE FOR CARE HOME PROVIDERS**

Bradford Council is in the early stages of planning for a new Care Home Brokerage team. The team will support people assessed as needing a care home and their families / carers in identifying suitable placements using a formal brokerage approach. The aim is to standardise how care home placements are made in Bradford and to improve people's experiences of finding a care home. It is important that the new process works well for care homes as well, so we are setting up a Provider Advisory Group to input into the development of the new brokerage team. If you are interested in being involved in the group, please email <a href="mailto:holly.watson@bradford.gov.uk">holly.watson@bradford.gov.uk</a> by 15th May.

For the **DASV training calendar 2025-2026** click **HERE** 

For the Open Minds - BCB Radio project click **HERE** 

Why updating your DSPT is important

# **WEATHER-HEALTH ADVICE**

We've had a few days of warm weather over the past week, with a number of areas seeing temperatures rise to 10 degrees above what we would usually expect. This past month has been the warmest April the UK has seen in seven years. It's important that health and care services feel prepared and able to support staff and service users to stay well during spells of hot weather. You can help to do this by:

- Signing up to the <u>Weather-Health Alerting System from UKHSA and the Met Office</u> to keep up to date with weather forecast. \*If you registered before 2023, the system has now changed so you will need to re-register\*

  - 3. Making sure staff **promote and implement the following actions** to stay safe in hot weather:
  - Keep hydrated, stay out of the sun between 11.00 and 3.00pm, walk in the shade, apply <u>sunscreen</u>, wear a hat, slow down and wear light, loosefitting cotton clothes.
- Try and cool down with plenty of cold drinks and try to avoid alcohol and too much caffeine. Eat cold foods, particularly salads and fruit with a high-water content. Think about having a supply of ice pops in your freezer.
  - Try and keep your home cool. Keep windows and curtains that are exposed to the sun closed during the day.
- Open windows (if it is safe to) when the air feels cooler outside than inside, for example at night, and try to get air flowing through your home.
- Cool down by taking a cool shower or bath, sprinkle water over the skin or clothing, or keep a damp cloth on the back of your neck.
  - Check on family, friends and neighbours who may be at <u>higher risk</u> of becoming unwell, and if you are at higher risk, ask them to do the same for you
- Know the symptoms of <u>heat exhaustion and heatstroke</u> and what to do if you or someone else has them
- Access additional localised resources, including the posters below which can be ordered from the <u>Public Health Resource Centre</u>:
  - Beat the Heat

# **UPDATED NICE FALLS GUIDANCE**

Updated NICE Guidance was published on the 24<sup>th</sup> April 2025 covering assessing risk of falling and interventions to prevent falls in all people aged 65 and over, and people aged 50 to 64 who are at higher risk of falls.

# The updated guidance is here.

It aims to reduce the risk and incidence of falls, and the associated distress, pain, injury, loss of confidence, loss of independence and mortality. For information on related topics, see the <a href="NICE topic page">NICE topic page</a> on injuries, accidents and wounds.

Finalised version published: 29 April 2025

This guideline updates and replaces the NICE guideline on falls (CG161, published 2013).

# WELL TOGETHER WALKING SCHEDULE

Service professional referral form

Face to face and virtual groups

**Walking groups** 

**Shipley walkers** 

# **CARE CAN'T WAIT**

Care Can't Wait is a new national campaign from ADASS (Association of Directors of Adult Social Services) that aims to raise awareness about what adult social care is and how it enables millions of people to live their life on their own terms.

This powerful new campaign features stories from people who draw on a range of care and support to live and work independently. These stories highlight what's possible when care works well, and why we need urgent reform so that more people can get the support they need to live the lives they want to lead.

For more info go to www.adass.org.uk/care-cant-wait

# HAVE YOUR SAY IN OUR WEST YORKSHIRE ADULT SOCIAL CARE WORKER SURVEY

Are you an adult social care worker or a healthcare support worker? Tell us what matters to you by completing our short survey.

Health and social care support workers deliver great care and support across West Yorkshire every day. We are asking health and social care support workers to complete a short survey and let us know what matters to them. The survey covers career development, workplace wellbeing, communication, and opportunities to do things differently. Your feedback will be used to support delivery of workforce and education transformation for support workers.

# Complete the Health and Social Care Support Worker Survey Online

The survey is available online and takes no more than 10 minutes to complete. The survey closes on 13 June 2025.



# BRADFORD DISTRICT AND CRAVEN HEALTH AND CARE PARTNERSHIP - RESPONSE TO THE SUPREME COURT RULING

Last week the Supreme Court ruled that the legal definition of a 'woman' is based on biological sex. Trans women are protected against discrimination under the Equality Act, this ruling doesn't change that. We know that people will have their own views on the issue of gender identity, but we also know that in Bradford District and Craven we are a place that is welcoming and accepting of all. Read our statement in full.

# FREE ONLINE EDUCATION RESOURCES

Bradford Literature Festival (BLF) has launched a series of engaging online lesson plans and resources, completely free as part of their Digital Education Programme. The online library includes nine lessons which enhance UK national curriculum topics, ranging from Year 3 to Year 11. Each lesson features artists and speakers who have performed at BLF, bringing the diversity, creativity and critical thinking found at the festival into classrooms around the country.

All resources are free to access and come with a comprehensive lesson plan, classroom presentation, worksheets, and an engaging video to bring each topic to life. They're designed to be flexible, inclusive and easy to deliver - whether in school or a home education environment. Teachers and Home Educators can access the free online library of lesson plans via the BLF website: <a href="Digital Education">Digital Education</a>
<a href="Programme">Programme</a> | Bradford Literature Festival</a>