

Responding to an Outbreak in an Accommodation Based Service

An outbreak of COVID-19 is defined as **two or more people** in a Residential Home, Nursing Home, Supported Living and/or Extra Care Service, diagnosed with symptoms compatible with Covid-19. An outbreak can also be two or more people who have tested positive for Covid-19 **that may not present symptoms.**



Symptoms of Covid-19 aren't always displayed, testing can be arranged for asymptomatic people, and for on-going outbreaks, via the DHSC portal at <https://www.gov.uk/apply-coronavirus-test-care-home> or phone 0300 303 2713

| Common Symptoms of Covid-19 include | Consider other less common symptoms |
|---|-------------------------------------|
| Fever | Sore throat |
| Cough | Conjunctivitis |
| Shortness of breath | Anorexia/ not eating |
| Tiredness/ Fatigue | Increased Sputum/Phlegm production |
| Loss of sense of smell/taste (anosmia) | Dizziness |
| | Headache |
| | Runny Nose |
| | Chest Pain |
| | Diarrhoea |
| | Sickness/ Nausea/ Vomiting |
| Covid-19 should be considered in older person(s) presenting with delirium (confused, more agitated or sleepy) or reduced mobility (falling, and 'off legs') | |

The following link provides guidance created by Public Health England on good practice within the workplace during an outbreak within a care home and other residential facilities:

<https://www.publichealth.hscni.net/sites/default/files/2020-09/Job%2017%20care%20homes%20outbreak%20A3%20poster.pdf>