

Public Health Update

Applicable to: All Care Homes/those working with people over 65.

For Information:

Norovirus cases in over 65s increasing

Laboratory reports of norovirus are increasing – with cases in the over 65s being over 30% higher than the pre-pandemic average. Outbreaks in care homes have also been increasing. We are reminding health and social care settings of the [existing guidance on managing norovirus outbreaks to help stop the spread of infection](#).

It is also important, at this time, to remind people not to visit vulnerable people, particularly in care homes or hospital, while unwell with diarrhoea and vomiting until 48 hours after symptoms stop. Reminding people to take precautions such as practising good hand hygiene which includes thorough hand washing regularly but especially after using the toilet or an episode of illness and before eating or preparing food is vital to try and prevent the spread of norovirus.

For more information on Norovirus, [read our blog](#). You can also download and use our social media assets with helpful guidance on reducing norovirus transmission below:

- [How to protect yourself and others - poster](#)
- [If you catch it stay home for 48 hrs - poster](#)

In Leeds we saw a rise in outbreaks in Care Homes in January and we continue to monitor in February so far numbers are not raised.

The information above reinforces importance of handwashing

Sepsis Awareness conference

Applicable to: All Adult Social Care Services

For Information:

Leeds Community Health Care would like to invite you to their citywide sepsis study day/Awareness conference, where several speakers will be present to share learning and evidence-based information on sepsis.

The number of deaths from sepsis in the UK is difficult to quantify due to inadequate reporting, but it is thought there are upwards of 48,000 to 52,000 deaths from sepsis every year in the UK.

In 2016, NICE guidelines state, “all healthcare staff involved in assessing people's clinical condition are given appropriate training in identifying people who may have sepsis”.

Ensuring an effective response across health and social care has required significant action to provide the appropriate support, education, guidance, and assurance across the system.

You can book onto the event using the link below:

<https://www.eventbrite.co.uk/e/i-spy-sepsis-study-day-tickets-444482969527>

A poster for printing and display can be [found here](#)

Estimated out of stock dates for free PPE

Applicable to: All Adult Social Care Providers

For Information:

The Government recently announced the decision to extend the central, free provision of personal protective equipment (PPE) to the health and care sector for protection against COVID-19, by up to one year, to March 2024 or until stocks run out.

This means the scheme will continue to provide protection for frontline staff, as part of the Government's [Living with COVID-19](#) strategy.

There's also a list of dates showing when supplies of individual PPE items are likely to end. Click below to review the dates.

[Estimated stock-out dates by PPE category - GOV.UK \(www.gov.uk\)](#)

Care data matters: a roadmap for better data for adult social care

Applicable to: Anyone working in Adult Social Care

For Information:

[Care data matters: a roadmap for better data for adult social care - GOV.UK \(www.gov.uk\)](#)

Data and the insights they provide are fundamental to ensuring that people who draw on care and support can access high quality care and achieve the outcomes that matter to them. This document sets out our roadmap for improving how we collect, share and analyse data in adult social care.

It is written for people and organisations who interact with social care data. This includes dedicated staff in delivery and leadership roles who hold, use, and submit data, local authority staff wanting to understand how changes will help them meet their responsibilities, and organisations representing people accessing care and support.

This document is published as a first draft; we want to seek your views on the data you and the sector need to commission, deliver and oversee care and support, which will be used to develop the data framework further and shape the initiatives laid out in this framework. The finalised framework will be published by the end of 2023.c

Focus group opportunity for Bengali, Punjabi, or Urdu speaking health and care professionals

Applicable to:

For Information/action:

- **Do you work with family carers of people with dementia?**
- **Can you read Bengali, Punjabi, or Urdu?**
- **We would like your feedback on resource for South Asian dementia carers**

iSupport is an internet-based support package for people who care for someone with dementia. It aims to help family carers learn about dementia and how to manage it, and how to take care of themselves with the end goal of empowering them to support their family member or friend. It was developed by the World Health Organisation (WHO) and is currently available in English.

A research project at University College London in partnership with Age UK Lancashire, Carers Centre Tower Hamlets, Lancashire BME Network and Dementia Pathfinders CIC is translating *iSupport* into Bengali, Punjabi, and Urdu, and culturally adapting it so that more people can access the resource.

We are inviting health and care professionals working with carers to review *iSupport* materials in into Bengali, Punjabi, or Urdu, then take part in a one-off group discussion to provide feedback.

What is involved?

- You will be sent *iSupport* resources in Bengali, Punjabi, or Urdu via email to read before the group discussion.
- You will join a discussion taking place over Zoom to share your feedback and any recommendations for improvement.
- The discussion will last 1-2 hours and will be facilitated by a bilingual member of the project team, at a time that is suitable for you.

You will receive a £25 Love2Shop voucher as a thank you for being involved.

Please contact Emily Fisher on Emily.fisher@ucl.ac.uk for more information about taking part in the focus group.

Free dementia training in Leeds

Applicable to: Staff who have experience working with older

For Information:

FREE Cognitive Stimulation Therapy training 14th March 2023

Funding has been secured to offer a one-day training course on Cognitive Stimulation Therapy (CST) for organisations in Leeds supporting people living with dementia. CST can be delivered by a range of people working in dementia care or with older adults, such as care workers, support workers, activity co-ordinators, psychologists, occupational therapists or nurses. CST is a stimulating, enjoyable and inexpensive psychological intervention and is recommended for people living with mild to moderate dementia.

See <http://www.cstdementia.com/> for more information.

The training will take place online and be led by Professor Aimee Spector, one of the founding researchers and developers of CST and co-author of the CST manuals.

Please see the [flyer](#) and [application form](#) to take up this fantastic opportunity!

New learning framework for knowledge, skills and values for working affirmatively with LGBTQ+ people in later life

Applicable to: Those supporting LGBTQ+ in later life

For Information:

This new Skills for Care learning framework for working with LGBTQ+ people in later life aims to provide a base for identifying the insights, knowledge, understanding and skills that the social care workforce need to help them work affirmatively, inclusively and effectively with individuals from gender and sexually diverse communities. This project was funded by Skills for Care and was developed by Dr Trish Hafford-Letchfield (University of Strathclyde) in collaboration with the LGBT Foundation.

The learning framework identifies and articulates more systematically, the key topics that should underpin best practices with LGBTQ+ older people and their carers, and advocates in social care.

It can be used in a number of different ways such as for the development of new learning programmes; to enhance what you already have or to improve the quality and inclusiveness of the services you provide.

The Launch event takes place on Wednesday 22 February 2023, 10:30 – 12:00 on Zoom. [⇒ Book your place](#)

To introduce this learning framework, the launch event will offer insight into why the framework is needed, how it was developed, and practical examples on how it can be used. The event will feature input from Dr Trish Hafford-Letchfield, Professor of Social Work, University of Strathclyde, and Lawrence Roberts, Pride in Ageing Manager, LGBT Foundation and Tricia Pereira, Director of Operations, Skills for Care.

We encourage learning and development leads, adult social care owners, awarding organisations, learning providers, social workers, and registered managers to attend.

The framework will be available on the Skills for Care website following the event.

[⇒ Book your place](#)

Care Quality team virtual events

Applicable to: Adult Social Care Providers

For Information:

The Care Quality Team have two short bite sized support events for Regulated Providers. The two sessions are outlined below and will include pointers towards other more comprehensive and formal training offers that are available as well as what other

types of support is available. It is hoped that staff with all levels of experience will attend so that the sessions are a venue for sharing experiences and knowledge.

Thursday 23rd February 2 – 3 pm.

[Webinar Link](#)

Supporting Dementia Care - Working with Behavioural and psychological symptoms of dementia (BPSD) in Home Care/Home Care environments:

Looking at the most common behavioural and psychological symptoms of dementia and strategies to support and mitigate these in both a Home care and care home environments.

Wednesday 1st March 2 – 3 pm

[Webinar Link](#)

Do you have a template? Recording audits to spot issues

Looking at effective and efficient methods to record audits.

Blog re nursing in a dementia care home: The Power of placements; Nursing dementia care and the benefit of experience

Applicable to: trainee and qualified nurses

For Information:

A registered nurse working for specialist dementia care provider, would like to share their experience of working in a specialist dementia care home and why more nurses should consider gaining experience within care settings like these.

“After gaining a level two and three diploma in health and social care and workplace experience, I knew within a short space of time dementia care was where I wanted my career to progress.

I'd previously worked for a couple of years as a carer and team leader. In September 2022, I graduated from the University of Bradford as a registered nurse, before returning to the care provider.”

[Dementia care and the benefit of experience](#)

Blog post rehabilitation Bridging the gap – from hospital to home.

Applicable to: Anyone involved in Hospital to Home

For Information:

Hayley Robertshire is a senior manager working in residential and nursing care in the north east of England.

Here, she shares her thoughts on how care colleagues can provide solutions to hospital discharge pressures and support admission avoidance strategies

[Bridging the gap – from hospital to home](#)