



To submit any material for the bulletin, the deadline is 5pm the day before the next edition is due. Please ensure any information you consult is from a reliable source, including the NHS, or Public Health England.

**Thursday 23<sup>rd</sup> May 2024**

### **KEY DATES FOR YOUR DIARY**

Upcoming events can also be viewed in the **EVENTS CALENDAR** in the Provider Zone!

- Go4Growth Social Value for Providers – Thursday 23<sup>rd</sup> May 2024
- Free Wheelchair Skills 6 Week Course – Monday 10<sup>th</sup> June 2024
- Day Activities Provider Forum – Wednesday 19<sup>th</sup> June 2024

### **DAY ACTIVITIES PROVIDER FORUM**

The Day Activities Provider Forum will be held on 19 June 2024, 9.30am – 12.30pm, at NEET at Northcliffe Nurseries, Off Cliffwood Avenue, Shipley, BD18 3DD.

The forum is for those organisations which currently deliver Daytime Activities services (including Supported Employment) across the wider Bradford District, or are interested in doing so. This is an opportunity to network; share best practice; and learn about upcoming commissioning opportunities, including the introduction of Independent Travel Training.

Ticketing is via Eventbrite. Please book your place here: [Day Activities Provider Forum Tickets, Wed 19 Jun 2024 at 09:30 | Eventbrite](#)

An agenda will be circulated ahead of the forum.

If you have any questions regarding the Day Activities Provider Forum, please email [commissioninginbox@bradford.gov.uk](mailto:commissioninginbox@bradford.gov.uk).

## **RELATIONSHIPS AND SEXUALITY IN ADULT SOCIAL CARE SERVICES**

Care Homes are reminded to ensure Sex and Relationship policies are in place, in line with the CQC guidance on relationships and sexuality in adult social care services.

This guidance is for CQC inspection staff and registered providers. It is about people's relationships and sexuality in social care services for adults receiving personal care and support. It focuses on caring for people who need support to express their sexuality and to have their needs met.

It is healthy to experience sexual feelings and desires, and to want to express sexuality in our everyday lives. When people receive personal care and support, they are likely to lose some privacy. People may feel restricted or judged by those providing their care. Some people may find that their health condition leads them to become vulnerable, as they behave in ways that they would not have done before.

Providers need to understand the importance of enabling people to manage their sexuality needs. This includes making sure people have access to education and information to help them develop and maintain relationships and express their sexuality. Providers also need to understand the risks associated with people's sexuality needs.

Providers need to recognise and support these needs, so that they do not risk discriminating against people or breaching their human rights.

To read the full [CQC guidance on relationships and sexuality in adult social care services](#), please click on the link.

## **PALLIATIVE CARE AND END OF LIFE TRAINING SCHEDULE 2024**

***FREE FOR CARE HOMES (N/R) & DOMISCILLARY CARE TEAMS***

Please find the full training schedule [HERE](#).

## **EXCLUSIVE: ENTER TO WIN A MOCK INSPECTION**

You're doing all you can to provide quality care, but an upcoming inspection can heap more stress on your shoulders. We get it. That's why our partner, Citation, has put together something special to light your way.

A must-read for care providers of all sizes and types, their new guide has 100 proven steps to improve your care service's rating. Distilled from decades of working hand-in-hand with care providers just like you, it's the perfect way to help you create an open culture, focus on quality assurance, and sustain outstanding practice.

[DOWNLOAD NOW](#)

But that's not all, we're stepping things up to bring you even more value. Enter our free prize draw by 31 May and you'll automatically be in with a chance to win a FREE Mock Inspection from the Citation team.

You've only got until the end of the month, so don't wait too long. This could be the game-changer your care service has been waiting for.

[ENTER THE PRIZE DRAW](#)

## **GET YOUR ENTRIES IN FOR THE COMMS HERO AWARDS**

This year's comms hero awards will take place on Thursday 17 October and you could be one of the winners. With 13 categories, there's sure to be one for you and your team. Head over to [commshero.com/awards/](https://commshero.com/awards/) to find out more, closing date for entries is Friday 31 May.

## Together Talks



# Volunteer Telephone Befriending Service

### Benefits of befriending:

- Make a positive difference to people's' lives.
- Improve self esteem, confidence and wellbeing.
- Gain invaluable work experience.
- Receive high quality training and develop new skills.
- Use existing skills and knowledge to benefit the local community

**As little as  
30 minutes  
a week is  
all it takes !**

***Loneliness & isolation can have a range of negative effects on people's health & wellbeing. Telephone Befriending improves people's feelings of confidence, wellbeing & social connectedness.***

**Contact us** for information on how you can become a Volunteer Telephone Befriender & help change someones life. Call us on **01274 952200** or Email

✉ [befriending@thebridgeproject.org.uk](mailto:befriending@thebridgeproject.org.uk)

## **ACCESSIBILITY RESOURCES FROM PATIENT INFORMATION FORUM**

The **Patient Information Forum (PIF)** has updated its **Accessibility Matters poster** to mark Global Accessibility Awareness Day 2024. The poster includes simple tips to help make resources more accessible. It is available in [HTML and PDF formats here](#). PIF has also created a new video summary of top tips from the poster. Watch the video via [PIF's YouTube channel here](#)

## **BRADFORD COUNCIL ACTIVE TRAVEL GRANTS**

Bradford Active Travel Social Prescribing also known as “Travel Well – walk, wheel and cycle” is looking to support everyday journeys to improve health and wellbeing through being active. The aim is to support organic and community led initiatives to enable active everyday journeys, walking, wheeling or cycling, part of which, may include public transport. Grants up to £10,000 available. Download the application pack for further details and to apply [www.cnet.org.uk/projects/grants](http://www.cnet.org.uk/projects/grants). Closing date for applications: Friday 14 June 2024, 12 noon.

## **COMMUNITY CYCLE TRAINING GRANTS**

Up to £5000 available to deliver cycle training to local communities within the Bradford District with the aim of making more people confident to cycle, and ultimately replacing some car journeys with journeys on bike. Download the guidance notes and application form at [www.cnet.org.uk/projects/grants](http://www.cnet.org.uk/projects/grants). Closing date: Friday 14 June 2024, 12 noon.

# SKILLS FOR CARE: INDUCTION BOOKLET

This toolkit will support you to offer a robust induction to fully support new starters and ensure you create the right first impression. [Induction toolkit \(skillsforcare.org.uk\)](https://skillsforcare.org.uk)

**Carers Week**

**Join us for Carers Week 10th-16th June 2024**



NHS West Yorkshire  
Integrated Care Board

This year the theme is 'Putting Carers on the Map' highlighting the invaluable contributions of carers across the UK and ensuring their voices are heard loud and clear.

The West Yorkshire ICB's Unpaid Carers Programme will be running online sessions to raise awareness of our initiatives which help identify and support carers in our region:



Supporting Working Carers	Monday 10th June, 2:00-2:45pm	<a href="#">MSTeams Link</a>
Carers Hospital Discharge Toolkit	Thursday 13th June, 11:00-11:45am	<a href="#">MSTeams Link</a>

Sessions are open to all health and care professionals working in West Yorkshire. For more information please get in touch with West Yorkshire ICB Senior Programme Manager for Unpaid Carers, Personalisation & PEoLC- Kulvant Sandhu [kulvant.sandhu@nhs.net](mailto:kulvant.sandhu@nhs.net)

Proud to be part of West Yorkshire  
Health and Care Partnership

✉ [westyorkshire.ics@nhs.net](mailto:westyorkshire.ics@nhs.net)

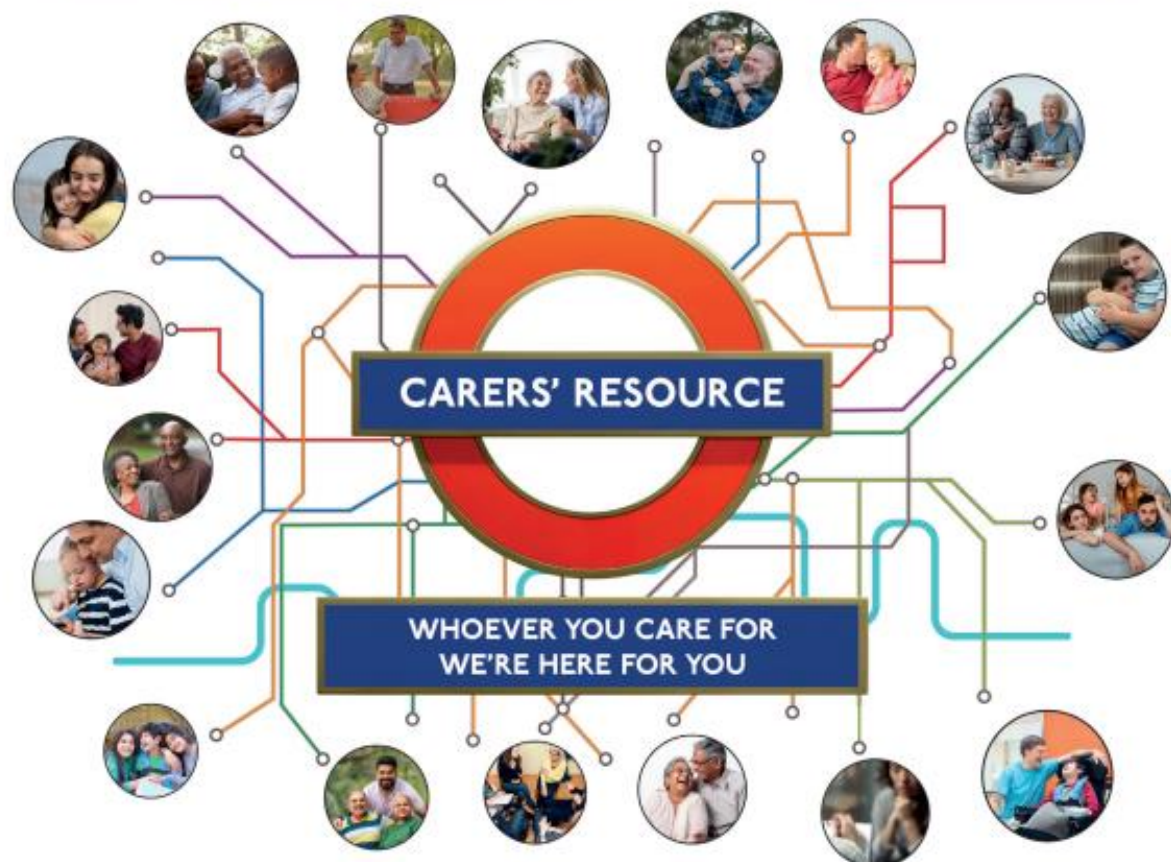
☎ [westyorkshire.icb.nhs.uk](https://www.westyorkshire.icb.nhs.uk)

🐦 [@WYPartnership](https://twitter.com/WYPartnership)

West Yorkshire  
Health and Care Partnership

# CARERS WEEK

## PUTTING CARERS ON THE MAP



## Supporting unpaid carers across Bradford, Harrogate, Craven and Selby

Awareness-raising events and special carers' sessions  
are taking place across all four districts for  
**Carers Week: 10th-16th June 2024**

For more information please visit  
[www.carersresource.org/carers-week-2024](http://www.carersresource.org/carers-week-2024)

Tel: 0808 50 15 939



 carers'  
resource  
you care for them, we care for you





# FALLS QUALITY WORKSHOP WHOLE SECTOR

Thursday 6th June | 13:00 – 17:00

## WHOLE SECTOR QUALITY WORKSHOP

This face to face Falls Quality Workshop will take place in the Banqueting suite at City Hall on Thursday 6th June from 1 – 5pm.

### Agenda:

- Impact of Medication
- Importance of Nutrition & Hydration
- Falls Training & Awareness
- Falls Analysis & Assessment
- System Support Offer



Click here to book  
your free place

BOOK  
NOW



For more information please email [admin@bradfordcareassociation.org](mailto:admin@bradfordcareassociation.org)