



QUARANTINE: TRAVEL CORRIDORS AND SELF-ISOLATION

The following information is intended to help homecare providers clarify any quarantine requirements for people arriving in the UK by any mode of transport (including by air, train, ferry, coach, etc).

The creation of new “travel corridors” will remove the need for self-isolation for many careworkers arriving in (or returning to) the UK, depending on which countries they have been in, in the preceding 14 days.

Some homecare workers in England (mostly those providing “live-in” care) who have not arrived through a “travel corridor” will be able to meet the requirements of “self-isolation” if they are able to remain within the household of the person they are supporting for a minimum of 14 days.

1. “Travel corridors”

From 10 July 2020 people arriving in the UK and travelling to England are not required to self-isolate if they:

- are travelling or returning from one of the countries with travel corridor exemption; ***and***
- have not been to or stopped in a country that is not on the travel corridors exemption list in the previous 14 days.

People who have been to, or stopped, in a country that is not on the travel corridors exemption list will normally have to self-isolate for 14 days.

A guide to the rules, and the current list of countries where a “travel corridor” exists is [available on the gov.uk website](#).

Please note that:

- There is an exception to self-isolation requirements for people who are travelling to the UK from the “Common Travel Area” (Jersey, Guernsey, Isle of Man and the Republic of Ireland).
- Information for travel into Scotland, Wales and Northern Ireland will be published by the Devolved Administrations.

2. Complying with “self-isolation” in England

UKHCA has been seeking clarification of how “self-isolation” would apply for careworkers who will be resident in a service users’ home, for example careworkers undertaking live-in care.

We asked:

“Can we assume that it is acceptable for those entering the UK from countries not on the “travel corridor” list to quarantine in their client’s homes, with the usual precautions?”

On 7 July 2020, the Department of Health and Social Care confirmed the following information to UKHCA by e-mail:

“Yes – as long as they are quarantining at a single location (which can be the home of the person they are caring for) then they are abiding by the terms of quarantine. It does mean, of course, that they can’t leave the property except to be tested.”

Please note that the information above applies to England. Self-isolation rules are specific to UK nation.

3. In all other situations

If neither of the above apply, then the person arriving in the UK will usually need to self-isolate, unless there is a specific exemption. Please note that there are (or may be) different arrangements for self-isolation in each of the UK’s devolved administrations.

For more information, please see:

- [“Coronavirus \(COVID-19\): how to self-isolate when you travel to the UK”](#); and
- [“Coronavirus \(COVID-19\): travellers exempt from border rules in the UK”](#).

Disclaimer

The information in this e-mail alert is intended to provide a guide for UKHCA member organisations. It is not a comprehensive summary of the law. Information about travel restrictions is changing rapidly and this e-mail is not an alternative to seeking advice about specific situations on a case-by-case basis

Yours sincerely,

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