

Please note, this training is **NOT** for registered nurses or nursing homes.



Bradford District Care  
NHS Foundation Trust

## Essential Training

The Tissue Viability Team are Supporting  
Residential Care Homes with:

### Skin Tear- First Aid Training

- **Skin Tear** training supports in upskilling carers to deliver **First Aid** to care home residents who present with a new skin tear; help your residents get the right care at the right time.
- The training covers skin integrity, anatomy and physiology, best practice guidance for skin tear management and the Skin tear pathway, tips around skin tear prevention and best care for looking after vulnerable skin.
- The skin tear pathway/supporting documentation will be supplied at the home manager's request (on completion of training).
- Best practice under ISTAP guidance.
- Dressing provision and replenishment is supplied by your District Nursing Team, with use monitored for audit purposes.

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Please see table below for training dates and access links for each session.

Alternatively, to book **face to face** training please contact  
[carehometraining@bdct.nhs.uk](mailto:carehometraining@bdct.nhs.uk)

Please note, this training is **NOT** for registered nurses or nursing homes.

DATE	TIME	Training Link (Ctrl & click)	Trainer
30 <sup>th</sup> January 2026	14:00 – 15:00	<a href="#">Join the meeting now</a>	Alex
27 <sup>th</sup> February 2026	14:00 – 15:00	<a href="#">Join the meeting now</a>	Janette
27 <sup>th</sup> March 2026	14:00 – 15:00	<a href="#">Join the meeting now</a>	Alex
24 <sup>th</sup> April 2026	14:00 – 15:00	<a href="#">Join the meeting now</a>	Janette
29 <sup>th</sup> May 2026	14:00 – 15:00	<a href="#">Join the meeting now</a>	Alex
26 <sup>th</sup> June 2026	14:00 – 15:00	<a href="#">Join the meeting now</a>	Janette
31 <sup>st</sup> July 2026	14:00 – 15:00	<a href="#">Join the meeting now</a>	Alex
28 <sup>th</sup> August 2026	14:00 – 15:00	<a href="#">Join the meeting now</a>	Janette
25 <sup>th</sup> September 2026	14:00 – 15:00	<a href="#">Join the meeting now</a>	Alex
30 <sup>th</sup> October 2026	14:00 – 15:00	<a href="#">Join the meeting now</a>	Janette
27 <sup>th</sup> November 2026	14:00 – 15:00	<a href="#">Join the meeting now</a>	Alex
18 <sup>th</sup> December 2026	14:00 – 15:00	<a href="#">Join the meeting now</a>	Janette

**If there is no attendance within the first 10 minutes the session will be closed.**

**Thank you..!!**