

To submit any material for the bulletin, the deadline is 5pm the day before the next edition is due. Please ensure any information you consult is from a reliable source, including the NHS, or Public Health England.



Thursday 23 March 2023

KEY DATES FOR YOUR DIARY

- 20 Minute Move Campaign webinars 27th March 12 noon-1pm or 27th March 3.30-4.30pm or 28th March 9.15-10.15am (You only need to attend one!)
 - Online Training for Eating Disorders 28th March 2pm-3:30pm
 - Care Home Service Improvement Board 29th March 2pm-4pm

Upcoming events can also be viewed in the **EVENTS CALENDAR** in the Provider Zone!

PROPOSED FEE UPLIFTS 23/24

You will have received a letter from Jane Wood, Assistant Director – Commissioning & Integration, sent last week to the Bradford Care Association on behalf of Bradford Council and Bradford & District ICB in relation to the proposed fee uplifts for adult services in 23/24.

The letter and the associated list of service uplifts can be found here; <u>Provider Zone</u> <u>Bradford Connect to Support within the 'Guidance and Useful Document</u>; section.

VOTER ID CAMPAIGN

For the first time people will need to show photo ID before voting at their polling station in the next local elections, to be held on 4 May 2023. This new requirement has been introduced by Government to safeguard voting at the polling station and will apply to the local and parish/town/community and village council elections taking place from May.

Residents are being urged to make sure they are ready to vote in May by checking they have an accepted form of ID. Please read the briefing note with links to resources HERE.

RAMADAN 2023

This year Ramadan will begin on the evening of 22nd or 23rd March and end on 21st or 22nd April 2023. Muslims follow the lunar calendar, so these dates can vary slightly, depending on the sighting of the moon.

Ramadan is followed by the festival of Eid-ul- Fitr, a celebration to mark the end of Ramadan.

WHAT IS RAMADAN? RAMADAN IS THE NAME OF THE NINTH MONTH OF THE ISLAMIC CALENDAR.

It is a holy month of fasting, introspection, refection and prayers for Muslims. Any rewards of good deeds during this month are multiplied several fold. It is celebrated as the month which the Qur'an was revealed to the Prophet Muhammad (peace be upon him) over 1400 years ago.

During Ramadan, from dawn until sunset, Muslims are obliged to abstain from all forms of food, drink (including water) and other activities. Most Muslims will wake before dawn for a meal before the start of their fast (known as Suhoor), and break their fast (known as Iftar) with dates and water at sunset, and then a meal. This year, fasts in the UK will last around 14-16 hours. All Muslims are required to fast with the exception of children, the elderly, those with health problems or those travelling long distances.

Fasting during Ramadan is one of the five pillars of Islam. The overall purpose of the fast is to gain Taqwa (which means to gain piety or Godconsciousness). This is achieved through an increase in prayers, reading the Qur'an, self-reflection and self-discipline.

ADULT SOCIAL CARE WORKFORCE SUPPORT SURVEY

The Department of Health and Social Care (DHSC) are conducting a review into the adult social care workforce support. This week they opened an online survey which they would like adult social care stakeholders to fill in. The survey will take no longer than 5 minutes and there is the option to give a more detailed response in the free text box, though this is not required.

As you know Skills for Care offer support on a variety of themes/areas for example International recruitment, recruitment and retention, workforce development, workforce funding, Data, support for leaders and managers

This link takes you to the survey closing date is

31st March https://forms.microsoft.com/e/c4Ppv68SvQ

CARE HOME SERVICE IMPROVEMENT BOARD

The Commissioning and Contracts Team would like to invite you to join the Care Home Service Improvement Board. The next meeting is on the 29th March 2 – 4pm (on Teams) and there will be a presentation of the first Care Home Annual Quality Review Report. The presentation will outline the findings of all the data submitted about care homes across the Bradford District. An action plan will be created and this will define the agenda of the SIB for the next 12 months. This is a great opportunity for Registered Managers, Nominated Individuals or Quality Leads to join the SIB and to help shape the SIB's role in driving quality across the care home sector.

The SIB will also have an important agenda item about some contract amendments that commissioners are proposing to the current contract in order to move from Net to Gross payments.

If you would like to join the Care Home SIB. Please email Paulina.Kozanecka@bradford.gov.uk to receive the meeting invitation.

IMPORTANT UPDATE ON THE HOME SUPPORT TENDER

Please note that it is our intention to publish the Home Support tender opportunity on Monday 27 March.

The tender documents will be published on the YORtender web portal. If you have not already registered your organisation on the YORtender system, please do so here: Supplier registration (eu-supply.com)

Providers who have already expressed an interest in the Market Engagement Stage, please note we will be publishing the tender under new reference number 65088, with the title 'Reimagining Home Support for the Bradford District'. We will send out a follow up message once the new opportunity is live, with instructions of how to search and register an interest in the tender.

Thank you to all providers who have expressed an interest in this project and engaged with us in the development stages.

NEW REFERRAL FORM AND ADVISE LEAFLETS FROM CONTINENCE TEAM

A series of documents have been uploaded to the Provider Zone that we hope help you with the care you deliver and aids the referral process. You can access the forms using the links below:

- <u>Bladder Bowel Diary</u>
- Good and Bad Drinks 1
- Good and Bad Drinks 2
- TENA Comfort Slip and Flex Leaflet
 - Care Home Referral Form
- Guidance to Complete Continence Referral Forms

20 MINUTE MOVEMENT CAMPAIGN

We want YOU to be part of the '20 Minute Movement' campaign coming to the Bradford District in April.

Employees who engage in physical activity have reported greater enjoyment of their work, improved concentration and mental alertness, and improved rapport with colleagues. It can help increase motivation of employees, reduce absenteeism and staff turnover and increase the quality of work.

We will be providing workplaces with a range of tools and resources to help facilitate the campaign in their office, including;

Various posters to promote the campaign
Promotional "giveaways" for employees
Health and Wellbeing training and development for staff
A "We've joined the 20 Minute Movement" window sticker for your office
A 20 Minute Movement activity planner for your office
Hints and tips of how to get a more active workforce
Electronic materials including email footers, Zoom/Teams back-drops, and more!
Best of all, the campaign and materials are free of charge!

We are also running 3 short webinars for people to learn more about the campaign.

27th March - 12 noon – 1pm 27th March - 3.30 – 4.30pm 28th March - 9.15 – 10.15am

To book a free place on a webinar please email learning@mylivingwell.co.uk

To learn more about the campaign please email clare.smith2@bradford.gov.uk

Or to sign up to the campaign simply head to https://online1.snapsurveys.com/mh38g6

Thank you, and we look forward to working with you to get your workforce more active and taking part in '20 Minute Movement' #20MinMove

PERSONALISED CARE TRAINING OFFER

Following the successful upskilling of over 1000 health and care staff and volunteers across our region last year, the West Yorkshire Health and Care Partnership, Personalised Care Programme is excited to announce another series of fully-funded online training workshops designed to upskill staff and volunteers within the West Yorkshire system.

This training programme will equip you with the skills to deliver Personalised Care approaches to address inequalities, meet the needs of our most vulnerable communities, and change the relationship between people and professionals.

We are offering a range of times in four key areas to give the best flexibility in terms of your commitments

N.B. please check with your Line Manager prior to booking.

Reducing Health Inequalities

To view the flyer use this <u>LINK</u>. To book onto a *Reducing Health Inequalities* session, please follow the Eventbrite <u>LINK</u>

Foundations of Health Coaching

To view the flyer use this <u>LINK</u>. To book onto a Foundations of Health Coaching session, please follow the Eventbrite <u>LINK</u>

Understanding Health Literacy

To view the flyer use this <u>LINK</u>. To book onto an *Understanding Health Literacy* session, please follow the Eventbrite <u>LINK</u>

Personalised Care Support Planning

To view the flyer use this <u>LINK</u>. To book onto a *Personalised Care Support Planning* session, please follow the Eventbrite <u>LINK</u>

If you have any questions please contact the training provider info@dnainsight.co.uk

CAPACITY TRACKER COMING SOON

As a reminder of the communications sent 16 March 2023 the following changes will be taking place in Capacity Tracker in the near future

ALL USERS

Due to the requirements of Cyber Essentials+ we are required to make changes to the criteria of the passwords used to access Capacity Tracker. Therefore, from the date of the next Capacity Tracker upgrade the following criteria will need to be applied to passwords.

- A minimum of 12 characters
- No previous password can be used
- Commonly used passwords or ones included on the National Cyber Security Centre list of breached passwords will not be permitted

The changes will be implemented in a phased approach, region by region, over the next 6-9-month period.

PROVIDER INFORMATION

Flu questions will be removed from Capacity Tracker when the Flu vaccination data collection is no longer required

Data for the Covid Vaccination Booster will be requested for Care Home Residents

Users of the Bulk Template update method will see the following amendments to the template to reflect the changes made. The yellow identifies the fields being removed and green indicates new amended fields

For more information, please click HERE.

IMMEDICARE TRAINING TIMETABLE

To view the Immedicare timetable for April, please click <u>HERE</u>. Immedicare training sessions are free of charge to staff working in care homes with the Immedicare service in place.

WHATS ON THIS WEEK? - Digital Month



Tues, 28th

2 - 3pm

An Introduction into GDPR - All Care Providers

Target - For all Care Providers. Webinar includes basic introduction to the Data Protection Act/GDPR.

Book your free place on the webinar - Click here

Wed, 29

11 - 12pm

Telemedicine in Care Homes - Care Homes Providers

An overview of the Immedicare Telemedicine Service. How Goldline and MyCare24 link in with Telemeds.

Book your free place on the webinar - Click here!

Wed, 29

3 - 4pm

Subject Access Requests - All Care Providers

Subject Access Requests including information on how to handle them and understand what your obligations are.

Book your free place on the webinar - Click here!

Thurs, 30th

10 - 11am

An introduction into Microsoft 365 - All Care Providers

Learn the basics, using tools and features and how Microsoft 365 can support you and your organisation.

Book your free place on the webinar - Click here!

Thurs, 30th

12 - 1pm

Digital Toolkit with Birdie Demo - Home Care Providers

Birdie is the digital toolkit for home care businesses, with care management, rostering, financing and analytics tools.

Book your free place on the webinar - Click here!





Dying Matters

Positive conversations about Death and Dying with People with Learning Disabilities

Tuesday 2nd May 2023 - 9.45am - 3 pm Central Hall, Alice St, Keighley, BD21 3JD

Do you have a learning disability or support someone who does?

Do you want to find out more about death and dying?

Come to our free event – listen, chat, eat & drink and spend time having positive conversations about death and dying.

You must book a space if you want to attend - email victoria.donnelly@bdct.nhs.uk or ring 01274 497121 to book (Please tell us any specific dietary requirements)







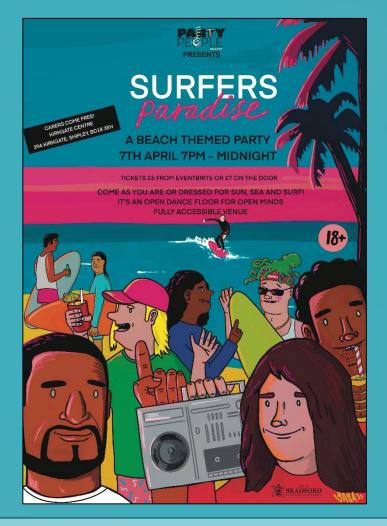






Sue Ryder Manorlands Hospice





An exciting and unique opportunity for 10 adults with learning disabilities and autism to host 'Surfers Paradise - A beach themed party'

Where/when? Kirkgate Centre Shipley Centre on Friday 7th April 2023 7pm - Midnight The Party People Project believes in parties for everyone. For this party you will be the hosts and DJs! To be a part of the team, you must be free to join in with workshops at 10am-3pm on the following dates: Tuesday 4th April, Wednesday 5th April, Thursday 6th April, Friday 7th April

The workshops will help you develop your event planning and management skills, DJ skills, dance skills and art making skills. With help from James and Chemaine as well as our resident artist we will work together to design and host an inclusive and awesome party!

The party will be open to the public for anyone over the age of 18 to attend. Please invite your friends and family! Tickets will be available nearer the time. Kirkgate Centre is the venue for the workshops and party and has an accessible entrance and accessible facilities. If you need support at the workshops or party, then please bring a carer or friend with you.

Please contact us if you wish to discuss your personal requirements. Taking part is free but booking is essential. We do not provide lunch but we do provide tea, coffee and juice.

Please contact jamesheselwood@gmail.com to book a place!

ONLINE TRAINING FOR EATING DISORDERS

Yorkshire and the Humber Clinical Networks, is inviting people who work in Mental Health Support Teams and early intervention settings to an online training session on eating disorders. The session will take place on Tuesday 28 March from 2pm to 3.30pm and will be delivered by Dr Pooky Knightsmith, who has a PhD in child mental health from the Institute of Psychiatry, King's College London. She is the author of several books, and is a former chair of the Children and Young People's Mental Health Coalition.

This is a free event opened to the NHS, voluntary and community sector organisations, and local authority colleagues. For further information on the session and/or to register, please use this Eventbrite booking link

HAVE YOUR SAY ON DISORDERED EATING AND/OR EATING DISORDERS SERVICES ACROSS BRADFORD DISTRICT AND CRAVEN

Mental health, learning disabilities and neurodiversity (falling under Healthy Minds) is one of the five priority areas for <u>Bradford District and Craven Health and Care Partnership</u>. Within the mental health workstream there is the <u>community mental health transformation</u> (CMHT) work taking place.

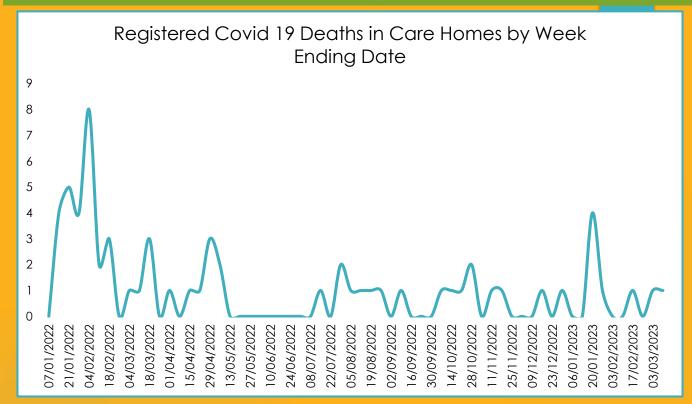
One of the strands of work for CMHT is looking at how services are being delivered for disordered eating and/or eating disorders. We're encouraging professionals and the public to have their say on disordered eating and/or eating disorders services across Bradford District and Craven. We would like to understand the demand and needs of people with disordered eating and/or eating disorders, so that we can shape future services to meet the needs of our communities.

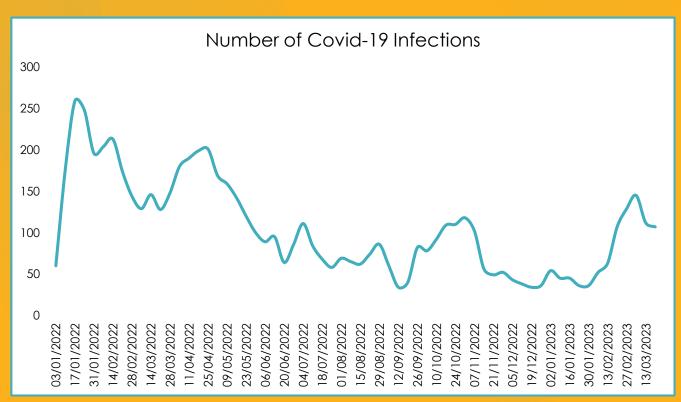
Can we please ask you to share and support the following:

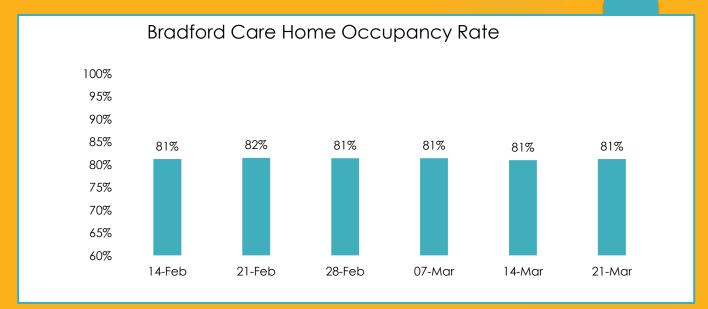
- Information flyer for professionals
- View survey (closing date 31 March 2023)
 - Information flyer for the public
- View survey (closing date 31 March 2023)
 - •Social media plan

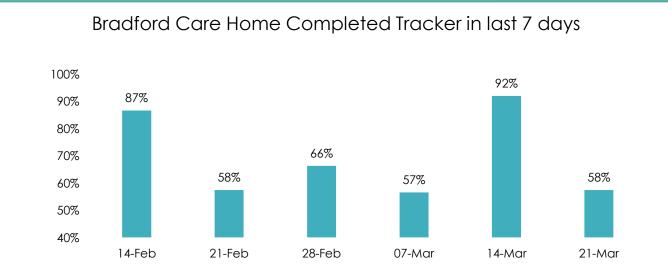
BRADFORD CARE HOMES WEEKLY COVID-19 TRACKER

Please find the data below on Care Homes in the Bradford District for your information. The following data has been provided by the Council's Senior Management Team in the Contract and Commissioning Team.









Data	Latest	Change
Deaths	1	0
Infections	107	-5
Outbreaks	Unavailable	Unavailable
Occupancy	81%	0%
Tracker completed	58%	-34%

Data Sources:

Weekly Deaths, Office National Statistics.

Covid Infections, Occupancy and Tracker, NESC Capacity Tracker.

Outbreaks, HPT Bradford