

## Baildon Jubilee Walkers

**Join us for a weekly walk lasting around an hour on a  
Wednesday afternoon at 2.00pm**

We meet at Cecil Avenue (off West Lane), Baildon BD17 5LH



Enjoy a pleasant walk on good paths at a steady pace to suit everyone, with good company and experienced volunteer walk leaders Howard & Christine. We are a friendly group, the walks are free and will help you to keep active in the outdoors.

Further details are available from Howard on 01943 601180  
Or contact the Well Together Service on email:

[Welltogether@bdct.nhs.uk](mailto:Welltogether@bdct.nhs.uk)

Visit our website to find out more about our service

<https://www.bdct.nhs.uk/services/well-together-service/>



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