

# Free End of Life Care Training

- Do you look after patients/clients and at the end of life?
- Do you support patients/clients and those important to them to start to think about their care as they become less well?
- Do you want to gain more skills and knowledge around end of life care and having those challenging conversations?

Free places are available for those who deliver personalised care across West Yorkshire, including health, social care and VCSE staff and volunteers who need to be able to deliver culturally competent personalised care, taking into account individual needs, preferences and circumstances.



The virtual interactive education sessions will focus on 4 key areas of end of life:

- Supporting personalised and advance care planning discussions at the end of life
- Difficult conversations at the end of life
- Supporting carers to care for patients in last weeks and days of life
- Bereavement and loss (including self care)

Dates and times: (choose only one date and time for each session); you can attend these as standalone sessions or attend all 4 areas:

Supporting personalised and advance care planning discussions at end of life	
Monday 31 <sup>st</sup> October 2022	1pm – 3.30pm
Monday 5 <sup>th</sup> December 2022:	1pm – 3.30pm
Monday 30 <sup>th</sup> January 2023:	9.30am – 12pm
Monday 6 <sup>th</sup> March 2023:	1.00pm – 3.30pm
Difficult conversations at the end of life	
Thursday 10 <sup>th</sup> November 2022:	9.30am – 12pm
Tuesday 13 <sup>th</sup> December 2022:	9.30am – 12pm
Thursday 9 <sup>th</sup> February 2023:	9.30am – 12pm
Tuesday 14 <sup>th</sup> March 2023:	9.30am – 12pm
Care of patients in last weeks and days of life	
Tuesday 22 <sup>nd</sup> November 2022:	1.00pm – 3.30pm
Tuesday 17 <sup>th</sup> January 2023:	1.00pm – 3.30pm
Tuesday 21 <sup>st</sup> February 2023:	1.00pm – 3.30pm
Thursday 23 <sup>rd</sup> March 2023:	9.30am – 12pm
Bereavement and loss (including self-care)	
Monday 28 <sup>th</sup> November 2022:	1.00pm – 3.30pm
Thursday 26 <sup>th</sup> January 2023:	9.30am – 12pm
Tuesday 28 <sup>th</sup> February 2023:	9.30am – 12pm
Wednesday 29 <sup>th</sup> March 2023:	9.30am – 12pm

**Facilitators:** Palliative Care Clinicians and educators from St Gemma's Hospice will deliver the sessions via zoom.

All training will be delivered virtually via Zoom; you will need access to a PC with camera and microphone; or laptop; or Smart Phone. Once you have booked on you will be sent further detailed information for joining the session via zoom. If you have any questions, please email:

[AUPCcourses@st-gemma.co.uk](mailto:AUPCcourses@st-gemma.co.uk)

[www.st-gemma.co.uk/professional-development](http://www.st-gemma.co.uk/professional-development)

**Booking:** Please scan the QR Code below to book your place on a session via Eventbrite.

