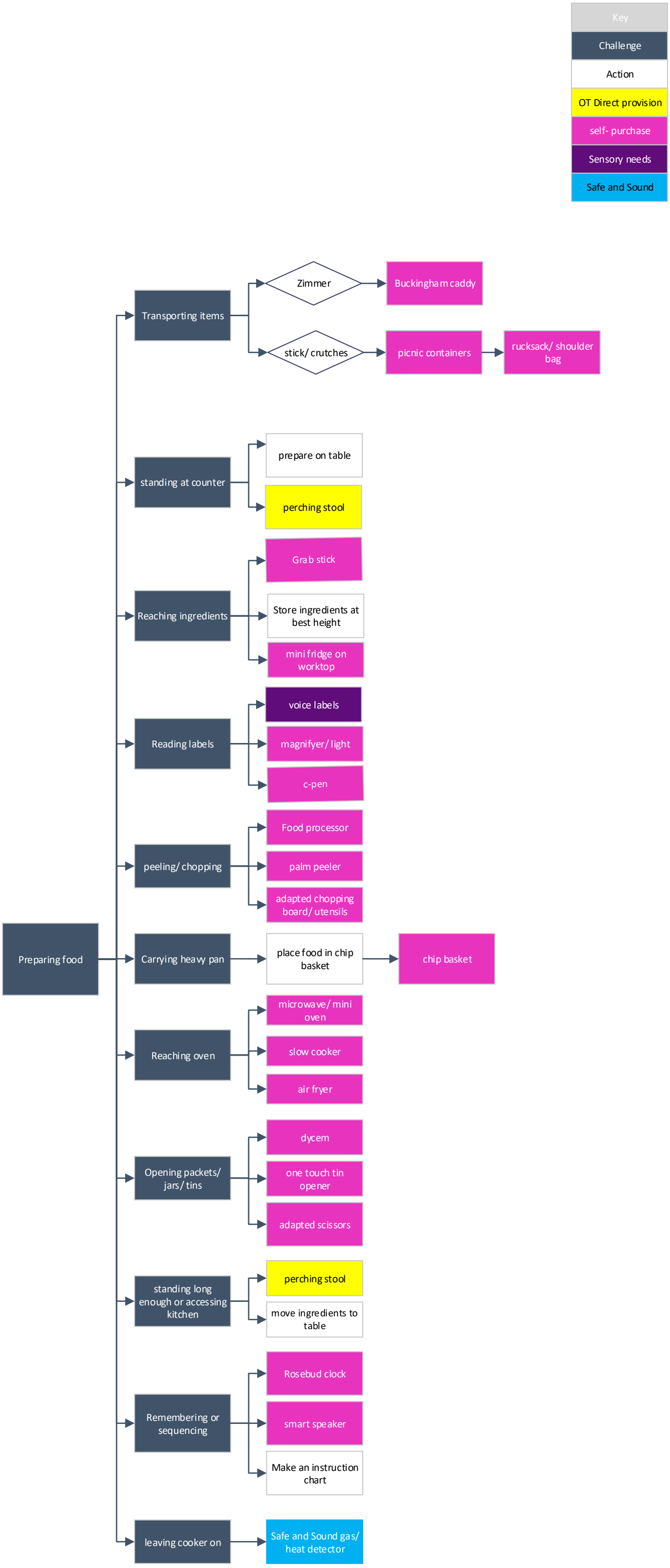
Key
Challenge
Action
OT Direct provision
self- purchase
Sensory needs
Safe and Sound
Preparing food
Transporting items
Zimmer
Buckingham caddy
stick/ crutches
picnic containers
rucksack/ shoulder bag
standing at counter
prepare on table
perching stool
Reaching ingredients
Grab stick
Store ingredients at best height
mini fridge on worktop
Reading labels
voice labels
magnifyer/ light
c-pen
peeling/ chopping
Food processor
palm peeler
adapted chopping board/ utensils
Carrying heavy pan
place food in chip basket
chip basket
Reaching oven
microwave/ mini oven
slow cooker
air fryer
Opening packets/ jars/ tins
dycem
one touch tin opener
adapted scissors
standing long enough or accessing kitchen
perching stool
move ingredients to table
Remembering or sequencing
Rosebud clock
smart speaker
Make an instruction chart
leaving cooker on
Safe and Sound gas/ heat detector